



School Newsletter

Parish Priest

Fr Maurie Cooney

Principal

Mrs Carmen Blatti

**Deputy Principal /
Curriculum
Coordinator**

Mrs Lina Vermeulen

**Religious Education /
Student Wellbeing**

Mrs Michelle Cassar

Accounts / Finance

Mrs Trudy Milligan

Administrator

Mrs Blazenka Coric

46 Banchory Avenue

Hillside, Victoria 3037

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T: 8390 9200

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Loving God,

We thank you for the gift of dads, and everything that they do for us. Help them to have patience when we're difficult, wisdom when we can't see the way, strength when we need comforting, and love at all times, so that, through them, we get a little glimpse of how you feel about us.

Our heavenly Father, Amen.

Term 3	
POSTPONED	Cana Feast Day and Mary MacKillop Feast Day Donut Day – TBC
POSTPONED	Grade 4 First Holy Communion – 10th October if permitted
POSTPONED	Book Week
POSTPONED	Disco – TBC
POSTPONED	Father's Day Stall – TBC
POSTPONED	Parent Teacher Interviews – Postponed until Term 4
Tues 14 th – Wed 15 th Sept	Grade 3 Reconciliation – Details to follow
Fri 17 th September	Last Day of Term 3

Changes to School Events

Dear Parents,

With COVID restrictions still in place, we have had to make further changes to our event dates and plans. We will keep you updated with changes. Classroom teachers will remain your best contacts if you have concerns.

I will be on personal leave for the rest of the term. Mrs Lina Vermeulen

(lvermeulen@canahillside.catholic.edu.au) will be acting Principal

and Mrs Michelle Cassar (mcassar@canahillside.catholic.edu.au) will be acting Deputy Principal/REC/Wellbeing during this time.

No Google Meets on Fridays

Dear Cana Families,

The announcement of an extended lockdown on Monday has left many of us feeling s-t-r-e-t-c-h-e-d at times, and fading in energy. Despite this, our Cana families and staff have remained strong and resilient, and I thank you all for doing your part to support the wellbeing and learning of our students.

On Fridays

Teachers will require time to plan classwork with their colleagues. As such, there will be **no** Google Meets with the classroom teacher, and teachers will not be available to spend time with their students. Your child/ren will be sent a learning grid on a Thursday evening with the work students should complete. This may include LSO sessions.

This will be the arrangement for each Friday until we return to onsite learning. I'm sure you can appreciate teachers require professional preparation time for lessons delivered.

Onsite arrangements remain available for 'essential workers' only. **Authorised worker permits** are required for all families attending on-site supervision.

Specialist sessions will continue on these days:

Monday Sport

Tuesday Italian

Wednesday Art

Thursday STEM

If you have any questions, please continue to email your child's classroom teacher as your first point of reference.

I pray that God may grant us all patience and hope for the remainder of this lockdown, and ask that He watch over everyone who is struggling during this period.

Sincerely,

Carmen Blatti

Covid Testing Information

Dear Cana Families,

This is an important message for families with students currently on site, and for all families once on site learning begins again. Please note that if any person living with the child/ren attending Cana are waiting for COVID test results, your child/ren CANNOT attend Cana for onsite learning until the results come back negative. This is to prevent Cana from having to close down in the event that a result returns positive.

Thank you for your understanding and for abiding by the current COVID guidelines.

Face Masks

As directed by the Victorian Chief Health Officer:

- It is recommended that children under 12 years of age and students at primary school wear face masks when at school, or when attending an OHSC program.
- For communication purposes, teachers and education support staff are not required to wear face masks while teaching, but it is recommended that face masks be worn while teaching wherever practicable.

A face mask must cover the nose and mouth. Face shields, scarves or bandanas do not meet these requirements.

DO NOT COME TO SCHOOL WHEN SICK

Another reminder to families that children ARE NOT to be brought to school if they are unwell or showing ANY COVID symptoms. If they are brought to school, we will send them straight back home. DO NOT tell your children to 'see how they go', if they are unwell, keep them home.

Re-Enrolment Forms

During the past week, you should have received an email containing re-enrolment forms for your children attending Cana next year. Please return this form via email NO LATER than Friday 10th August.

How to support your child's mental health through the pandemic

The COVID-19 pandemic has challenged all of us, including our kids. So, we want to help! Our Facebook Live session on Wednesday 25 August 2021 brought together an expert panel to discuss this important topic, with lots of practical advice, and you can watch the replay here.

Access webinar recording here (presented Wed 25 August 2021):

<https://www.youtube.com/watch?v=y1DizMUOeng>

Hosted by Dr Anthea Rhodes (Paediatrician) with special guests Dr Ric Haslam (Director, Mental Health), Dr Alice Morgan (Clinical Psychologist) and Prof Harriet Hiscock (Paediatrician).

RCH Factsheet: [Supporting your child to cope with the COVID-19 pandemic](#)

Congratulations!

We would like to congratulate the Protulipac family, as Liana (1W) welcomes her baby brother Jakob into the world.

School Uniform

It has been noted that some students have been wearing clothes that are not a part of our school uniform i.e. hoodies. Please make sure that your children come to school each day wearing their correct school uniform proudly.

School Fee Payments

Given the current COVID environment, Cana will not be accepting cash payments of school fees. If you wish to make a cash payment, please deposit it directly to you bank, and not the front office. Please ensure that you have labelled the payment clearly with:

- Family ID number
- Family surname
- School account details: BSB: 083 347 and Account: 563 101 059

Chocolate Money

Any families who have not yet returning their chocolate fundraising money can do so on the first day children return to onsite learning.

Greetings everyone!

*"The extension of the current COVID lockdown means that **our churches will remain closed** for the duration of the lockdown – until Friday 24th September. The exception is for funerals, with ten 'mourners' permitted. There will be no other activity in our churches over that time. See attachment for information for accessing Mass on TV and online."*

Yes: Fathers' Day! Greetings and Blessings to all fathers and families!!

Again this year a similar situation for Fathers' Day as for last year. I wonder what shape our adaptability and creativity will give to Sunday morning and the rest of the day??

The continuing lockdown is calling us to draw deeply on those life-qualities of respect, harmony, good humour, calmness, hopefulness. Well done, fathers, mothers, children for putting in the extra effort for the family to 'keep it together'!

Google tells me that for centuries the Orthodox Church has had the second Sunday before Christmas Day as 'the Sunday of the Forefathers' to commemorate the ancestors of Jesus.

The feast includes the ancestors of Mary, mother of Jesus, and various prophets.

A customary day for the celebration of fatherhood in parts of Europe is known to date back to at least 1508. It is celebrated on March 19, as the feast day of Saint Joseph, who is referred to as the fatherly *Nutritor Domini* ("Nourisher of the Lord").

In 1908, American Grace Golden Clayton proposed that a day be set aside to honour men who lost their lives in a mining accident. In the following year Sonora Smart Dodd, who along with her five brothers was raised by their father alone, was inspired after attending Mother's Day celebrations in a church, and convinced the Spokane Ministerial Association to celebrate Fathers' Day worldwide. And 'the rest is history' as they say!

(There is also 'International Men's Day' on November 19 in honour of all men including boys.)

Interesting that Fathers' Day has a clear religious/faith setting across the ages. I like that word 'nourisher'. The faith setting for that is that God is Creator of life, Jesus renews life for us, the Holy Spirit brings the spirit of God alive in our own spirits. That's who our fathers are, along with others including mothers, friends, siblings and more : they nourish our lives. They don't determine our lives according to their own plan; they nourish us to choose and take the paths of life that they have opened before us.

The attachment 'The Importance of Fathers' makes insightful reading to someone who doesn't have children!!! What about you who are right in it??

Another attachment reflects on fathers in our complex contemporary society – it may be encouraging reading, too. As may be the prayers on another attachment. To start with:

*We thank you, God, for the gift of our fathers, for grandfathers and godfathers and step-fathers and fathers-in-law, too. Send your Holy Spirit upon our fathers, in whose laps we were cradled, from whose hands we were fed, instructed, at times corrected, in whose company we learned to work and play and pray, at whose side we hear
Your Word and celebrate Your life amongst us.*

Give to them the good that they have given to others. Heal their pains and disappointments. Forgive what needs to be forgiven. Welcome into your arms those who have died.

Fill this world, O God, with a true Father's love!

Of course family life does not always go smoothly. In these months of being 'in one another's pockets' 24-7 I can imagine that tension and other negativity can show up in the relationships that make a family. Following our recent Parish donation to CatholicCare, this reminder of their services came back:

IS IT GETTING TOO MUCH? CATHOLIC CARE MAY HELP TO SUPPORT YOU

Many families and individuals are dealing with the effects the COVID-19 pandemic has had on our community.

Some have lost jobs and are in financial crisis. Others are experiencing increased anxiety and depression due to social isolation. Meanwhile, couples and families may continue to face relationship issues from prolonged lockdown. CatholicCare Victoria is here to help.

Visit <https://www.catholiccarevic.org.au/page/159/covid-19-updates> or contact the head office directly on (03) 5337 8999 where you can be referred to the relevant branch or team.

One custom in our Archdiocese is that Fathers' Day is taken as an opportunity for us to contribute to the support and assistance of retired and sick Priests. Because we're not in the position of being able to 'pass the plate' at Mass, we will forward \$3,000 to the Priests' Retirement Foundation from your contributions through the year to our Presbytery Account.

The Second Reading for this Sunday fits very well with last week's reminder that 'social justice', that is putting our faith into action in the world around us, is an essential aspect to our lives of faith. As well as this applying to 'big ticket' issues, the Reading draws our attention to the way each of us treats those around us by using a particular example:

Do not try to combine faith in Jesus Christ, our glorified Lord, with the making of distinctions between classes of people. Now suppose someone comes into your synagogue, beautifully dressed and with a gold ring on, and at the same time a poor person comes in, in shabby clothes, and you take notice of the well-dressed person, and say, 'Come this way to the best seats'; then you tell the poor person, 'Stand over there' or 'You can sit on the floor by my foot-rest.' Can't you see that you have used two different standards in your mind, and turned yourselves into a judge, and a corrupt judge at that? (James 2:1-5)

This sort of thing applies in many situations!

Spring is breaking through – the warmer and windy days we've had during this week are signs of that. Let's keep our spirits up even as we continue further into this lockdown.

Let's pray for the Spirit of God to keep hope strong!

Best wishes and blessings, and be 'in good spirits' on Fathers' Day!

Maurie Cooney

Parish Priest

With this letter come attachments –

- *The Importance of Fathers*
- *On Fathers' Day*
- *Prayers on Fathers' Day*
- *Accessing Mass on TV and online*

There are many gems and reflections on 'fathering' in Pope Francis's apostolic letter, *Patris Corde* 'With a Father's Heart', in which he nominates 2021 as the year to honour the fatherhood of St Joseph. Francis's letter is inclusive, encompassing the scope of fatherhood and the responsibilities fathering entails. 'Fathers are not born, but made', Francis says. 'A man does not become a father simply by bringing a child into the world, but by taking up the responsibility to care for that child'.

Positive and engaged fathers who value women and treat everyone with respect are needed today more than ever. To quote Francis, 'In our world where psychological, verbal and physical violence towards women is so evident, Joseph appears as the figure of a respectful and sensitive man', 'creatively courageous', who models a 'freedom from possessiveness'.

I'm sure many of us would love to see Saint Joseph, and the qualities he represents, as an exemplar for fatherhood. However, despite all the worldwide churches, institutes, schools and religious orders dedicated to Joseph, he has always seemed to be in the background, never centre stage.

Francis laments the failures of fathering for many children across the globe. 'Our world today needs fathers'. While the response to the Pope's letter has been largely devotional, his letter deserves wider reflection on how our society is responding to the challenges of fatherhood in 2021.

There are many signs that fatherhood in Australia is changing for the better. There is now abundant evidence that dads are spending more time at home with their kids. The advent of father support blogs regularly featuring famous dads and websites like 'Stayin on Track' with resources for Aboriginal dads by Aboriginal men, and new 'father friendly' education websites, all herald the big cultural shift that is taking place.

Particularly hopeful is the growing acknowledgement that the interests of mothers, fathers and children can be aligned in ways that work for everyone. A great example of this is the campaign for gender equality, with parental leave widely regarded as beneficial all round, lifting women's capacity to return to work, bonding fathers and children and enabling savings on child care.

There are signs, too, that reflect a new understanding of the importance of fathering across the community services sector. This is the sector that grapples with family violence, the safety of children, youth homelessness and youth crime on a day-to-day basis — where the need for caring and responsible fathers is most apparent. Where 'working with parents' seldom means working with fathers.

I often sense that there is no easy way for the community sector to talk about fathers. There is a wariness about venturing into areas that are seen as fraught with complexities — where there is no common understanding of what a 'home' constitutes and no universal appreciation of the importance of nurturing and compassionate fathering.

The community sector acknowledges that it is largely reactive and crisis driven in its response to social problems like homelessness and family violence. Agencies chiefly depend on government resources to do earlier work with fathers — resources that are largely locked into remedial programs. Early intervention with fathers is still a long way off for many organisations.

And while there has been a surge in research on fathering in recent times, this has not yet been translated into effective policy. There is a glaring absence of policies and action (at all levels of governance) aimed at supporting fathers with their roles and responsibilities. For instance, it is rare to find policies that speak to the importance of fathers in raising boys to respect mothers and women.

Yet there is a growing realisation within the community sector, informed by new research, that approaches aimed at supporting fathers can provide lasting benefits for mothers, children and families.

The sector's report *The Voice of Parents* with Melbourne University shows that missed opportunities to engage fathers can unfairly leave the burden of responsibility solely on women and miss precious opportunities to benefit children.

Agencies like Anglicare, Uniting Care and Kids First are taking up the challenge with their Caring Dads programs, tailored for fathers, who are changing their behaviour for the sake of their children. And Relationships Australia's Support For Fathers has developed new tools to help agencies in their work with families.

Despite the daunting challenges, there is much to be hopeful about. Like Saint Joseph, 'the man who goes unnoticed' as Francis calls him, there are countless dads in all types of families who are transforming fatherhood — working from home, sharing the ups and downs of parenthood with their partners, raising their kids to respect all others, and like Joseph are 'creatively courageous' in tackling the challenges of our time.

Mike Kelly is a Geelong social worker with a special interest in fatherhood and early intervention with vulnerable families.

The Importance of Fathers: Being a Great Dad

[edited from Stephen F. Duncan, Family and Human Development]

Fathering is more than a biological necessity. Our children's growth and development is enhanced through active, involved fathering. Some keys to effective fatherhood would include:

Nurture your marriage first: An important key to good father-child relationships is to have a strong relationship with your wife. If things aren't going well there, it's easier for bad blood between you and your spouse to spill over into the parent-child relationship. It has been said that the best gift a father could give his children is to love their mother. If you are a divorced father, maintain a civil relationship with your ex-wife. Never bad-mouth her in front of the children. Maintain a cooperative parenting partnership.

Prioritize fatherhood: Plan your work around your family. Decide that father-child time

is important. With calendar and planner in hand, schedule the activities of your children, the school concerts, the one-on-one times, then write in your other obligations and preferences.

Get involved with your child from the beginning and stay involved and connected.

Learn the fatherhood craft: Keep up with the language of child rearing. Talk to other dads informally or in support groups or parenting classes. Read articles about good fathering. In some families, the woman becomes the "expert" and Dad feels excluded. Don't let that happen to you.

Have regular one-on-one time with each child. Sometimes it's fun to talk while you're doing jobs; also be sure that there are times that you turn off the screen and give your kids your undivided attention. Schedule a dad-daughter or dad-son date occasionally. Go out to eat a favourite meal or to do an activity your child enjoys. Sit with them occasionally just before bed and talk about how the day went.

Show affection often: Even if older kids seem squeamish, all kids enjoy a hug and encouraging words now and then from their dad. With the older kids you may want to do

this away from the sight of their friends!

Take your kids to work: If your situation allows for it, this is a great way to teach them about the world of work that you are a part of.

Stay connected when you have to be away: If work takes dads away, including because of your shift at work, set up a routine to stay connected, e.g. a specific time you will call that is convenient for all members of the family.

Teach them: No dad has every gift or skill. Use opportunities to share **your** talents.

Connect with your child at all levels: Make sure you have some contact with every aspect of your child's life. Visit the school, meet the teacher and other kids and have some contact with an afterschool activity. If you have seen where your children are and met

their friends, you will have more to talk about and more interesting conversations. Parent involvement during children's schooling is critical to their school success, too, as well as to everyone's wellbeing and development.

A great Father's Day gift is a prayer, whether it is written in a card, told to him, or offered in in our heart. These may fit for you:

God, give ___dad___
Your strength to steer him,
Your power to uphold him,
Your wisdom to guide him,
Your eye for his vision,
Your ear for his hearing,
Your word for his speech,
Your hand to protect him,
Your pathway before him,
Your shield for his shelter,
Your Spirit to guard him.
(from The Breastplate of St. Patrick)

.....
Lord, bless ___dad___ and keep him; make Your face to shine upon him and be gracious to him; lift up Your countenance upon him and give him peace.

(from the Bible's Numbers 6:24-26)

.....
God, according to the riches of Your glory, grant ___dad___ to be strengthened with power through Your Spirit in his inner being, so that Christ may dwell in his heart through faith. And that he may know the love of Christ that surpasses knowledge, that he may be filled with all the fullness of God.

(from the Bible's Ephesians 3:14-19)

.....
Christ be beside him,
Christ before him,
Christ behind him,
Christ within him,
Christ beneath him,
Christ above him.
Christ on his right hand,
Christ on his left,
Christ where he lies,
Christ where he sits,
Christ where he rises.

Christ in the hearts of all who think of him,
Christ in the mouths of all who speak to him,
Christ in every eye that sees him,
Christ in every ear that hears him.

(from The Breastplate of St. Patrick)

Sacred Heart and Emmaus churches are closed in compliance with COVID-19 restrictions.

MASS is available through STREAMING and TV

Other Options/Alternatives to view Mass

Mass for You at Home, (MFYAH), is celebrated in St John Vianney Co-Cathedral, Wollongong. It shows at 6.00am Sundays on Channel Ten and is repeated multiple times a day on Foxtel's Aurora channel.

This Sunday Mass is also available on demand on Channel Ten's platform www.tenplay.com.au/mfyah.

This Mass is also available on Wollongong's YouTube channel which can be accessed on www.massforyou.com.au as well as the Diocesan website, www.dow.org.au. There are also links to it on their Diocesan Facebook page and the MFYA Facebook page.

Channel 31 (usually found at '44' on digital TV's):

Mass at 11.00am Sundays from St Patrick's Cathedral or **online at:**

<https://melbournecatholic.org.au/Mass> at 11.00am on

Sundays and at 1.00pm on weekdays

Mass continuous daily from Lavender Bay Parish, Sydney, **online at:** **<http://bit.ly/MassOnDemand>**

Reinforce COVIDSafe behaviours	Create COVIDSafe spaces	Promote COVIDSafe activities	Respond to COVID-19 risk
<ul style="list-style-type: none"> • stay home when unwell • practise good hygiene* • ensure physical distancing (1.5 m)* • wear a face mask* • avoid interactions in enclosed spaces* • Get vaccinated when eligible 	<ul style="list-style-type: none"> • make hand hygiene easy • keep surfaces clean and implement enhanced environmental cleaning and disinfection • promote outdoor air ventilation and do not have air conditioners on recirculate 	<ul style="list-style-type: none"> • move activities outdoors where possible, weather permitting • adapt, modify or defer higher risk activities • limit school access to outside visitors where possible • reduce mixing between groups • create workforce bubbles* 	<ul style="list-style-type: none"> • keep records and act quickly if someone becomes unwell* • use personal protective equipment • clean and disinfect appropriately if a staff member or student has been unwell while at school • manage individual risk



Catholic
Regional College
North Keilor

Catholic Regional College **NORTH KEILOR**



Year 7, 2023

Application Closing Date **Extended**

- NEW date **Friday 24 September, 2021**

Download Application at:

- www.crcnk.com.au/enrolment/enrolment-application

Completed Applications can be scanned as PDF and emailed to office@crcnk.vic.edu.au
OR posted to:

PO Box 40 TAYLORS LAKES VIC 3038

For further information please contact:
Samantha Beg, Community Liaison Officer
Phone: 9361 5904
Email: enrol@crcnk.vic.edu.au

Missed out on a Tour?

View Our Welcome and Facilities Video:
www.crcnk.com.au/enrolment/year-7-2023

Still Have Questions?

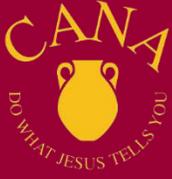
Why not book a live online chat with our
School Development Manager, Manny Gambin
Phone: 9361 5924
Email: mgambin@crcnk.vic.edu.au

1c Santa Monica Drive Keilor Lodge VIC 3038
Post: PO Box 40 Taylors Lakes VIC 3038
P: 03 9361 5900
E: office@crcnk.vic.edu.au
W: www.crcnk.com.au

2021 Year of Respect

"In everything, do to others as you would have them do to you." (Matthew 7:12)





Cana is committed to the Safety and Wellbeing of our students

School Hours

Music starts at 8:42am

Monday	8:45am – 3:15pm
Tuesday	8:45am – 3:15pm
Wednesday	8:45am – 3:15pm
Thursday	8:45am – 3:15pm
Friday	8:45am – 3:15pm

Mass Times

Saturday	
Sacred Heart	5:00pm
Emmaus	6:30pm
Sunday	
Sacred Heart	8:00am, 10:15am, 11:30am
Emmaus	9:00am
Parish Office / Presbytery Secretary Margaret	T: 9366 2146 F: 9366 9876

Second Hand Uniform

Due to the need for social distancing and other COVID safety measures, we cannot currently offer second-hand uniforms. We will advise when this returns and in the meantime recommend contacting your PSW outlet for uniform enquiries.



School Website

To watch videos from the website, the password you will need is:

PASSWORD: CanaVids



Mobile Phone App

We advise all families to download this App as this is our form of communication.



OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

Cana Bank Account

For EFT payments, please ensure you reference your SURNAME and your

6 – digit family ID

BSB: 083 347

Account: 563 101 059