



# School Newsletter

## Parish Priest

Fr Maurie Cooney

## Principal

Mrs Carmen Blatti

## Deputy Principal / Curriculum Coordinator

Mrs Lina Vermeulen

## Religious Education / Student Wellbeing

Mrs Michelle Cassar

## Accounts / Finance

Mrs Trudy Milligan

## Administrator

Mrs Blazenka Coric

46 Banchory Avenue

Hillside, Victoria 3037

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T: 8390 9200

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*Father in Heaven, help me to grow in trust in You when I am faced with the unknown. Remind me to turn to You Lord when I am concerned instead of looking to other things or people to try to distract myself from the worry. As scripture encourages us to do, I bring all my worries and place them in Your hands my Lord, knowing that You care for me because You are a good Father that longs to provide for my needs, both physical and emotional. I place my trust in You.  
Amen*



Dear Cana Families,

Thank you for your ongoing support and compliance in ensuring we remain safe. We await any lifting of restrictions in the near future and will keep you informed. All children have engaged in their learning and we look forward to a positive and successful Term 1.

## IMPORTANT SAFETY REMINDER FOR ALL CHILDREN:

Recently, we have noticed some students crossing the road unsafely on their way to or from the school. We request that parents of children who walk to school remind them to use the supervised crossing on Banchory Avenue to cross the road, as this is the safest point to do so. We can only guarantee that children cross the road safely if they are supervised while doing so.

**We will advise as soon as practicle should any COVID alerts impact  
on any scheduled event/meetings listed below**

Dates for your Calendar	
March 2021	
<b>Monday 1<sup>st</sup> March</b>	Preps begin attending 5 full days
<b>Friday 5<sup>th</sup> March</b>	McDonald's Happy Meal Lunch orders due. NO LATE ORDERS ACCEPTED.
<b>Monday 8<sup>th</sup> March</b>	Labour Day – Public Holiday
<b>Wednesday 10<sup>th</sup> March, Thursday 11<sup>th</sup> March</b>	Prep Chats. Note went home today. Bookings open Friday 26 <sup>th</sup> Feb. and close Fri 5 <sup>th</sup> March
<b>Wednesday 10<sup>th</sup>, Thursday 11<sup>th</sup>, &amp; Friday 12<sup>th</sup> March</b>	Grade 6 Camp
<b>Prep Buddy Program:</b>	
<p><b>Tuesday 16<sup>th</sup> March:</b> Prep M and 6K 12:00 – 1:00, Prep O and 5K 2:00 – 3:00</p> <p><b>Wednesday 17<sup>th</sup> March:</b> Prep C and 5G 12:00 – 1:00, Prep B and 6C 2:00 – 3:00</p> <p>Parents of both Prep and Grade 5/6 students are welcome to attend their grade's Buddy Program to be held in the school hall (invitation to follow).</p>	
	
<b>Monday 15<sup>th</sup> March to Thursday 18<sup>th</sup> March</b>	McDonald's Happy Meal Lunch days – please refer to the attached note for the dates for each year level.
<b>Friday 19<sup>th</sup> March</b>	<ul style="list-style-type: none"> <li>School Photo Day (Note to follow)</li> <li>Last day to submit Expression of Interest forms for 2022 new student enrolments. Existing families with new children joining Cana should complete the form too as places are filling. To access the form, click here: <a href="https://www.canahillside.catholic.edu.au/enrolment-information/expression-of-interest/">https://www.canahillside.catholic.edu.au/enrolment-information/expression-of-interest/</a></li> </ul>
<b>Saturday 20<sup>th</sup>, &amp; Sunday 21<sup>st</sup> March</b>	Grade 5 First Holy Communion, 1:30 PM to 3:00 PM.
<b>Sunday 28<sup>th</sup> March</b>	Palm Sunday
<b>Wednesday 31<sup>st</sup> March</b>	Fundraiser: Casual Dress Day – Gold Coin Donation
April 2021	
<b>Thursday 1<sup>st</sup> April</b>	Holy Thursday /Last day of Term 1 for all students
<b>Friday 2<sup>nd</sup> April</b>	Good Friday
<b>Sunday 4<sup>th</sup> April</b>	Easter Sunday
<b>Monday 19<sup>th</sup> April</b>	First day of Term 2 for all students

## 2021 Cana School Leaders

At the end of last year, we welcomed our new Cana school leaders for 2021. Today they were presented as leaders. Once again, we would like to applaud their commitment to leading the students at our school. We wish them all the very best for the year ahead.

### **2021 General Leaders**

Mikayla Cutajar  
Lily Stasinowsky  
Xander Tamaray  
Michael Farrugia

### **Sports Leaders**

Mary MacKillop: Sienna Camilleri &  
Jonhnathan Katsantonis  
Father O'Reilly: Julia Alfonzetti & Jordyn  
Camilleri  
Saint Patrick: Isabel Di Grazia & Alex Harbour  
Saint Joseph: Natalie Magro & Helen Ngo

### **Mary MacKillop Leaders**

Gemma Cassar and Emily Latina





# On-Site Parking Responsibilities

- **CAR PARK GATES:** The entrance to the school car park is the gate at the front of the school. The back car park gate is an **EXIT ONLY**.
- **REVERSE PARKING AT ALL TIMES:** To ensure a smooth exit during pickup times, please reverse into the parking spaces in our car parks rather than driving in forwards.
- **DRIVEWAYS MUST REMAIN CLEAR AT ALL TIMES:** Please do not park in the driveway while automated gates are closed as doing so blocks OshClub employees from entering the school.
- **NO CHILD MAY WALK TO CARS (At the Basketball Courts) ALONE:** Adults are to collect the students.
- **A 5 km/h SPEED LIMIT APPLIES IN THE CAR PARK.**

**PLEASE DO NOT ENTER THE SCHOOL BEFORE 3PM.** (Sometimes visitors or staff may need to enter or leave the school earlier than 3PM but this does not permit anyone else to enter the school earlier than 3PM, other than OSHClub staff).

## Skoolbag

### **Skoolbag is our new digital platform:**

If one or more of your children is going to be absent from school, arrive late or leave early, please make sure to let the school know in advance. The roll is submitted at 9:00 AM each day. Therefore, to minimise and prevent double-handling of the school roll, we request that these notifications be submitted prior to the 8:45 AM start time each day whenever possible.

Parents who have been part of our Cana community in previous years will be familiar with our school app and its absentee notification function. Skoolbag, our new school app, now has forms to support absentee, late arrival and early departure notifications as well. Please also remember that if an unwell child is absent for longer than initially expected, we request that additional absent notifications are sent on subsequent days to cover these absences as well.

## Health Alert – Reports of Croup

We have now had several children across grade levels absent due to Croup. Croup is very contagious so please be vigilant and seek a doctor's advice if your child appears to be unwell with any symptoms of croup.

Croup (also known as laryngotracheobronchitis) is a viral upper airway infection that usually begins like a normal cold but later causes children to have a harsh and barking cough. In addition, his or her voice may become hoarse and inhalation can take on a squeaky sound called a stridor. Symptoms are usually worst at night. Once again, we ask that you keep your child at home and seek medical advice if you notice any of these symptoms.

## IMPORTANT HEALTH ADVICE IN THE EVENT OF UNWELL CHILDREN

Dear Parents and Guardians,

The most important action that schools can take to reduce the risk of COVID-19 transmission is to ensure that any unwell adults and students remain at home and get tested, even when they present with the mildest symptoms. The health advice we have received refers to symptoms such as coughing, fevers, excessive tiredness, sore throats, and loss of one's sense of taste or smell.

If a student has persistent symptoms due to an underlying condition such as hay fever or asthma, the student should still be tested for COVID-19 if they develop symptoms that are different from or worse than their usual symptoms. In line with directives from the Health Department, Education Department and the Catholic Education Commission of Victoria, students whose symptoms are clearly typical for their underlying condition can continue to attend school. **However, a note must accompany the student upon return confirming that they are well enough to attend school again.**

**We recommend parents/carers also obtain a medical certificate from their child's treating GP to confirm that it is safe for them to attend school** with persistent symptoms that may overlap with some of the symptoms of COVID-19 such as a cough or runny nose. This ensures every possible action is followed to reduce any transmission of COVID-19 amongst our community.

I am sure you understand the safety of all is our highest priority. Thank you in anticipation for your support in this important safety matter.

Sincerely,

Carmen Blatti

Principal

## Staff Contact Information

For any important communication with a member of staff at Cana that cannot be handled over the phone, we encourage parents and guardians to convey messages over email. Below is a list of staff email addresses, organised by their roles at the school. For general enquiries, please contact the school office's email address.

Carmen Blatti	Principal	<a href="mailto:principal@canahillside.catholic.edu.au">principal@canahillside.catholic.edu.au</a>
Lina Vermeulen	Deputy Principal / Curriculum	<a href="mailto:lvermeulen@canahillside.catholic.edu.au">lvermeulen@canahillside.catholic.edu.au</a>
Michelle Cassar	Religious Education Coordinator (REC)	<a href="mailto:mcassar@canahillside.catholic.edu.au">mcassar@canahillside.catholic.edu.au</a>
Elizabeth Cutajar	Learning Diversity Leader / Literacy	<a href="mailto:ecutajar@canahillside.catholic.edu.au">ecutajar@canahillside.catholic.edu.au</a>
Trudy Milligan	Finance Manager	<a href="mailto:tmilligan@canahillside.catholic.edu.au">tmilligan@canahillside.catholic.edu.au</a>
Blaz Coric	Administrator	<a href="mailto:bcoric@canahillside.catholic.edu.au">bcoric@canahillside.catholic.edu.au</a>
Cana Office		<a href="mailto:office@canahillside.catholic.edu.au">office@canahillside.catholic.edu.au</a>
Stephanie Belcastro	Classroom Teacher: Prep B	<a href="mailto:sbelcastro@canahillside.catholic.edu.au">sbelcastro@canahillside.catholic.edu.au</a>
Louisa Canturi	Classroom Teacher: Prep C	<a href="mailto:lcanturi@canahillside.catholic.edu.au">lcanturi@canahillside.catholic.edu.au</a>
Doreen Micallef	Classroom Teacher: Prep M	<a href="mailto:dmicallef@canahillside.catholic.edu.au">dmicallef@canahillside.catholic.edu.au</a>
Alexandra O'Shea	Classroom Teacher: Prep O	<a href="mailto:aoshea@canahillside.catholic.edu.au">aoshea@canahillside.catholic.edu.au</a>
Agatha Caruana	Classroom Teacher: 1C	<a href="mailto:acaruana@canahillside.catholic.edu.au">acaruana@canahillside.catholic.edu.au</a>
Narelle Watson	Classroom Teacher: 1W	<a href="mailto:nwatson@canahillside.catholic.edu.au">nwatson@canahillside.catholic.edu.au</a>
Kate Johns	Classroom Teacher: 2J	<a href="mailto:kjohns@canahillside.catholic.edu.au">kjohns@canahillside.catholic.edu.au</a>
Ewa Tripptree	Classroom Teacher: 2T	<a href="mailto:etriptree@canahillside.catholic.edu.au">etriptree@canahillside.catholic.edu.au</a>
Mikaela Cassar	Classroom Teacher: 3C	<a href="mailto:mcassar1@canahillside.catholic.edu.au">mcassar1@canahillside.catholic.edu.au</a>
Jake Schembri	Classroom Teacher: 3S	<a href="mailto:jschembri@canahillside.catholic.edu.au">jschembri@canahillside.catholic.edu.au</a>
Alysa Yondemli	Classroom Teacher: 3Y	<a href="mailto:ayondemli@canahillside.catholic.edu.au">ayondemli@canahillside.catholic.edu.au</a>
Cheryl Langford	Classroom Teacher: 4L	<a href="mailto:clangford@canahillside.catholic.edu.au">clangford@canahillside.catholic.edu.au</a>
Ennamarie Scordo	Classroom Teacher: 4S	<a href="mailto:escordo@canahillside.catholic.edu.au">escordo@canahillside.catholic.edu.au</a>
Erin Galllott	Classroom Teacher: 5G	<a href="mailto:egalllott@canahillside.catholic.edu.au">egalllott@canahillside.catholic.edu.au</a>
Monica Katsantonis	Classroom Teacher: 5K	<a href="mailto:mkatsantonis@canahillside.catholic.edu.au">mkatsantonis@canahillside.catholic.edu.au</a>
Aiden Cassar	Classroom Teacher: 6C	<a href="mailto:acassar@canahillside.catholic.edu.au">acassar@canahillside.catholic.edu.au</a>
Tom Kulczynski	Classroom Teacher: 6K	<a href="mailto:tkulczynski@canahillside.catholic.edu.au">tkulczynski@canahillside.catholic.edu.au</a>
Jessica Bustos & Sarah Cardamone	STEM Teachers	<a href="mailto:jbustos@canahillside.catholic.edu.au">jbustos@canahillside.catholic.edu.au</a> <a href="mailto:scardamone@canahillside.catholic.edu.au">scardamone@canahillside.catholic.edu.au</a>
Cheryl D'Abreo	Arts Teacher	<a href="mailto:cdabreo@canahillside.catholic.edu.au">cdabreo@canahillside.catholic.edu.au</a>
Jordan Szigeti	Physical Education (PE) Teacher	<a href="mailto:jszigeti@canahillside.catholic.edu.au">jszigeti@canahillside.catholic.edu.au</a>
Angela Auricchio & Carmel Locaso	LOTE (Italian) Teachers	<a href="mailto:aauricchio@canahillside.catholic.edu.au">aauricchio@canahillside.catholic.edu.au</a> <a href="mailto:clocaso@canahillside.catholic.edu.au">clocaso@canahillside.catholic.edu.au</a>

# At Cana we will be following COVIDSafe practices

At Cana, maintaining a COVIDSafe school is our highest priority. We are aligned with Victoria's COVIDSafe principles and acknowledge the unique school setting as both a place of work for staff and a learning environment for children, drawing on international literature/evidence. A combination of strategies is required to minimise transmission risk. No single strategy completely reduces risk and not every measure will always be feasible and applicable to all education settings. Where some controls are not feasible, others should be enhanced. Strategies should also be adjusted over time in line with changing risk of transmission in the community. The Catholic School Operations Guide provides point in time and detailed advice on specific activities and operations for all schools, informed by COVIDSafe advice from the Department of Education and Catholic Education Melbourne.

## COVIDSafe Plan for Cana

Reinforce COVID-Safe behaviours	Create COVID-Safe spaces	Promote COVID-Safe activities	Respond to COVID-19 risk
<ul style="list-style-type: none"> <li>• Stay home when unwell</li> <li>• Practise good hygiene</li> <li>• Ensure physical distancing (1.5m)</li> <li>• Wear a face mask when required or recommended</li> <li>• Avoid interactions in enclosed spaces</li> </ul>	<ul style="list-style-type: none"> <li>• Make hand hygiene easy</li> <li>• Keep surfaces clean and implement enhanced environmental cleaning and disinfection</li> <li>• Promote outdoor ventilation and do not have air conditioners on recirculate</li> </ul>	<ul style="list-style-type: none"> <li>• Move activities outdoors where possible, weather permitting</li> <li>• Adapt, modify or defer higher risk activities</li> </ul> <p><b>Not currently required with very low community transmission:</b></p> <ul style="list-style-type: none"> <li>• Limit school access to outside visitors where possible</li> <li>• Reducing mixing between groups</li> <li>• Create workforce bubbles</li> </ul>	<ul style="list-style-type: none"> <li>• Keep records and act quickly if someone becomes unwell</li> <li>• Use personal protective equipment</li> <li>• Clean and disinfect appropriately if a staff member or student has been unwell at the school</li> <li>• Manage individual risk</li> </ul>

Temperature checks will not be required.

## Reinforcing COVIDSafe Behaviours

Key behaviours required for reducing coronavirus (COVID-19) transmission risk include:

- **Staying at home if unwell**
- Ensuring regular hand hygiene
- Where possible, pursuing a variety of strategies to support physical distancing among all students and staff and wearing face masks on site as a safety measure when it is difficult to ensure 1.5m distancing.
- No congregating in the mornings and afternoons; please enter and exit promptly
- **Adults NOT permitted in classrooms due to recent restrictions.**
- **Limits of 2 adults permitted in the office if necessary, communication via email or phone preferred.**

Also, a reminder that if you, your child or a family member develop symptoms of a fever, chills or sweats, cough, sore throat, shortness of breath, runny nose or loss of smell or taste, you should get tested at a coronavirus (COVID-19) testing facility and stay home.

## Information about COVID-19

The latest information about COVID-19 and schools is available on the Catholic Education Melbourne website. If you would like information from the Department of Health and Human Services. You can also visit [www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus).

**OSHC will be adopting the same COVID safety measures as the Cana school.**



# McDonald's Happy Meal Lunch

Dear Parents/Guardians

The Social/Fundraising Committee has organised a special fundraiser for our children. A McDonald's Happy Meal lunch. Like the lunch we held in term 4 last year, due to Covid restrictions, we have chosen a pre-packed lunch which requires minimal handling.

Although this is a WHOLE school lunch, each level will receive their lunch on different days:

Monday 15<sup>th</sup> March – Grade Prep

Tuesday 16<sup>th</sup> March – Grade 1 and Grade 2

Wednesday 17<sup>th</sup> March – Grade 3 and Grade 4

Thursday 18<sup>th</sup> March – Grade 5 and Grade 6

What we now ask you to do is to return this form to school with your child, completed with your child's choice of Happy Meal and the correct cash payment in a sealed and LABELLED envelope.

Please note ALL forms MUST be returned no later than FRIDAY 5<sup>th</sup> MARCH!

*Please note that orders after this date will not be accepted. No special orders will be taken. No refunds will be issued for absent students.*

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## HAPPY MEAL OPTIONS

**Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Option 1    \$8**

Cheeseburger, fries, apple juice Pop Top drink and a toy

**Option 2    \$8**

3 chicken nuggets, fries, apple juice Pop Top drink and a toy

**Option 3    \$10**

6 chicken nuggets, fries, apple juice Pop Top drink and a toy

**PLEASE NOTE: NO changes will be possible to the contents of the meals.**

## School Photos

Personalised order forms have been sent home on 26<sup>th</sup> February, 2021. If your child was absent, please ensure that he or she collects the form upon return to school.



**Cana Catholic Primary School**  
SchoolPix is coming to photograph on:  
**Friday, 19th March 2021**

**ORDER ONLINE AT [WWW.SCHOOLPIX.COM.AU](http://WWW.SCHOOLPIX.COM.AU)**

Misplaced your order form? Please visit [www.schoolpix.com.au](http://www.schoolpix.com.au) and use the student search to find your child's order number or contact our Customer Service team on 1300 766 055.

Please note: Cash orders will not be accepted



**YOU'VE MADE THE WISE CHOICE.**

1300 766 055 • [www.schoolpix.com.au](http://www.schoolpix.com.au) • [help@schoolpix.com.au](mailto:help@schoolpix.com.au)

**Sibling Photos:** Please note that the sibling photo order cutoff time is 8am on photo day.

**Cashless Payments:** As of 2021, SchoolPix will no longer be accepting cash payments. We can accept payments via credit card, Paypal or debit card.

## CRCNK and CRCCS 2022/2023 Enrolments

Please note that until further notice, you will not require Father Maurie to sign your child's application to CRCNK or CRCCS.

## Camps Sports and Excursion Fund Applications

The Camps, Sports and Excursions Fund (CSEF) provides financial support to eligible families so students can attend school camps, outdoor education and sporting programs, as well as incursions and excursions. If you have not applied for CSEF and hold a currently valid Healthcare Card, or if you have an existing card and a new child is joining Cana, please fill out the CSEF form below and email it along with a scan of your card to Mrs Trudy Milligan at [tmilligan@canahillside.catholic.edu.au](mailto:tmilligan@canahillside.catholic.edu.au).

**For your convenience, information about school fees is also provided.**



## CSEF ELIGIBILITY

Below is the criteria used to determine a student's eligibility for the Camps, Sports and Excursions Fund (CSEF).

### Criteria 1 – Eligibility

To be eligible\* for the fund, a parent or legal guardian of a student attending a registered Government or non-government Victorian primary or secondary school must:

- on the first day of Term one, or;
- on the first day of Term two;
  - a) Be an eligible beneficiary within the meaning of the *State Concessions Act 2004*, that is, be a holder of Veterans Affairs Gold Card or be an eligible Centrelink Health Care Card (HCC) or Pensioner Concession Card (PCC) holder, OR
  - b) Be a temporary foster parent, and;
  - c) Submit an application to the school by the due date.

\* A special consideration eligibility category also exists. For more information, see: [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

Parents who receive a Carer Allowance on behalf of a child, or any other benefit or allowance not income tested by Centrelink, are not eligible for the CSEF unless they also comply with one of (a) or (b) above.

### Criteria 2 - Be of school age and attend school in Victoria

School is compulsory for all Victorian children aged between six and 17 years of age inclusive.

For the purposes of CSEF, students may be eligible for assistance if they attend a Victorian registered primary or secondary school. Typically, these students are aged between five and 18 years inclusive.

CSEF is not payable to students attending pre-school, kindergarten, home schooled, or TAFE.

### Eligibility Date

For concession card holders CSEF eligibility will be subject to the parent/legal guardian's concession card being successfully validated with Centrelink on the first day of either term one (29 January 2018) or term two (16 April 2018).

## PAYMENT AMOUNTS

### CSEF payment amount

The CSEF is an annual payment to the school to be used towards camps, sports and/or excursion expenses for the benefit of the eligible student.

- Primary school student rate: \$125 per year.
- Secondary school student rate: \$225 per year.

The CSEF is paid directly to your child's school and will be allocated by the school towards camps, sports and/or excursion costs for your child.

For ungraded students, the rate payable is determined by the student's date of birth. For more information, see: [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

Year 7 government school students who are CSEF recipients are also eligible for a uniform voucher. Secondary schools are required to make applications on behalf of parents so please register your interest at the school.

## HOW TO COMPLETE THE APPLICATION FORM

### NOTE: ALL SECTIONS MUST BE COMPLETED BY PARENT/LEGAL GUARDIAN

1. Complete the PARENT/LEGAL GUARDIAN DETAILS section.  
Make sure that the Surname, First Name, and Customer Reference Number (CRN) details match those on your concession card. You will also need to provide your concession card to the school.  
If you are claiming as a Foster Parent or a Veteran Affairs Pensioner, you will need to provide a copy of documentation confirming your status as a temporary Foster Parent or provide your Veterans Affairs Pensioner Gold card to the school.
2. Complete the STUDENT/S DETAILS section for students at this school.
3. Sign and date the form and return it to the school office as soon as possible. The CSEF program for 2018 closes on 29 June, 2018.

CSEF payments cannot be claimed retrospectively for prior years.

Queries relating to CSEF eligibility and payments should be directed to the school.



# CANA CATHOLIC PRIMARY SCHOOL

A.B.N. 72 007 642 368

46 Banchory Avenue HILLSIDE Victoria 3037

Phone (03) 8390 9200 Fax (03) 8390 9241

[www.canahillside.catholic.edu.au](http://www.canahillside.catholic.edu.au)

## NOTICE OF 2021 SCHOOL FEES

Dear Parents & Guardians

The Cana Catholic Primary School Fee and Levies for the 2021 School Year will be as follows:

<u>Description</u>	<u>1 Child Family</u>	<u>2 Child Family</u>	<u>3 Child Family</u>	<u>4 Child Family</u>
Family Fee	\$1,200.00	\$1,200.00	\$1,200.00	\$1,200.00
Grounds Maintenance Levy	\$50.00	\$50.00	\$50.00	\$50.00
<b><u>Levies per Student</u></b>				
Educational/Curriculum Levy	\$380.00	\$760.00	\$1,140.00	\$1,520.00
Technology Levy	\$330.00	\$660.00	\$990.00	\$1,320.00
Excursion Levy	\$125.00	\$250.00	\$375.00	\$500.00
<b><u>TOTAL 2021 School Fees</u></b>	<b><u>\$2,085.00</u></b>	<b><u>\$2,920.00</u></b>	<b><u>\$3,755.00</u></b>	<b><u>\$4,590.00</u></b>

In 2021, the School Fee **per Family** will be \$1,250.00 **plus** Levies **per Student** of \$835.00

Levies per Student consist of:

Education/Curriculum Levy of \$380.00

Technology Levy of \$330.00

Excursion Levy of \$125.00

**Please Note: Grade 6 Students Only - Camp costs will be invoiced during Term 1, 2021**

### **EARLY PAYMENT DISCOUNT OPTION – if 2021 School Fees paid in full before 1<sup>st</sup> April 2021 (End of Term 1, 2021)**

1. Families who choose to pay their school fee account in full **before the end of Term 1 will receive a \$50.00 early payment discount**. If paying the 2021 school fees in full by the end of Term 1, please reduce full payment by \$50 i.e.: pay \$2,035.00 instead of \$2,085.00 to allow for a \$50 rebate to be applied to your 2021 school fee account.
2. If **not paying the 2021 Fee and Levy in full by the end of Term 1**, Families are required to make regular periodic payments to achieve the following:  
**PAYMENT DUE DATES**
  - 25% paid by end of Term 1 of annual Fee & Levies - 1<sup>st</sup> April 2021
  - 75% paid by end of Term 2 of annual Fee & Levies - 25<sup>th</sup> June 2021
  - **Balance to be paid in full no later than end Term 3 - 17<sup>th</sup> September 2021**

**Families can choose to pay their school fees by instalments either Weekly, Fortnightly, or Monthly with the aim to finalise full payment no later than end of Term 3, 2021**

If required, School Fee Payment Plans need to be arranged with the School Bursar at the commencement of Term 1, 2021. An appointment is required to arrange a Payment Plan Meeting. Please telephone the School Office on 8390 9200 to arrange an appointment.

**We trust you will continue to honor your commitment to the following:**

- Go to Mass weekly.
- Help with Working Bee's each year.
- Join a ministry during Ministry Month.
- Participate in the Parish Thanksgiving.
- Pay the approved School Fees within expected timeframes.

Mrs Carmen Blatti  
Principal



## Mental Health and Career Support for Young People

The events of 2020, including COVID-19, have changed the way we live, learn and work.

This is particularly the case for young people who are experiencing significant changes to the delivery of education and training.

More than ever before, it is important to have easy access to information and support about studying, training and finding jobs.

It is also important to look after our mental health. The Australian Government is providing a range of initiatives to help families and young people navigate these challenges.

### Mental Health

The challenges experienced by Australia's young people during 2020 may stay with them for the longer term.

It is not uncommon to have trouble adjusting and/or to feel unsafe after a traumatic event. Young adults may experience uncertainty and confusion following such events, which may cause sleep disturbances, fear or anxiety.

Parents, guardians, carers and teachers have an important role to play in creating a sense of calm, and reassuring children and young adults, but sometimes it can be difficult to know where to start.

If there are concerns, it may also be a good idea to seek help from a medical professional.

### Career Support and Information

The Australian Government is funding the National Careers Institute to be a 'front door' to career information and support nationwide.

The National Careers Institute will be focusing on providing additional information and support for young people navigating post-school pathways.

This will help young people who may be affected by COVID-19 to make informed decisions on the best approach to starting their careers.

### Services offering counselling and support

**Lifeline Australia:** a crisis support service that provides short-term support at any time for people who are having difficulty coping or staying safe.

13 11 14 | [www.lifeline.org.au](http://www.lifeline.org.au)

**Kids Helpline:** a free, private and confidential phone and online counselling service for young people aged 5 to 25 years old.

1800 55 1800 | [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

**Beyond Blue:** provides support on a range of mental health issues and is available by phone, online via chat or email.

1300 22 4636 | [www.beyondblue.org.au](http://www.beyondblue.org.au)

**eheadspace:** free online and telephone support and counselling for young people aged 12 to 25 years old, their families and friends.

1800 650 890 | [headspace.org.au/eheadspace](http://headspace.org.au/eheadspace)

**Suicide Call-Back Service:** anyone considering suicide, living with someone who is considering suicide, or bereaved by suicide, can access the Suicide Call-Back Service.

1300 659 467 | [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

**MensLine Australia:** a telephone and online counselling service for men, including support for dads who may need parenting assistance.

1300 78 99 78 | [www.mensline.org.au](http://www.mensline.org.au)

**Open Arms – Veterans and Families Counselling:** provides current serving armed forces personnel, veterans and their families free and confidential counselling, group treatment programs, and community and peer networks.

1800 011 046 | [www.openarms.gov.au](http://www.openarms.gov.au)

## Face to face support

### Your General Practitioner

If you or your child experiences persistent health issues that interfere with your lives, please talk to your General Practitioner, who is your gateway to mental health and other health services. Under a Mental Health Treatment Plan you can now receive 20 Medicare subsidised therapy sessions from an eligible mental health professional.

[www.healthdirect.gov.au/australian-health-services](http://www.healthdirect.gov.au/australian-health-services)

### School chaplains

The National School Chaplaincy Program supports the wellbeing of students and school communities by providing pastoral care services that assist in crises and build student resilience. Talk to your chaplain or school leaders for further information.

[www.education.gov.au/national-school-chaplaincy-program](http://www.education.gov.au/national-school-chaplaincy-program)

### Psychologists and other clinical mental health support

The Australian Psychological Society provides a simple search tool to connect with a psychologist in your area. Medicare-eligible Australians can also access telehealth consultations during the COVID-19 outbreak.

[www.psychology.org.au/Find-a-Psychologist](http://www.psychology.org.au/Find-a-Psychologist)

### headspace

headspace provides free or low-cost services to young people aged between 12 to 25 years old, their families and friends. headspace provides holistic care in four key areas – mental health, related physical health, alcohol and other drug use, and social and vocational support. A map of where to access your closest site is available on the headspace website.

[www.headspace.org.au](http://www.headspace.org.au)

### Primary Health Networks

Primary Health Networks support individuals and communities by ensuring patients receive the right care in the right place at the right time.

[www.health.gov.au/phn](http://www.health.gov.au/phn)

### Australian Indigenous Mentoring Experience (AIME)

AIME is a mentoring program to keep young Aboriginal and Torres Strait Islander people engaged in education and growing their aspirations.

AIME provides a platform for university students and community ambassadors to give back through mentorship, tutoring sessions, workshops and an established curriculum, across 33 locations, as well as online and through partnerships with 250 schools.

[www.aimementoring.com](http://www.aimementoring.com)

### Positive Partnerships Program

This program builds partnerships between schools and parents and carers to improve educational outcomes for students with autism. It provides current, relevant and evidence informed information through workshops and online resources.

[www.positivepartnerships.com.au](http://www.positivepartnerships.com.au)

## Online resources

### Student Wellbeing Hub

The Student Wellbeing Hub provides age specific and tailored information for educators, parents and students, including practical, evidence informed strategies in plain language to help reduce the risk of anxiety and depression in children and young people.

[www.studentwellbeinghub.edu.au](http://www.studentwellbeinghub.edu.au)

### ReachOut

Reach Out provides information resources and self-help tools so young people can take practical steps to understand and manage their mental health. It also offers a safe, supportive and anonymous space for young people to talk to others and share what they are going through.

[www.au.reachout.com](http://www.au.reachout.com)

### Head to Health

Head to Health is the Government's digital mental health gateway providing information, advice, and access to free and low-cost phone and online mental health services and supports.

[www.headtohealth.gov.au](http://www.headtohealth.gov.au)

## Career Support and Information

### National Careers Institute

Support for young people to navigate post-school pathways.

[www.nci.dese.gov.au](http://www.nci.dese.gov.au)

### Course Seeker

Information about thousands of online and on-campus courses, provided in a consistent and comparable way.

[www.courseseeker.edu.au](http://www.courseseeker.edu.au)

### Career Planning

Unbiased information about career planning, career pathways and work transitions.

[www.myfuture.edu.au](http://www.myfuture.edu.au)

### Career Mentoring

The headspace Digital Work and Study Program and Career Mentoring Program supports 15 to 25 year-olds to plan a career, find employment or work towards further education.

[www.headspace.org.au/our-services/digital-work-and-study-service/](http://www.headspace.org.au/our-services/digital-work-and-study-service/)

### Employment Services

Every young person who finds themselves in need of unemployment benefits can also get a range of assistance through jobactive, such as Youth Jobs PaTH, to develop their capability, build their confidence, and get the skills that employers are looking for.

[www.jobactive.gov.au/path](http://www.jobactive.gov.au/path)

Transition to Work, a specialist program providing intensive, pre employment support, is also available to young people just out of school who have not obtained a leaving certificate, and any Aboriginal and Torres Strait Islander person under 25 years old.

[www.employment.gov.au/transition-work](http://www.employment.gov.au/transition-work)



# ENROL

## 2023 Year 7

<http://bit.ly/crccsenrolment>  
03 9217 8000

Applications close  
Friday 20 August 2021

Applications can be  
downloaded from  
our website

Contact **Silvana Pavlovic**  
College Registrar  
[spavlovic@crccs.vic.edu.au](mailto:spavlovic@crccs.vic.edu.au)

# COLLEGE TOUR

## 2021 Dates

- Wed 3 March 9:30am
- Wed 24 March 9:30am
- Wed 5 May 9:30am
- Wed 2 June 9:30am
- Wed 4 August 9:30am
- Wed 1 September 9:30am

SCAN TO BOOK



<https://www.crccs.vic.edu.au>  
03 9217 8000



Catholic  
Regional College  
North Kellar

# YEAR 7, 2023

## Enrolment Information



### 2023 ENROLMENT TIMELINE

- 18 February 2021 – Applications Open
- 17 March 2021 – Enrolment Information Evening
- 20 August 2021 – Applications Close
- 22 October, 2021 – First Round Offers Posted to Families
- 12 November, 2021 – Final Date for Acceptance of Offers

Offers of Enrolment are subject to the Federation of Catholic Regional College's Enrolment Criteria as per:  
[www.crcnk.com.au/enrolment/enrolment-policy](http://www.crcnk.com.au/enrolment/enrolment-policy)

### COLLEGE TOURS SEMESTER 1

Thursday 18 February	Tuesday 20 April
Thursday 25 February	Thursday 6 May
Tuesday 9 March	Tuesday 1 June
Tuesday 23 March	Tuesday 22 June

Bring your child to experience CRCNK:  
See students in action, meet the Principal and College Captains and enjoy Morning Tea with College Leaders.

### ENROLMENT INFORMATION EVENING

7pm - Wednesday 17 March

John Arthurson Auditorium, CRCNK

*\*Please note this is a parents' only evening*

Bookings Required for all College Tours and Enrolment Information Evening please telephone:  
Samantha Beg, Community Liaison Officer - 9361 5904



For further information please contact:  
Samantha Beg, College Registrar:

Telephone: 9361 5904 Email: [enrol@crcnk.vic.edu.au](mailto:enrol@crcnk.vic.edu.au)

## 2021 Year of Respect

*"In everything, do to others as you would have them do to you." (Matthew 23:2)*



Australian Government  
Department of Education,  
Skills and Employment

## Collection Notice for parents/guardians

### 2021 Student Residential Address and Other Information

The Australian Government Department of Education, Skills and Employment (the department) would like to advise you that a request has been made for your child's school to provide residential address and other information as required under the *Australian Education Regulation 2013* (Cth).

The school is required to provide the department with the following information about each student at the school:

- Names and residential addresses of students' parent(s) and/or guardian(s)
- Student residential address (excluding student names)
- Whether the student is a primary or secondary student (education level)
- Whether the student is boarding or a day student (boarding status).

Your child's school generates a **unique and unidentifiable** record number for each student record. The number is **only** used by the school for this collection. **It is not allowed to be used for any other purpose.** The number indicates to the department that each record provided is for one student.

#### Purpose of the collection

The Student Residential Address and Other Information Collection (the Collection) informs Australian Government school education policy and helps ensure funding for non-government schools is based on need.

The information collected will be used to inform school funding calculations. It is combined with data held by the Australian Bureau of Statistics (ABS) to calculate a non-government school community's anticipated capacity to contribute to the costs of schooling.

From 2020, a new measure of capacity to contribute, the Direct Measure of Income (DMI), was introduced. The DMI is based on the median income of parents or guardians of students at a non-government school using data collected through the Collection. More information about the DMI can be found at <https://www.education.gov.au/what-direct-measure-income>.

#### Use and disclosure of personal information

Your **personal information is protected by law** under the *Privacy Act 1988* (Cth) (Privacy Act). Personal information is information or an opinion about an identifiable individual. Personal information includes an individual's name and contact details.

Any use or disclosure of your personal information must occur in accordance with Privacy Act and the *Australian Education Act 2013* and *Australian Education Regulation 2013*.

Your personal information provided to the department through the Collection may be:

- disclosed to the ABS for the purposes of capacity to contribute calculations and analysis as a part of the Multi-Agency Data Integration Project (MADIP). Further information about MADIP can be found on the [MADIP page](#) on the ABS website.
- disclosed to a contracted auditor where the department may from time to time, carry out an audit of a school's submission to the Collection. The contracted auditor compares the school's submission with the student enrolment information held by the school and will not use the information for any other purpose
- disclosed to its service providers for the purposes of the provision of information and communications technology support services to the department
- used or disclosed where it is otherwise required or authorised by law.

The department does not intend to disclose your personal information to any overseas recipients.

The department's privacy policy can be found at [www.dese.gov.au](http://www.dese.gov.au) and includes information on:

- how individuals can access and seek correction of the personal information held by the department;
- how complaints about potential breaches or breaches of the Privacy Act can be made;
- how the department will deal with these complaints.

The department commissioned an independent privacy impact assessment (PIA). The PIA assesses the flows of information under the Collection, compliance with the Privacy Act and measures in place to safeguard the personal information being collected. The report is being updated, and will be available in 2021 on the [SchoolsHUB Address Collection help and support page](#). The current version is available at <https://docs.education.gov.au/node/51436>.

## What do you need to do?

You are not required to do anything. Your school is responsible for providing the requested details to the department; however, you may wish to ensure that your school has the most up-to-date and correct details for your family.

## Contacts for further information

Your school can provide additional information about the Collection process.

Alternatively, please visit the [SchoolsHUB Address Collection help and support page](#).

# TIMETABLE FOR MASSES

Bookings are essential - see instructions below.

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## SATURDAY EVENING / SUNDAY MORNING

### SACRED HEART CHURCH (St Albans):

Saturday 5pm (streamed)

Sunday 7.30am

(- Polish language Mass 9.00am)

10.30am

### EMMAUS CHURCH (Sydenham):

Saturday 6.30pm

Sunday 9am

**Bookings are essential:**

For SACRED HEART: go online to <https://www.trybooking.com/BMKXC>

For EMMAUS: go online to <https://www.trybooking.com/BMLBL>

Hello everyone!

So Lent is under way.

A side effect of not being permitted to gather on Ash Wednesday because of that lockdown was that many more people were able to 'take the Ashes' as we distributed them at all the Masses over the weekend.

They are a great symbol. Ashes are the result of the fire going out. I think of that phrase in our tradition of 'the flame of faith'. Have parts of the flame of faith gone out in our lives since last Easter? Be renewed in our lives of faith this Lent, and celebrate that new life in Christ at Easter: that's the process of Lent for us.

In his homily on Ash Wednesday, Pope Francis reflected on Lent as a journey of return to God and as an opportunity to deepen our love of our brothers and sisters. "It is a time to reconsider the path we are taking," he said, "to find the route that leads us home and to rediscover our profound relationship with God, on whom everything depends."

There's also that age-old practice of 'giving something up for Lent'. Pope Francis has something to say about this, too: 'no acts of virtue can be great unless they are followed up by making advantages for others'. If we are going to give up anything for Lent, he recommends a fast from indifference to others and to God!

Along these lines there is an attachment with this letter in which the writer begins by wondering that 'we've been forced to give up so much already in the past year - nearly everybody has experienced *involuntary* self-denial ranging from the prohibition of travel and leisure activities to imposed distance from loved ones and family members, including the tragedy of not being with loved ones in person as they left this world at the end of life?'

He goes on to remember that the basic in Lent is 'to take something on' - that may be a new attitude, a new awareness, a new hopefulness, a new peacefulness, a new awareness of God in our life.

This 'taking something on for Lent' is also in the prayer that is attached - 'Stepping forward into Lent: give me something new and good'.

Again this year in our churches we have the symbol of the 'twisted willow' on the sanctuaries. At the start of Lent, the branches had shed their old leaves, leaving some promising green buds. Already a week later new growth is showing out. The difference has been brought about by placing those branches in water. It's a great 'parable': Lent is for shedding some of our behaviours and attitudes that are not in line with the Gospel of Jesus, and for growing in ourselves new aspects of the life of Jesus. Our touchstone for this is our Baptism into the life of Christ and of the Church - we take the Water of Baptism anew at Easter.

Amongst the media headlines during this week has been the roll-out of the vaccine. With last week's letter there was Archbishop Comensoli's recommendation that we all take 'the jab' when our 'category' is called. He talked about the moral responsibility of taking care of ourselves and of others around us by taking the vaccine.

With the elderly near the top of the queue, I noticed a statement from the Vatican 'Pandemic shows need for new model of care for elderly' - see another attachment with this letter.

The stretch of last year's major lockdown reaches into Parish life again over the next few weeks. Our young Parishioners who were scheduled to share in First Reconciliation and First Communion last year had their celebrations cancelled. Starting on this Saturday with two gatherings for First Communion at Sacred Heart, we begin to overcome that by calling this first group to share in the Meal of Eucharist at the Table of the Lord.

Then during next week at Emmaus, we gather over three evenings with young Parishioners and their families for their first experience of the Sacrament of Reconciliation.

Once again, the Principals, Religious Education Leaders and staffs of our Schools are putting in great commitments to ensure that these are true celebrations of our young people's becoming more part of the life of Christ and of the Church.

For our overall Parish, a feature of our Lent prayer is our Service of Prayer and Reconciliation (which includes the opportunity for the First Rite of the Sacrament of Penance - that is, face-to-face 'Confession'). The dates for those are:

at Sacred Heart: Tuesday 23<sup>rd</sup> March at 7.30pm

at Emmaus: Thursday 25<sup>th</sup> March at 7.30pm.

The 'Penitential Rite during Lent' which is attached may be helpful preparation for that over the next few weeks.

Our planning is shaping up well for our customary Good Friday Procession - to be held this year on the grounds of Sacred Heart St Albans because of COVID-safe restrictions. When the details are finalised I will let you know. As for all our gatherings, bookings will be essential so that we conform with the COVID-safe regulations.

With the end of summer officially coming this weekend, our experience continues to be 'out of kilter', do you feel - only a small number of hot days and warm nights. And this on top of our still living with COVID-safe 'new normal' patterns: limits on gatherings, masks, sanitising, and the uncertainty of 'when will we be through this?'.  
Take care ... stay well ... take 'the jab' ... be of good spirits!

Maurie Cooney

(Parish Priest)

## Let's go back to basics for Lent during this pandemic year by Daniel P. Horan Feb 17, 2021

For many people, Lent is associated with certain kinds of sacrifice: giving up something one enjoys for the season, abstaining from meat on Fridays and fasting on prescribed dates. These forms of voluntary self-denial have served the Christian faithful well over the centuries as a set of practices that help take us out of our daily routines and ordinary life in order to renew ourselves in living the Gospel.

But what does it mean to approach the penitential season of Lent in a time of global pandemic in which nearly everybody has experienced *involuntary* self-denial ranging from the prohibition of travel and leisure activities to imposed distance from loved ones and family members, including the tragedy of not being with loved ones in person as they left this world at the end of life?

For some, the idea of imposing further burdens on themselves or others under the guise of "spiritual renewal" seems cruel or perhaps an invitation to masochism at this moment in history. And I am deeply sympathetic to that view. This is all the more true when one views practices of asceticism as simply ends in themselves and not means toward something greater — when one looks at the traditional Lenten triad of fasting, prayer and almsgiving as a form of "punishment" rather than an opportunity to redirect one's attention, energies and priorities from the quotidian to the spiritually transformational. However, I think this particular Lent is a time in which spiritual transformation, ongoing conversion, and personal and communal renewal is needed more than ever. It just might mean that we don't go to our classical Lenten storage closet on Ash Wednesday to dust off our usual penitential practices.

There's a strikingly simple and profound line in the catechism section on "The Many Forms of Penance in Christian Life." Paragraph 1434 begins: "The interior penance of the Christian can be expressed in many and various ways" (emphasis added). The passage then recounts how Scripture and ancient church theologians regularly pointed to fasting, praying and almsgiving as exemplary forms of such "interior penance," but that the focus ought to be "conversion in relation to oneself, to God, and to others."

Conversion is supposed to be the point, not the practices themselves. Which suggests to me that one key way we can approach the season of Lent during the pandemic is to return to the basics, to *turn away* from the minutiae of religious trappings and personal preferences and *turn toward* Christ and the Gospel. Sadly, for some people, scrupulous obsessions about whether or not one is "fasting correctly" or "sacrificing sufficiently" can distract from the point of the voluntary disciplines in the first place. Rather than focusing on turning toward Christ and living out our baptismal vocation through loving words and deeds, such well-intentioned fastidiousness can actually lead to spiritually destructive thinking and behaviours, which Pope Francis has described as "a self-centred and elitist complacency, bereft of true love."

In this case, approaching Lenten practices without the proper discernment for the challenging and exceptional moment in which we find ourselves today can lead to the counterintuitive result of making us *less Christian*, less Christ-like. I am reminded of Jesus's admonishment of religious zealots who criticized him and his followers for not obsessively observing every minute detail of the religious law: "The Sabbath was made for humankind, and not humankind for the Sabbath" (Mark 2:27).

Likewise, we should remember that the Lenten practices we are typically accustomed to adopting each year were created for humankind, not humankind for these practices. With this in mind, I want to suggest that Christians take a very different tack this year, one that requires of all of us patience, thoughtfulness and discernment. I believe that a good way to spend Lent in the pandemic is by focusing on the basic practices of our Christian faith.

One Lenten practice that fits the bill is to deepen one's engagement with Scripture. Catholics have a bad reputation among the Christian communities of not knowing the Bible as well as our other baptized sisters and brothers do. Why not set aside some time each day during Lent to read a portion of the Bible, perhaps start with one of the Gospels and read, reflect and pray with the passage? If we allow ourselves to be open to the Holy Spirit's inspiration, sayings and narratives we thought we understood could inform or challenge us in new and timely ways.

Another key element of the Lenten season is a focus on prayer. At a time when it may be unsafe or impractical to worship together on Sundays or during the week as we might have previously, other forms of prayer offer us an opportunity to renew our relationship with God. Prayer, after all, is fundamentally just communication with God. And as St. Augustine said, God is the one who is closer to us than we are to ourselves, which means every moment of every day becomes an opportunity for prayer.

Maybe this Lent is the perfect time to practice paying attention to God's presence in our lives and focusing on how we might better communicate with God, which is to say striving to *pray better*.

Perhaps the third Lenten practice in the traditional penitential triad — almsgiving — is where we might focus our attention with more enthusiasm this year. It seems that many folks interpret almsgiving a little too literally as exclusively having to do only with financial donations. That is certainly part of what almsgiving is all about, and financial or other material resources are desperately needed by so many this year. But we also have to recognize that many people who would like to share their resources with others are themselves suffering under the pressures of the pandemic-affected economy.

Understood more capaciously, almsgiving is about care of our neighbours, especially those who are most struggling. In a time of great uncertainty, anxiety, isolation and fear, the spirit of almsgiving — that is, giving money or time or attention not only out of our abundance but also out of our primary resources — is needed more than ever.

Any of our Lenten practices that do not support or coincide with care for those among us is of little or no spiritual value. For as the New Testament reminds us, "Those who say, 'I love God,' and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen" ([1 John 4:20](#)).

Most importantly, this Lent is, more than ever, about taking each day one at a time. As Francis reminds us in his [2018](#) apostolic exhortation, "[Rejoice and Be Glad](#)," our pursuit of Christian holiness requires that we embrace perseverance, patience and humility. God understands the challenges we face this Lent, and invites us to experience divine love and mercy as God accompanies us in our struggles. God is patient with us; ought we not be more patient with others and ourselves?

When so many people have been forced to give up so much already, not by choice but by necessity or tragedy, it is unreasonable and perhaps even unjust to expect of others or ourselves further self-denial. The prophet Hosea reminds us of what God actually expects of us: "For I desire steadfast love and not sacrifice, the knowledge of God rather than burnt offerings" ([Hosea 6:6](#)).

*Daniel P. Horan*

*Franciscan Fr. Daniel P. Horan is the Duns Scotus Chair of Spirituality at Catholic Theological Union in Chicago, where he teaches systematic theology and spirituality. Visit his Facebook page to learn more about livestream discussions held after his columns are posted.*

## **Stepping Forward Into Lent: giving up and taking on**

### **Scripture**

“By faith Abraham obeyed when he was called to set out for a place that he was to receive as an inheritance; and he set out, not knowing where he was going to end up.” *(Hebrews 11:8)*

### **Invitation to Prayer**

As we step forward into a new Lent,  
we know that there will be challenges for us during this year,  
and that we will respond to opportunities we have not anticipated  
with a variety of gifts which we do not fully realise we have.

As we venture forward, in expectation and hope,  
we pray for your blessing, O Lord,  
and for the enlivening power of your Spirit:

### **Prayers**

Bless us, O Lord, with hope.

Teach us to see the signs of hope in our midst  
and to approach our task in the spirit of hope and confidence.

*Bless us, O Lord*

Bless us, O Lord, with listening.

Your Spirit works through each of us and speaks through each of us.  
Teach us to listen to one another with an open and generous disposition.

*Bless us, O Lord*

Bless us, O Lord, with appreciation.

We are rich in a variety of gifts.  
Teach us to see the positive in others, too.  
and to welcome and prize this as a gift from you.

*Bless us, O Lord*

Bless us, O Lord, with perseverance.

The seeds we are sowing grow slowly;  
teach us to be patient and to trust.

*Bless us, O Lord*

Bless us, O Lord, with joy.

Teach us to enjoy being together and working together.

*Bless us, O Lord*

Bless us Lord with the practicality of Martha  
and with the reflective spirit of Mary  
as we go about doing your work.

*Bless us, O Lord*

**Glory be to the Father and to the Son and to the Holy Spirit!**

# **Pandemic shows need for new model of care for elderly, academy says**

**By:** Carol Glatz

**Date:** February 9, 2021

VATICAN CITY (CNS) — A new attitude and approach toward the elderly are needed in today's world, especially in the places and ways they are cared for when they become more fragile, said the Pontifical Academy for Life.

To make sure the needs of older people are met and their gifts appreciated, renewed attention and new solutions must be given to assisted living facilities, architectural barriers, friendships and social support networks, in-home caregivers, families and younger family members and opportunities in parishes, the academy said in a new document.

Released Feb. 9, the 11-page "note" is titled, "Old Age: Our Future. The Elderly After the Pandemic," and was made available in six languages at [academyforlife.va](http://academyforlife.va).

It offers a reflection on the importance of the elderly and the challenges the older generation faces and will face, given the World Health Organization's estimate that by 2050, the world will have 2 billion people over the age of 60, that is, one out of every five people in the world.

The academy also appealed to every facet of society, including families, health care providers, city administrators and local parishes to be more attentive to and inclusive of older people, reviewing and rebuilding the way they welcome and care for people in their fragility.

During an online news conference presenting the document Feb. 9, Archbishop Vincenzo Paglia, academy president, said the COVID-19 pandemic has laid bare chronic, underlying problems in the way older people are cared for.

"On all continents, the pandemic has primarily affected those who are old," he said, citing estimates that more than 2.3 million elderly people have died of COVID-19, the majority of whom were over 75. The pandemic has been "a real massacre of the elderly and the majority of them died in institutions for the elderly," he said.

"A serious rethinking is needed not only in relation to residences for the elderly but for the entire care system of the numerous elderly population that today characterizes all societies," he said. In light of Pope Francis' warning that the world will emerge from the pandemic either better or worse, the archbishop said, making things better "depends on us, on the way we start building our future today."

The document — focused on building a new future for the elderly — was the fourth published by the academy in relation to the pandemic and another two are in the works: one on children and another on the disabled, he said.

Msgr. Bruno-Marie Duffe, secretary of the Dicastery for Promoting Integral Human Development, said at the news conference that the pandemic "has brought to light an important component of social relationships."

"The ability to take up the challenge of life — its unknowns and its joys — is based, in part, on the inspiration of dialogue between generations" in which they come together and encourage each other, sharing their dreams, wisdom and tenderness, he said.

Etsuo Akiba, academy member and professor at the University of Toyama, Japan, said that 98% of the people in Japan who have died of COVID-19 have been people 60 years old and over. Addressing the conference from Japan, she described the serious social and psychological difficulties facing young people, especially students, in urban settings. They face intense competition, bullying and seclusion, and older people often live far away in suburban settings where many of them fear becoming unable to care for themselves, she said.

However, she said the Toyama prefecture has sought to reject this segregation of generations, creating a “regional community of mutual aid.”

For example, she said, they are promoting the “Compact City Project” in collaboration with the university and landscape-gardening businesses.

They also have the “Toyama Day Care System,” which has become a national project, in which older people and differently abled children live together in a traditional Japanese home, designed for three generations, surrounded by nature and supported by family members and caregivers, she said.

“The present world war against COVID-19 is a rare chance for us to escape from an island country’s seclusive mentality and to get the cosmopolitan perspective” that is healthier and intergenerational, she added.

Among the main points in the academy’s document are:

— A duty to create the best conditions for the elderly to live “at home with one’s family if possible and with lifelong friends,” and in one’s own neighborhood with the provision of basic services.

— Housing should be adapted to their changing needs, including removing architectural barriers and providing integrated, skilled home medical care.

— New technologies and advances in telemedicine and artificial intelligence should be used responsibly so the elderly can receive assistance in a home setting.

— Independent living, assisted living, co-housing and other initiatives should be inspired by an attitude of mutual assistance, making it possible for the elderly to be autonomous in a community, and, ideally, intergenerational setting.

— Nursing homes should be redeveloped into providing medical services directly in the homes of the elderly and families should get the support they need so they can care for a loved one at home.

— Dioceses, parishes and church communities should promote “a more caring pastoral relationship with the elderly,” seeing them as a “great resource,” especially in faith formation and as living witnesses of the faith.

“This vision is not an abstract utopian or naive pretense. It can instead bring to life and nourish new and wiser public health policies and original proposals for a welfare system for the elderly” that is more effective and more humane, the note said.

“This requires an ethic of the public good and the principle of respect for the dignity of every individual” and it requires the help of everyone — the whole church, different religions, the world of culture, schools, volunteers, media companies and businesses — to support a “Copernican revolution” that makes it possible for the elderly to remain in the homes they know or in welcoming, loving environments.

## **PENITENTIAL RITE DURING LENT:**

Blessed are you, O Lord our God, the all-holy one,  
who gives life to us and to all things.

As we go about our lives,  
the press of our duties and activities  
often leads us to forget your presence and your love -  
we sin.  
and fail to live out the responsibilities  
that you have entrusted to those who were baptised into the life of your Son.

***Grant to us, O Lord, a heart renewed ... re-create in us your own spirit, Lord***

In this holy season, O Lord,  
help us to turn our minds and hearts back to you.  
Lead us into sincere repentance  
and renew our lives with your grace.  
Help us to remember that we are sinners;  
even more help us to remember your loving mercy.

***Grant to us, O Lord, a heart renewed ... re-create in us your own spirit, Lord.***

Renew us in your life O Lord.  
May our worship and prayer and penitence  
during this First/Second/Third/Fourth/Fifth week of Lent  
be sustained throughout the whole Season.  
Bring us refreshed and renewed  
to the celebration of Christ's resurrection at Easter.

***Grant to us, O Lord, a heart renewed ... re-create in us your own spirit, Lord***



Cana is committed to the Safety and Wellbeing of our students

### School Hours

Music starts at 8:42am

Monday	8:45am – 3:15pm
Tuesday	8:45am – 3:15pm
Wednesday	8:45am – 3:15pm
Thursday	8:45am – 3:15pm
Friday	8:45am – 3:15pm

### Mass Times

Saturday	
Sacred Heart	5:00pm
Emmaus	6:30pm
Sunday	
Sacred Heart	8:00am, 10:15am, 11:30am
Emmaus	9:00am
Parish Office / Presbytery Secretary Margaret	T: 9366 2146 F: 9366 9876

### Second Hand Uniform

Due to the need for social distancing and other COVID safety measures, we cannot currently offer second-hand uniforms. We will advise when this returns and in the meantime recommend contacting your PSW outlet for uniform enquiries.



### School Website

To watch videos from the website, the password you will need is:

PASSWORD: CanaVids



### Mobile Phone App

We advise all families to download this App as this is our form of communication.



OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

### Cana Bank Account

For EFT payments, please ensure you reference your SURNAME and your

6 – digit family ID

BSB: 083 347

Account: 563 101 059