UNITS:

- **Prayer**: Ways of praying. I can pray in many different ways – music, singing, dance, silence, together and alone.

- **Ash Wednesday and Lent**: Lent is a time to prepare for Easter through praying, sharing and serving. We remember the story of Jesus in Lent. We remember Jesus taught us His special message of love at Easter.

- **St. Joseph**: Joseph loved God and obeyed Him. Joseph, because he listened to God, was obedient - even when it was hard.

- **St Patrick**: St Patrick taught the people of Ireland about the Mystery of Trinity using a Shamrock. Three Persons - Father, Son and Holy Spirit - One God.

- **Holy Week**: In Holy Week people needed courage to do what God was asking.

ASSESSMENT:

**Ash Wednesday and Lent**

MAIN IDEA: Lent is a time to prepare for Easter through praying, sharing and serving. We remember the story of Jesus in Lent. We remember Jesus taught us His special message of love at Easter.

The children at the end of this unit will:

- Explore the practices of fasting, almsgiving and prayer in Lent.
- Develop their understanding that the Lenten season is a time to reflect upon how they live and act.

Things your child will learn:

- Lent lasts for forty days beginning on Ash Wednesday.
- The colour of Lent is purple; it is the colour of repentance.
- Lent is a time of fasting, almsgiving and praying.
- Through prayer, we can strengthen and restore our relationship with God.
- During Lent, we grow in self discipline.
- Fasting is when we give up something we like to grow in self discipline.
- Almsgiving is about sharing things we have for those who need it.
- During Lent we promise to change ourselves for the better.

Things your child will do to show what they have learnt:

- Reflect on how their relationship with Jesus has changed over the time of Lent.
- Identify ways in which they can strengthen their relationship with Jesus through... prayer, fasting and almsgiving this Lent.