



# School Newsletter

**Parish Priest**

**Fr Maurie Cooney**

**Principal**

**Mrs Carmen Blatti**

**Deputy Principal /  
Curriculum  
Coordinator**

**Mrs Lina Vermeulen**

**Religious Education /  
Student Wellbeing**

**Mrs Michelle Cassar**

**Accounts / Finance**

**Mrs Trudy Milligan**

**Administrator**

**Mrs Blazenka Coric**

**46 Banchory Avenue**

**Hillside, Victoria 3037**

[www.canahillside.catholic.edu.au](http://www.canahillside.catholic.edu.au)

**T: 8390 9200**

**F: 8390 9241**



**TERM 3 ISSUE 10 Friday 17<sup>th</sup> September**

The World as we knew it is gone, and for what feels like such a long time we have experienced so much hardship during this Pandemic. As we prepare to walk into the future we pray for the "new normal" to come. May our hearts be unified in You more than ever. May the tender moments of seeing someone again in person be all the more rich and treasured. May the reunions, interactions, and moments ahead be held in such intentionality and may we turn to You in sincere gratitude. Help us to come out of this Pandemic better, not bitter. Help us to become more considerate of others, more mindful of how we can help one another, and how we can serve You and Your children well. We thank You that no matter how dark the night may get, there is the hope of the dawn to come.

Blessings to you all for a safe and restful time during this school break,

Lina Vermeulen - Acting Principal

Term 4	
4 <sup>th</sup> October	First day of Term 4 - 8.45 am start

## Cana School Crossing Lady Rita Leaving

We farewelled our Crossing Lady, Rita today. We thank her for the 13 years of service as Cana's safety crossing lady, and wish her well in her retirement.



# School Fees DUE TODAY

All school fees are due today (Friday 17<sup>th</sup> September). Reminder notices have been sent to all families with a balance remaining. If you have not yet paid your fees, please ensure to finalise your account by the due date.

Given the current COVID environment, Cana will not be accepting cash payments of school fees. If you wish to make a cash payment, please deposit it directly to you bank, and not the front office. Please ensure that you have labelled the payment clearly with:

- Family ID number
- Family surname
- School account details: BSB: 083 347 and Account: 563 101 059

## EFT PAYMENT STILL NOT FOUND:

Can the family who made an EFT payment to the school with the following reference: Thomas and Loretta O'Dwyer- contact the school immediately. We can not identify the payment as we have no student/s or parents with these names.

## Onsite/Home Learning

Information regarding Term 4 will be communicated to you before we return to school.

## Vaccinations

As part of the COVID-19 vaccination rollout, from Monday 13 September, all Victorians aged 12 and older are eligible to book and receive a COVID-19 vaccine at a state vaccination centre, a Commonwealth vaccination centre, or through a GP clinic, pharmacy or community health service.

Vaccination bookings for students should be made by following the instructions on the Coronavirus Victoria website.

Vaccination is not mandatory, but is strongly encouraged. Getting vaccinated is the best way to protect our school community from further outbreaks and the spread of COVID-19.

### **Consent**

Students aged 12 to 15 can book their own appointment and may be able to consent to vaccination themselves if the health professional assesses them to be a mature minor. This means that the health professional determines that they understand the information relevant to the decision to be vaccinated and the effect of that decision.

Where a student is not considered to be a mature minor by a health professional, the health professional will seek consent from the student's parent/carer.

Parents/carers can complete a consent form for COVID-19 vaccination for their child to bring to their appointment, or can attend with their child to provide consent in person.

## A Message from the Principal

Dear Cana families,

We come to the end of term 3 and for many, a break from schedules, google meets, timetables and learning grids will be very welcomed. However, we are very aware of the impact this lockdown has had on our students' well-being in missing the face to face interactions with their friends, missing play adventures, not seeing their teacher in person and of course working with limitations in teaching and learning online.

Finding ourselves in situations that are not of our choosing can be very stressful and overwhelming... but this is our world right now. We each found a way to embrace the situation and ride it as best as possible while maintaining the safety of our students, families and staff as our priority.

Thank you for the manner in which you have supported the remote learning environment... it would not have been possible without your support. The restrictions have imposed so many challenges on our families, workplaces and regrettably our children's learning. I commend the resilience and perseverance you, the parents, have demonstrated. You have juggled so many aspects of family and work life just to cope day to day. Above all, you have protected your children, while encouraging and caring for them.

I'm reminded of the following...

*"Parenting is the best job I'll ever have... full of happy surprises, laughter, joy, achievements, pride... but also... intense, all consuming, exhausting, challenging, frustrating, extra expenses, ... **Gosh! Talk about overworked and underpaid!!!!**"*

*(I hope this brought a smile to your face. We all can feel this way at some point even though we would not change being a parent for anything!)*

I also want to acknowledge the work of Cana staff. As mentioned, this circumstance is not of our choosing but teaching and learning needed to continue.

I am adopting words written by John Hattie (a highly acclaimed writer and educationist) who perfectly expressed my sentiments.

***"... We need to honour the expertise, esteem the care and investment, and applaud the work of educators, non-teaching staff and parents... as we work together through this COVID impacted time. "***

I know it's been tough and sometimes we feel disheartened. But remember, we need to choose an uplifting attitude as we continue to navigate our way through.

Begin each day by ***choosing happiness, gratitude and bring a positive spirit*** into everyday simple things, such as when we: prepare an unexpected fun breakfast like decorating or make smiley faced pancakes, see and hear our children laugh playing dress ups and you dress too, everyone pitch in and prepare a themed meal together, play a game as a family, go for a walk around your local area spotting interesting things or playing I SPY, plan a backyard picnic, construct something or build a cubby house with sheets and boxes. Choose happiness for yourselves and see what follows... It's contagious!

***Mary Mackillop -1887 - says... "Find Happiness in Making Others Happy"***

So... now we wait to receive advice from Government and Health authorities about next term, advising us ***when and how*** we can return safely. I will keep you informed via email with a plan for term 4 once we have been advised. I'm sure we can continue to count on your support and together address what may lie ahead.

On a hopeful note, I wish each family a peaceful break and pray that we can return safely to some form of normality.

I look forward to seeing you all next term and hopefully hearing the joyful sound of children's laughter across the school grounds very soon.

Go well, remain hopeful and God Bless each family.

Carmen Blatti

Principal



# A Message for Deputy Principal and Curriculum Coordinator

Wow, what a term we have had.

So many changes that the Cana community as well as the state had to endure throughout this pandemic. We keep in mind the families that have been affected with COVID, and the unsteadiness in their family homes.

I would like to take this opportunity to thank the 60 families that responded to the PULSE Check survey that was sent to emails on Monday 13<sup>th</sup> September. Overall, the survey was very positive praising our staff in teaching whole class and small groups in a flexible and remote learning environment.

During this time, we have had onsite the essential workers child/ren that have been accessing their learning grids with the support of our specialists and the LSO's (Learning Support Officers). We praise these staff members in their dedication in assisting their learning. We had excursions and incursions planned for Term 3 – and to no avail ALL needed to be postponed. We share everyone's disappointments when planning whole school events and year level events. Schools receive advice from the health authorities directing rules that we need to abide by to keep everyone safe.

However, even though these events have been postponed we are looking forward to celebrating school events – such as a READING Day at school in place of Book Week (students will dress up and bring in their favourite book), 100 Days of Preps, sports carnival, disco, Cana's Feast Day, and many more. Year levels have planned incursions and excursions that will be conducted in Term 4.

Yesterday the Cana Community celebrated 'Footy Day' whether it was at home or onsite – a big THANK YOU to Mr Szigeti, Mrs Cardamone and Mr Schembri for the preparation of the day so the students could enjoy some of the activities. We have some photos of the day.

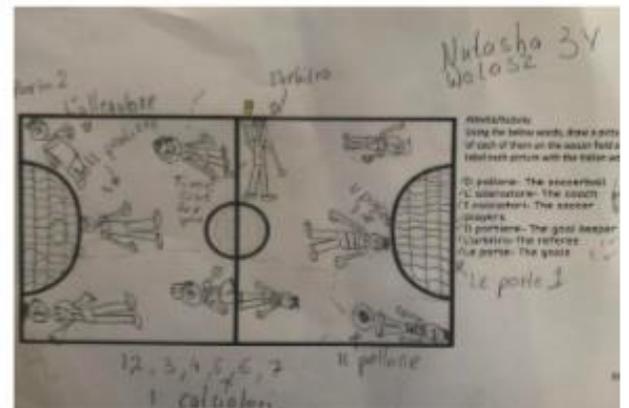
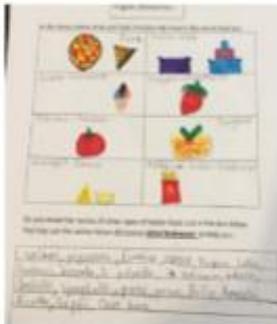
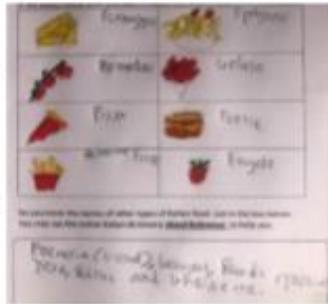
Our specialist teachers would like to share some photos that the students have sent to them of the great work they have done at home or onsite. These are in the following pages.

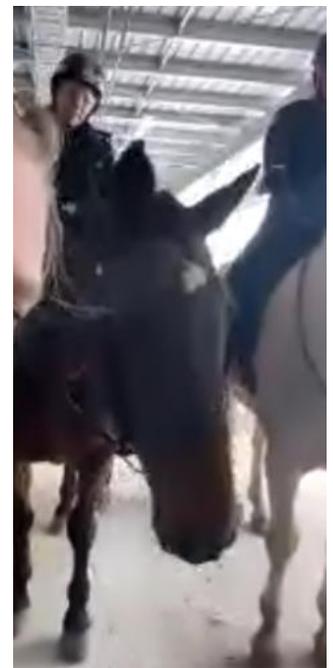
Thank you for your continued support during these unprecedented times.

God Bless each and every one of you – looking forward to seeing you next term when we are back onsite.

Lina Vermeulen  
(Acting principal)

Take a look at some of the great work that was done in Grades 1-4 Italian during remote learning.





**Grade 5 Incursion Victoria Police**  
**Mounting Horses**

**Some Great Work from 1W**

South Korea Astin

Festival  
Placeto Visit  
Food  
Beach

South Korea

Traditional food  
sushi  
rice  
noodles  
dumplings

National Anthem is Eungbiga  
it means loving country

the most popular sport  
baseball  
Taekwondo  
-wrestling

Money called won

Landmarks  
Lotte World  
the bridge is 12.8m long

clothing Hanbok

South Korea  
My big dream

South Korea is in East Asia.  
The capital is Seoul.

This is a map of South Korea

BTS

Traditional Dress

Lotte World

South Korea  
The flag is white with red, blue, and black. The flag means peace.

This is a big festival in South Korea. They sing K-pop.

food  
In South Korea, they eat Kimchi and other food.

BTS K-POP

Korean Royal Palace landmark

K-Drama

Traditional Clothing

Korean Food Festival

Korean Language

Taekwondo

Korean Flag

# STEM

PREP-2

With Mrs Cardamone

WOW! Each week in STEM the students in Grade Prep to Grade Two have continued to submit outstanding work displayed with enthusiasm, well thought out ideas and evaluations. Below is some of the amazing work that students have submitted during home learning. There was so much to choose from. I'm very proud of you all.

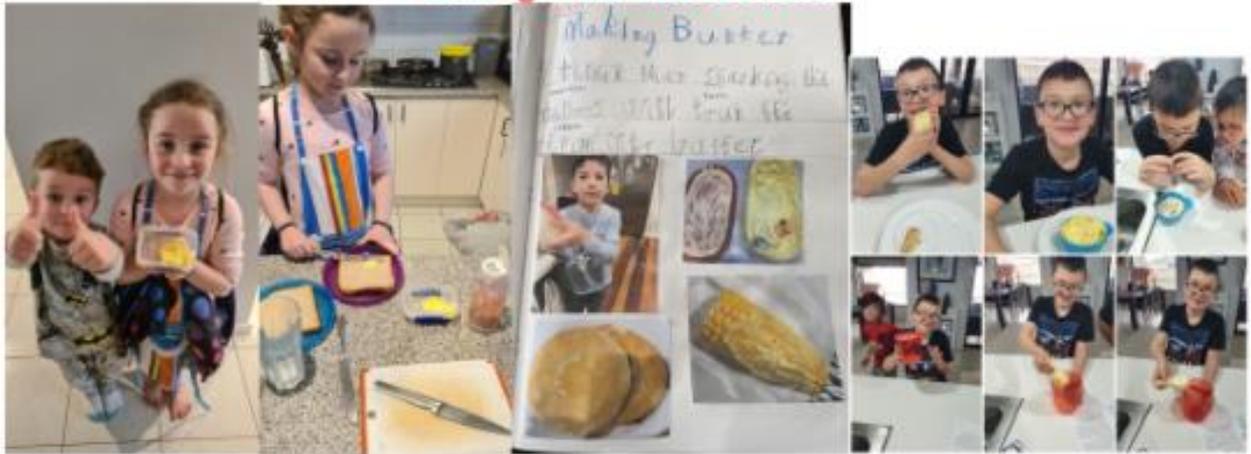
## The Paper Fan Challenge



## Designing and creating a meal



## Making homemade Butter



## Designing and creating a chicken coop



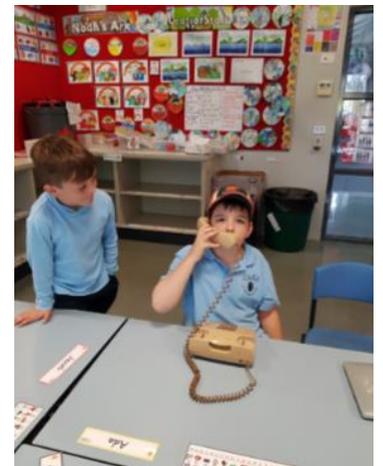
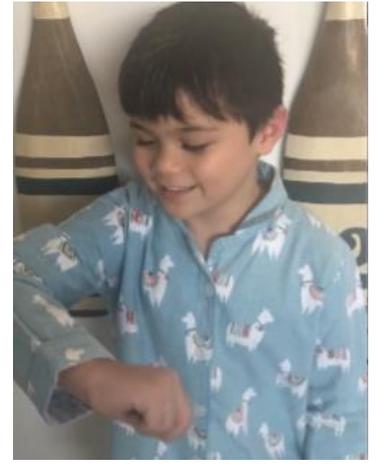
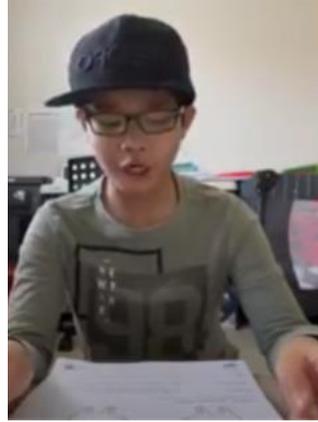
# Physical Education

During remote learning, students have practiced their skills of soccer. This including dribbling, passing and shooting.

Students have also practiced their foot/eye co-ordination skills through a range of activities. I have been amazed every week with the number of pictures and videos the students have submitted!



**Drama: Expressions and Role Play**

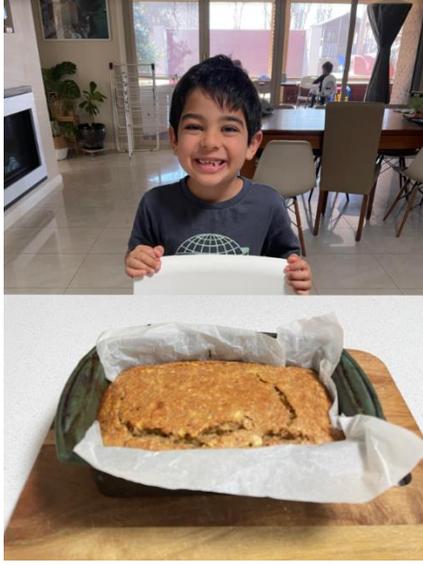




**STEM**  
**Grade 3-6**



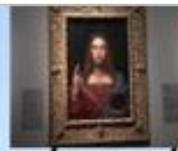
**Grade PC remote learning tasks**





# Leonardo da Vinci

By Rafina

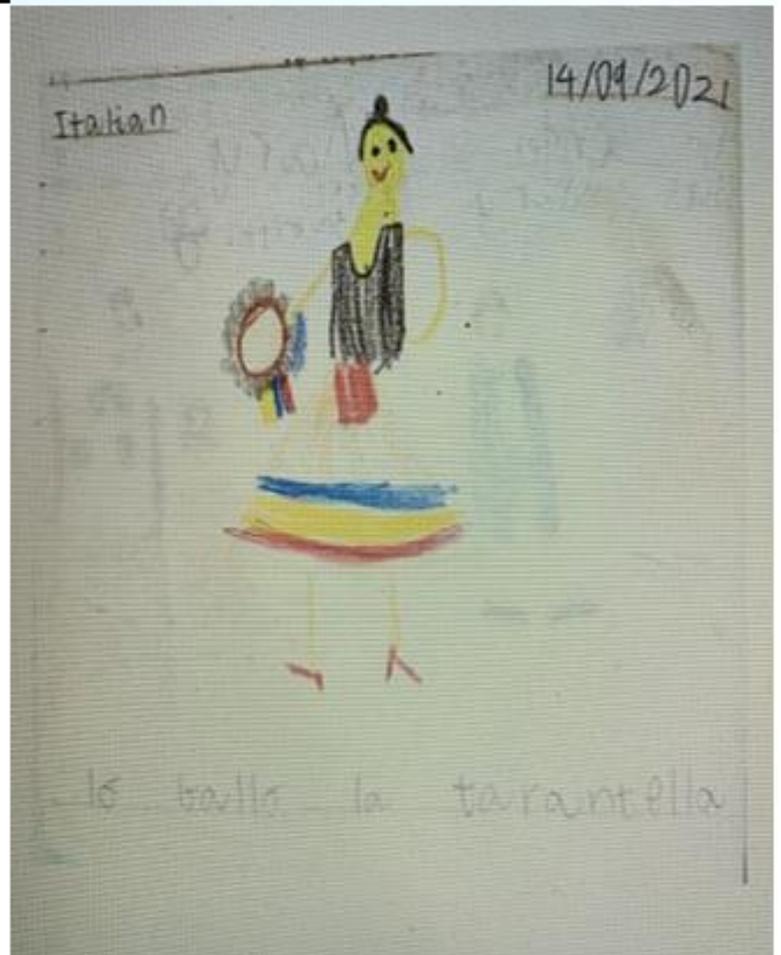


Leonardo da Vinci was born in Anchio Italy 15 of April 1452. His fathers name was Ser Piero and his mothers name was Caterine. In 1478 Leonardo da Vinci became a master of art. Leonardo da Vinci is known for painting but he also invented things that are still used today such as parachute and a diving suit ect. Some of Leonardo da Vinci's famous paintings around the world are the Mona Lisa, the last Supper and the Salvator Mundi ect.

## Italian Gabby

7/9/21

Mi piace La Laguna





**Celebrating Footy Day at Cana**



16<sup>th</sup> September

PARISH UPDATE 78

Greetings everyone!

*“The current COVID lockdown means that **our churches will remain closed** for the duration of the lockdown – until Friday 24<sup>th</sup> September. The exception is for funerals, with ten ‘mourners’ permitted. There will be no other activity in our churches over that time. See attachment for information for accessing Mass on TV and online.”*

Greetings everyone!

I’ve always thought that English is a complicated language, including for those born into it. Just think of the various ‘ou’ sounds in the words ‘through’, ‘thought’, ‘round’. How difficult that must be for people for whom English is not their first language!

Soon after coming to our Parish I was with a group of our young Parishioners at our Sacred Heart School who were preparing for the Sacrament of Confirmation. They were Iraqi children, their families refugees from their home country. I told them that I regret speaking just one language whereas they speak two. One boy responded, “Oh, I speak three: Arabic, Aramaic, French!”, not including the English he had just spoken to me!

Next weekend includes Migrant and Refugee Sunday: so many in our Parish have this experience that makes them who they are, and that makes our community who we are! More next week.

That learning of language has me once again admiring teachers! I can’t imagine myself doing what they do – in all areas! And that’s in the best of times! As the school term draws to a close this weekend, let’s be mindful of our teachers, our students, their families – what demands, pressures, discipline they have been experiencing through yet another lockdown, whilst still achieving what they have committed to – the development of our young people. There is a parable in an attachment with this letter about teaching and ‘keeping on keeping on’, *A fish tale: what I learned from the salmon*.

Those thoughts about language came to me when I saw the Readings for this weekend’s Mass. Each of the Readings is about ‘getting on’. ‘Get on, now’ can mean ‘go away; ‘get on with you’ can mean ‘you’re joking – I don’t believe you’; ‘how are you getting on?’ can be about health, wellbeing, achievement’: this English language!! This set of Readings from the Word of God is about ‘getting on’ with one another:

*“Let us set a trap for that virtuous person, who is annoying us and opposing our way of life” (1<sup>st</sup>)*

*“Wherever you find jealousy and ambition, you find disharmony, and wicked things of every kind being done; whereas the wisdom that comes down from above is pure and peace-loving. People with this wisdom show understanding and listen to advice – they are full of compassion and good works” (2<sup>nd</sup>)*

In the Gospel, Jesus asks the disciples what they have been arguing about: they are embarrassed and “*they said nothing because they had been arguing about which of them was the greatest*”.

We have to ‘get on’ in life, and the Jesus way for that is to ‘get on with one another’. “Love one another as I have loved you.” “If you just love those who love you, you’re not doing much, are you?”

I enjoyed browsing through the attachment with sayings from G B Shaw which are around this theme of ‘getting on in life’. (I’ve always thought that it was Shaw who said that “Common sense is extraordinarily uncommon!”, but Google tells me otherwise today: I still like it!)

I am including again our new ‘call to ministry’ in our Parish – see attachment. This is in preparation for the time when we will be permitted to gather again and recommence our many areas of ministry. I hope that everyone involved in Ministry before these COVID lockdowns will re-emerge through this process, indicating that you will

continue when that is allowed. I hope that others will take this opportunity to join Ministry, too. Details for indicating your interest are included in the attachment.

And, yes, it is the case that the policy of the Archdiocese is that everyone participating in Ministry in Parishes is to have a Working With Children Permit. This applies to *every* person in *every* Ministry – there are no exceptions. Details for applying for this are in the attachment.

Last week there was a further Archdiocesan meeting for our Western region representatives about the Archbishop's plan to establish 'groupings of Parishes' (to be known as 'Missions'). The 'voice of the people' urged that this is not the right time to be embarking on a large-scale Archdiocesan project: let's wait until Parish life is re-stabilised after the disruptions of lockdowns. Further, the Parishes in our area urged that it be recognised that we are already very large units as it is; perhaps our response will be to explore ways of cooperating more closely in some ministry areas.

As the 'salmon parable' says, 'Keep on keeping on': blessings and prayers for that! And in a special way as school holidays open before us!

Maurie Cooney  
(Parish Priest)

*With this letter come attachments –*

- *A fish tale: what I learned from the salmon*
- *GBShaw 'quotes for a better life'*
- *Ministry recruitment process*
- *Accessing Mass on TV and online*

*IS IT GETTING TOO MUCH? CATHOLIC CARE MAY HELP TO SUPPORT YOU*

*Many families and individuals are dealing with the effects the COVID-19 pandemic has had on our community.*

*Some have lost jobs and are in financial crisis. Others are experiencing increased anxiety and depression due to social isolation. Meanwhile, couples and families may continue to face relationship issues from prolonged lockdown. CatholicCare Victoria is here to help.*

*Visit <https://www.catholiccarevic.org.au/page/159/covid-19-updates> or contact the head office directly on (03) 5337 8999 where you can be referred to the relevant branch or team.*



# A fish tale: What I learned from the salmon

Aug 27, 2021 by Jennifer Wilson (a theology teacher and the diversity, inclusion and equity coordinator at a Catholic high school in Buffalo, New York, US)

The 12-pound fighter of a fish was pulled out of the water and squirmed around trying to get loose. I stood there looking at this salmon, unaware that during my month-long adventure in Alaska this scenario would repeat itself many times over.

My knowledge of salmon was limited before this. I knew the basics: They swim upriver, they are pink — at least the part that ends up on my dinner plate. Now back home in Buffalo after a month of encountering these fish, I am a self-proclaimed expert. If you want to know the particulars, I am happy to bore you with all the details.

There is one part of the lives of these fish that cannot go untold, and that is the swimming upriver part. Knowing that this happens and seeing it happen are two different things entirely. My first experience with actually seeing this was in Ketchikan, Alaska.

I stood there fascinated and somewhat bewildered as hundreds of fish tried to swim up a waterfall. It wasn't Niagara Falls, but it was still a lot of water — with a lot of fish doing what didn't seem possible. I was traveling with my dad, and I told him we had to go back and take another look. I had been thinking about it since I saw it, and I just couldn't wrap my mind around what I saw.

Of course, I had to consult Google, but even with that information detailing why these salmon go back to where they were born to spawn, I just could not understand it. On my second encounter I still stood there in awe once more. I seriously think if I lived there, I would go watch these salmon every day of the spawning season.

I don't always have to know the reason for everything or figure everything out. However — for whatever reason — I seem to need to know what the deal is with these fish. Why would they do such a thing?

Every time my dad caught one of these feisty fish from the ocean, I thought, *well we saved you from a terrible fate*. To my way of thinking, ending up on my dinner plate is a better fate than trying to swim up that waterfall! I watched these playful fish leap out of the water many times in the ocean. Every time I saw them, I had to wonder: Do they know they will soon be attempting a death-defying climb up a waterfall?

I was taking a break to try to shake off the burnout from being in the classroom during COVID-19. My monthlong trip to Alaska was wonderful — and obviously produced many random thoughts about salmon! Now back home my thoughts have turned to the upcoming school year. When the school year ended it seemed like COVID-19 might be somewhat behind us and that the uncertainty was over. However, that is not the case. It is not all gloom and doom though. We are fortunate to have access to a vaccine in this country. If we want it, we can get it.

Yet the approaching school year does turn my thoughts back to those salmon. I continue to keep wondering why those fish do such a thing. I know it is a call of Mother Nature; it is the way they are "wired" — but I still think it seems a bit crazy.

I am fortunate enough to have choices in my life. I don't have to teach this year; I could make another choice. I love teaching; though I have also been thinking about a change for a while, it is not part of my nature to leave when things get tough. Like those salmon, there is something in me that will keep going.

The approaching school year feels like I am attempting to do what those salmon did in swimming upstream. This pandemic has many children, teachers and administrators entering their third school year and facing the often numerous issues associated with COVID-19. We do not know what will happen in the future or when this pandemic might end. Unlike the salmon we have the ability to reflect, to trust in God and to lean on each other.

As I imagine the upcoming school year it is true that I think about the potential pitfalls that include a lot of uncertainty and the possibility of virtual learning. I also think about the smiles of the students I teach. I imagine the joy I feel when I see them connect what they are learning to something they saw or heard outside of school. I can almost hear my cross-country team complain at practice — teasing and having fun.

These are the possibilities; they lessen the feeling that I am swimming upstream. I have something those salmon do not. I have a community around me, I have my students and I have God. These people and my relationship with God are what keep me from drowning in what sometime feels like swimming upriver into the unknown.

Most of us have the people, the places, the relationships that make the upstream battle of COVID-19 easier. We are not just being driven to swim upstream, we are being invited to swim upstream with others. The invitation includes continuing to develop our relationship with God, to relish the little moments — no matter how small — and to nurture the creativity in us and in those closest to us.

## **George Bernard Shaw Quotes For A Better Life**

George Bernard Shaw was an Irish novelist and playwright who had a significant influence on western culture and politics. He used his plays to depict his religious and sociopolitical ideas.

Here are 17 George Bernard Shaw quotes that teach valuable lessons on life.

### ***1. A life spent making mistakes is not only more honorable, but more useful than a life spent doing nothing.***

If you're too afraid of falling off the bicycle, you can never learn how to ride it. Life is much like riding a bicycle. You make mistakes, lose your balance, then learn your lessons and become better along the way. Realize that every expert was a beginner once. And what most people call intelligence boils down to curiosity. Don't limit yourself.

### ***2. Some see things as they are and ask why. Others dream things that never were and ask why not.***

The greatest power you have now is to convert your dreams into reality. Trust in your dreams, Be loyal to them. Set goals to achieve them. And don't stop till you do. This is one of the most inspiring George Bernard Shaw quotes ever.

### ***3. Life isn't about finding yourself. Life is about creating yourself.***

Everyone wants to do what they love. But they get confused by the advice that you should "find your passion". The right way to find your passion is to explore and take action. Trust your gut, try new things and keep the ones you really love.

### ***4. People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want and if they can't find them, make them.***

Average people blame circumstances. Great people believe in the power of intention. They believe in cause and effect. You can get anything you put your mind to. Take consistent action and soon you'll get past your competitors who give up in the first few months.

### ***5. There are two tragedies in life. One is not to get your heart's desire. The other is to get it.***

Success is the progressive realization of meaningful goals. When you don't get what you want in life, it fills you with resentment and regret. That said, when you have everything you want, you have no purpose to live, and that is an equally bad tragedy. This is one of the most strange yet inspiring George Bernard Shaw quotes.

### ***6. Progress is impossible without change, and those who cannot change their minds cannot change anything.***

If you want something you never had, you have to do something you never did. If you cannot accept change, you will lag behind. Because we live in a world that's always changing. For example, it is said that a large number of manual jobs will be taken over by artificial intelligence or robots in the future. And the people who accept this change and prepare for it well in advance will survive.

### ***7. Our necessities are few, but our wants are endless.***

People often don't take career risks because they don't want to live an average lifestyle. They're scared that they won't be able to afford fancy gadgets and gizmos. But if you're really serious about your dream, you need to sacrifice the little things. As Mark Cuban says, if you want to become a successful entrepreneur, learn to live like a student first.

### ***8. We want a few mad people now. See where the sane ones have landed us!***

People who are crazy, awkward, misfit, and different are usually the ones who move an entire generation forward. Because while everyone else adapts to the world, they make the world adapt to themselves.

**9. Liberty means responsibility. That is why most people dread it.**

Most people want to make money while they sleep and enjoy the freedom that comes along with it. But few want to work 80 hour weeks. This is the reason few actually make it through.

**10. Hatred is the coward's revenge for being intimidated.**

If you are a hateful person, your mind is focused on negativity and can never produce anything worthwhile. Haters often hate others because they find something in others that they can't have. Don't be a hater.

**11. We are made wise not by the recollection of our past, but by the responsibility for our future.**

What happened in your past, good or bad, doesn't carry the power to dictate your circumstances. What really matters is that you take responsibility for your life and take action to get everything you want for yourself.

**12. Imagination is the beginning of creation. You imagine what you desire; you will what you imagine; and at last you create what you will.**

Imagination has more power than any book you'll ever read. Because it is YOUR imagination which weaves stories from the infinite power and reach of your heart. Only your heart knows what's good for you. And that's why you must trust in your imagination. Among all George Bernard Shaw quotes, this one stands out as it urges you to believe in your dreams.

**13. The joy in life is to be used for a purpose. I want to be used up when I die.**

If all you want in life is to be happy, then you will never be happy. Because inside every human being lies the potential to produce something larger than himself, something that affects people in a positive way. And that is what really matters.

**14. Oh for those who put more into the world than they take out.**

If you believe that you can take everything you want from the world, you have a sense of entitlement which is a recipe for failure. When you focus on providing value to others, you will inevitably succeed in your endeavours.

**15. As long as I have a want, I have a reason for living. Satisfaction is death.**

As stated earlier, when you have everything, you have no purpose to live. And there is nothing worse than that. Even people struggling for survival in Syria have a purpose, they want to live and protect their families. But getting everything in life is worse than that. This is one of the most enlightening George Bernard Shaw quotes ever.

**16. People are wise in proportion, not to their experience, but to their capacity for experience.**

It doesn't matter what you've done in the past. All that matters is how far you are willing to go, how big of a risk you're willing to take and how big of mistakes you're willing to make.

**17. A lifetime of happiness? No one alive could bear it; it would be hell on earth.**

Imagine if you were always happy regardless of your circumstances. You will never create something to change your life. There will be no interesting stories of rags to riches.

We need the darkness to define the light. Only when we feel a desire for something, we are driven to achieve it. And that gives us the utmost happiness.

Parish of  
Sacred Heart/Emmaus

St Albans & Sydenham



Pray—Work—Share  
Together

**MINISTRY VOLUNTEERING IN THE PARISH**

***“I would like to participate in the Ministry of our Parish”***

**PARISH OFFICE**

4 Winifred Street, St Albans 3021

Telephone: (03) 9366 2146

E-mail: [stalbens@cam.org.au](mailto:stalbens@cam.org.au)

Website: [pol.org.au/stalbenssydenham](http://pol.org.au/stalbenssydenham)

**PARISH SAFEGUARDING**

Mobile: 0413 841 936

E-mail: [stalbens.safeguarding@cam.org.au](mailto:stalbens.safeguarding@cam.org.au)

**CHILD SAFETY POLICY**

*Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult.*

## Safeguarding Sunday –September 12, 2021

This weekend, the Catholic Church in Australia marks Safeguarding Sunday.

The Catholic Archdiocese of Melbourne and Sacred Heart/Emmaus Parish are committed to the care, wellbeing and protection of children, young people and people at risk in our community. Safeguarding and the dignity of every person is the responsibility of every adult.

A significant impact of COVID lockdowns for the Sacred Heart/Emmaus Parish has been that we have had to limit severely all our Ministry activity.

When restrictions begin to ease we will be in a position to reassemble our various ministry groups. That will be the opportunity to re-engage with our community in those well-established 'tried and true' ways, to re-form our groups and invite new participation, and to offer 'formation for ministry' as a refresher or an introduction.

To get ready for that, there are some administrative details that we can prepare. It is the policy of the Catholic Archdiocese of Melbourne that *everyone* in *every* Ministry within each Parish must hold a valid Working With Children Check (WWCC).

I invite all who have previously been involved in Ministry and also those who wish to participate for the first time to build up this aspect of our Parish's life again!  
There is a list of our Ministry areas on the next page.

To ensure that all involved in Ministries have complied with the requirement for holding a Working With Children Card, please complete the information on the attached form and send it to the Parish Office: this will indicate your choice for participation in Ministry.

If you have a WWCC already, include a copy of that.

If you do not have a WWCC, the procedures for acquiring one are on a following page. When a Card is sent to you, forward a copy to the Parish Office.

Maurie Cooney  
(Parish Priest)

September 2021

**PARISH MINISTRY GROUPS - SACRED HEART/EMMAUS**  
**recommencing post-COVID 2021/2**

**SACRED HEART AND EMMAUS AND CANA**

BAPTISM PREPARATION

BEREAVEMENT SUPPORT

COMMUNION TO AGED CARE/NURSING HOMES

COMMUNION TO PRIVATE HOMES

FAIR COMMITTEE

PARISH ADVISORY COMMITTEE

PARISH SCHOOLS ADVISORY COUNCILS

PREPARATION FOR THE SACRAMENTS - Public Schools

**SACRED HEART**

ALTAR SERVERS

ALTAR LINEN WASHING

CHURCH CLEANING

CHURCH MAINTENANCE

COLLECTORS AT MASS

DIGITAL PROJECTOR Operator

MUSIC AND SINGING in LITURGY

PRAYER GROUPS

READER OF THE WORD OF GOD at  
Masses

SPECIAL MINISTERS OF COMMUNION  
at Mass

**EMMAUS**

ALTAR SERVER GOWN Washing

ALTAR SERVERS

CHURCH CLEANING

CHURCH MAINTENANCE

COLLECTORS AT MASS

DIGITAL PROJECTOR Operator

MUSIC AND SINGING in LITURGY

PIETY STALL

PRAYER GROUPS

READER OF THE WORD OF GOD at  
Masses

SPECIAL MINISTERS OF  
COMMUNION at Mass  
at Masses

PLEASE SEND THIS FORM TO THE PARISH OFFICE WHEN COMPLETED

**“I would like to participate in the Ministry of our Parish”:**

Please complete in Capital letters

Area/s of Ministry interested in:			
Name:			
Address:			
Telephone Number:			
Email:			
Are you over 18 years old	Yes		No
<i>If YES please complete the questions below</i>			
Do you have a current Working with Children Check (WWCC) card	Yes		No
<i>If YES, have you provided a copy of your WWCC to the Parish.</i>	Yes		No
<i>It is essential that the Parish has a copy of your WWCC for your participation in Ministry. You can scan and email a copy of your WWCC card to <a href="mailto:stalbens.safeguarding@cam.org.au">stalbens.safeguarding@cam.org.au</a>, or bring it/post it to the Parish Office.</i>			
*****			
<i>If NO (you do not have a Working With Children Card), see next page for the process for completing and submitting a WWCC application:</i>			
You can apply only online at <a href="http://www.workingwithchildren.vic.gov.au">www.workingwithchildren.vic.gov.au</a> .			
There is no cost associated with Working With Children application for volunteers.			
If you are unsure of the procedure please contact the Parish Office on 9366 2146 for assistance.			

## **To apply for a Working With Children Check**

The Working With Children Check application form is available **only online** at [www.workingwithchildren.vic.gov.au](http://www.workingwithchildren.vic.gov.au)

Outlined there is the process that needs to be followed.

In the application, identify yourself as 'volunteer': there is no cost associated with an application as 'volunteer'.

.....

When you receive back your Working With Children Check, it is essential that you lodge a copy with the Parish Office:

- Email a copy to, [stalbans.safeguarding@cam.org.au](mailto:stalbans.safeguarding@cam.org.au)

OR

- Drop a copy at the Parish Office or into the letterbox at Sacred Heart, St Albans

OR

- AustraliaPost to the Parish Office.

# Sacred Heart and Emmaus churches are closed in compliance with COVID-19 restrictions.

## MASS is available through STREAMING and TV

### Other Options/Alternatives to view Mass

**Mass for You at Home, (MFYAH)**, is celebrated in St John Vianney Co-Cathedral, Wollongong. It shows at 6.00am Sundays on Channel Ten and is repeated multiple times a day on Foxtel's Aurora channel.

This Sunday Mass is also available on demand on Channel Ten's platform [www.tenplay.com.au/mfyah](http://www.tenplay.com.au/mfyah).

This Mass is also available on Wollongong's YouTube channel which can be accessed on [www.massforyou.com.au](http://www.massforyou.com.au) as well as the Diocesan website, [www.dow.org.au](http://www.dow.org.au). There are also links to it on their Diocesan Facebook page and the MFYA Facebook page.

\*\*\*\*\*

Channel 31 (usually found at '44' on digital TV's):

Mass at 11.00am Sundays from St Patrick's Cathedral or **online at:**

**<https://melbournecatholic.org.au/Mass>** at 11.00am on Sundays and at 1.00pm on weekdays

\*\*\*\*\*

Mass continuous daily from Lavender Bay Parish, Sydney, **online at:** **<http://bit.ly/MassOnDemand>**

\*\*\*\*\*

sunsilk x GIRL GEEK ACADEMY

# STEM SCHOOL HOLIDAYS WORKSHOPS

We teamed up with Sunsilk to help 'Rethink Pink' with **FREE school holiday workshops** to equip mums and girls to support each other in learning more about STEM careers.

[BOOK A SPOT!](#)



## SOOO, WHAT IS STEM?

STEM stands for **Science, Technology, Engineering and Mathematics**. STEM learning brings these subjects together to help us understand the world, and prepare for future possibilities and careers.

Whether your daughter wants to be a Games Designer, Climate Scientist, CEO, Geologist or just navigate the world of the future - increasing STEM skills is incredibly important to their overall success - and Girl Geek Academy is committed to helping wherever we can.

[BOOK YOUR SPOT!](#)

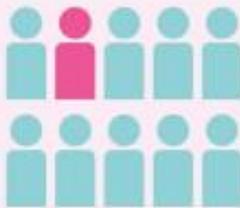
## WHY ARE STEM CAREERS IMPORTANT?

*"Gender inequality in STEM industries limits progress and innovation. The experiences of diverse women and girls is crucial in solving the problems that shape our lives. We need more women and girls in STEM to play a vital role in solving the world's future challenges."*

**SARAH MORAN**  
Girl Geek Academy CEO



During 2021 Sunsilk surveyed over 1400 women from across Australia & NZ to uncover misconceptions around careers and futures in STEM. We discovered;



ONLY **1 IN 10** MUMS HAVE A STRONG UNDERSTANDING & KNOWLEDGE OF STEM SKILLS TO IMPART TO THEIR DAUGHTERS

ALMOST **2 IN 3** GIRLS LIST THEIR MUMS AS THEIR MOST

**INFLUENTIAL ROLE MODEL**





Learn new things together with other families across Australia and New Zealand. You're invited to learn practical STEM skills together through a series of FREE fun & interactive online workshops.

**BOOK YOUR SPOT!**

sunsilk x GIRL GEEK ACADEMY

**STEM** SCHOOL HOLIDAYS WORKSHOPS

**Week 1** (NSW, VIC & ACT school holidays)

Science: Tuesday 21 September

Technology: Thursday 23 September

**Week 2** (Australia all states school holidays)

Engineering: Tuesday 28 September

Maths: Thursday 30 September

**Week 3** (NZ, SA, WA, TAS, NT school holidays)

Science: Tuesday 5 October

Engineering: Thursday 7 October

## WHAT WILL YOU LEARN?

The workshops will run over the September/October school holidays and will feature 4 different modules



### THE SCIENCE OF HAIR

We all know the importance of washing our hands but why do we clean our hair and how does it work? How strong is our hair? Do different products affect our hair in different ways? Let's explore the surprises of science in something as simple as our hair.



### TECH FOR TWO

Give "Pink" a new perspective by creating your own two-player videogame, snazzed up with a fantastic pink colour pallet (that we'll be choosing!). Together, we'll learn how to create the code, and draw how the game will actually look. This beginner friendly workshop is the perfect way for mums and girls to learn tech together.



### ENGINEERING EMPOWERED

In this workshop we'll be teaching you how to create a shampoo bottle using 3D modelling. From the initial design concept through to the physical product development, you'll walk away with a 'Rethink Pink' shampoo bottle engineered solely by you!



### MATHS FOR MUM & ME

Maths is used for LOTS of different things, but often at school it can feel a bit like we only ever use it in the classroom. In this session, we'll be learning how we can change the world, with maths! In this workshop we'll teach you how to create a plan and we can all use maths to bring our ideas to life.

## WHY SUNSILK AND GIRL GEEK ACADEMY?

### Our shared goal to increase the number of women and girls in STEM

Sunsilk is on a mission to inspire women and girls alike. Our research shows young girls are feeling a career in STEM is not achievable for them. Through our partnership with Girl Geek Academy and [Sunsilk's Rethink Pink campaign](#), we aim to bring mums and daughters together to better understand the career pathways available to them in STEM industries.

### What is the 2021 Sunsilk Rethink Pink Study?

New, independent research commissioned by Sunsilk, surveyed 1,000 Australian and 400 New Zealand women, to uncover the issues currently facing women related to STEM and the limiting beliefs of which may be holding them back in understanding the possibilities for a career and future in STEM. An online quantitative survey was conducted during March 2021 with controlled interlocking quotas set on age, gender and state, to ensure a nationally representative sample of the women in Australia & New Zealand, aged 16-60+. The research was conducted by Pure Profile.





# PRIME*Sci!*

## Live and Interactive School Holiday Science Workshops

Dear teachers,

Our **Spring 2021 Science Workshops** will be running from **Monday 20th to Thursday 23rd September 2021** and will be filled with interactive hands-on home science for your students. Join our stuck-at-home science presenters for **Going Bananas, Weather and Weathering, Around your Home with the Electromagnetic Spectrum and Plastic Fantastic.**

Due to the continuing COVID-19 safety measures, PrimeSCI! will still be providing **live-streamed Zoom workshops** for the upcoming School Holidays.

The live workshops are scheduled to run for a minimum of 40 minutes and include exciting demonstrations, hands-on activities to follow at home, interactive polls, and the opportunity to post science questions to be answered by our PrimeSCI! presenters.

Our online interactive workshops are best suited for upper primary students (Grades 3 - 6), but with assistance, younger scientists will be able to participate too. Adult supervision is required for some activities in Monday's Plastic Fantastic workshop and Thursday's Weather and Weathering workshop.

Book online now at: <https://www.trybooking.com/BUELR>  
Enrolment Fee: \$10.50 per family (including Trybooking Fee)

**PLEASE NOTE:** Your students' privacy and internet safety is important to us. Children will only be able to view our presenters, and not any other participants.

For more exciting and fun PrimeSCI! information head to our website [www.swinburne.edu.au/primesci](http://www.swinburne.edu.au/primesci)

I hope your students can join us!

The PrimeSCI! Team

## School Holiday Science Workshop Lessons

**MONDAY 20TH SEPTEMBER, 9:30am AEST**

**Plastic Fantastic NOW INCLUDES BIO-PLASTIC**

Explore the amazing world of plastics! Go beyond looking at plastics as just waste materials that can be recycled. Learn how plastics are sorted, explore their different behaviours, look at their molecular makeup and make your own bio-plastic. Active adult supervision required.

*Presenters: Naomi & Sandy*

**TUESDAY 21ST SEPTEMBER, 9:30am AEST**

**Around Your Home with the Electromagnetic Spectrum NEW!!**

What is the electromagnetic spectrum and where do we find it? Learn how the EMF spectrum puts the "zap" in our microwaves and the "remote" in our remote controls!

*Presenters: Lydia & Sandy*

**WEDNESDAY 22ND SEPTEMBER, 9:30am AEST**

**Going Bananas NEW!!**

Find out more about the science of bananas. Bake banana muffins, draw scientific diagrams and learn about why bananas turn brown and mushy!

*Presenters: Lydia & Heather*

**THURSDAY 23RD SEPTEMBER, 9:30am AEST**

**Weather and Weathering NEW!!**

Why doesn't salt water become salt rain? What is the difference between weather and weathering? Explore the importance of the Earth's water cycle and the rock cycle. Active adult supervision required.

*Presenters: Naomi & Heather*

## But wait...there's more!

For residents of the Mornington Peninsula Shire Council, the Healthy Rivers Healthy Bay team are providing a free School Holiday Science Workshop on the Wonderful Wetlands of Western Port.

**WEDNESDAY 29th SEPTEMBER 2021, 10:00am - 11:30am AEST**

**Wonderful Wetlands of Western Port**

Children will learn the importance of wetlands, what they are, where they are and how we can all protect this important part of the ecosystem. Suitable for Prep to Grade 6.

**Presenters: Jessica & Emma**

Book online at: <https://www.trybooking.com/BTZAM>

Enrolment Fee: Free



Catholic  
Regional College  
North Keilor

# Catholic Regional College **NORTH KEILOR**



## Year 7, 2023

Application Closing Date **Extended**

- NEW date **Friday 24 September, 2021**

Download Application at:

- [www.crcnk.com.au/enrolment/enrolment-application](http://www.crcnk.com.au/enrolment/enrolment-application)

Completed Applications can be scanned as PDF and emailed to [office@crcnk.vic.edu.au](mailto:office@crcnk.vic.edu.au)  
OR posted to:

PO Box 40 TAYLORS LAKES VIC 3038

For further information please contact:  
Samantha Beg, Community Liaison Officer  
Phone: 9361 5904  
Email: [enrol@crcnk.vic.edu.au](mailto:enrol@crcnk.vic.edu.au)

## Missed out on a Tour?

View Our Welcome and Facilities Video:  
[www.crcnk.com.au/enrolment/year-7-2023](http://www.crcnk.com.au/enrolment/year-7-2023)

### Still Have Questions?

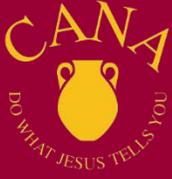
Why not book a live online chat with our  
School Development Manager, Manny Gambin  
Phone: 9361 5924  
Email: [mgambin@crcnk.vic.edu.au](mailto:mgambin@crcnk.vic.edu.au)

1c Santa Monica Drive Keilor Lodge VIC 3038  
Post: PO Box 40 Taylors Lakes VIC 3038  
P: 03 9361 5900  
E: [office@crcnk.vic.edu.au](mailto:office@crcnk.vic.edu.au)  
W: [www.crcnk.com.au](http://www.crcnk.com.au)

## 2021 Year of Respect

*"In everything, do to others as you would have them do to you." (Matthew 7:12)*





Cana is committed to the Safety and Wellbeing of our students

### School Hours

Music starts at 8:42am

Monday	8:45am – 3:15pm
Tuesday	8:45am – 3:15pm
Wednesday	8:45am – 3:15pm
Thursday	8:45am – 3:15pm
Friday	8:45am – 3:15pm

### Mass Times

Saturday	
Sacred Heart	5:00pm
Emmaus	6:30pm
Sunday	
Sacred Heart	8:00am, 10:15am, 11:30am
Emmaus	9:00am
Parish Office / Presbytery Secretary Margaret	T: 9366 2146 F: 9366 9876

### Second Hand Uniform

Due to the need for social distancing and other COVID safety measures, we cannot currently offer second-hand uniforms. We will advise when this returns and in the meantime recommend contacting your PSW outlet for uniform enquiries.



### School Website

To watch videos from the website, the password you will need is:

PASSWORD: CanaVids



### Mobile Phone App

We advise all families to download this App as this is our form of communication.



OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

### Cana Bank Account

For EFT payments, please ensure you reference your SURNAME and your

6 – digit family ID

BSB: 083 347

Account: 563 101 059