

SCHOOL NEWSLETTER

Parish Priest

Fr Maurie Cooney

Principal

Mrs Carmen Blatti

principal@canahillside.catholic .edu.au

Deputy Principal /

Religious Education / ICT

/ Administration/

Mrs Lina Vermeulen

Lina.vermeulen@canahillside .catholic.edu.au

Deputy Principal /

Curriculum Coordinator / Learning Diversity

Mrs Liz Cutajar

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Accounts / Finance

Mrs Trudy Milligan

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Administrators

Mrs Carla Doherty,

Mrs Christina Theodosiou and

Ms Nadia Loterzo

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46 Banchory Avenue

Hillside, Victoria 3037

www.canahillside.catholic.edu.au

T: 8390 9200



TERM 1 ISSUE 6 Friday 10th March, 2023

Traditional Owners of the land on which Cana School stands in the suburb of Hillside.

We pay our respect to their Elders past, present and emerging.

We have reached another busy time of the year. Over the last few weeks we held a few school tours and on Tuesday we provided a Prep Information session for all perspective parents. It was a great turn out and we look forward to welcoming the families into our community in the near future.

On Monday it's a public holiday, hope everyone enjoys restful time shared with family and friends.

It has been lovely to see the families who join us each Friday to share in a Lenten prayer.

Lenten Prayer

Loving Father,
So many times I turn away from you and always you welcome me back.
Your mercy and love gives me confidence
Thank you for the invitation to share,
fast and pray so that you can
forms a new heart within me.
Your powerful compassion for my weaknesses

powerful compassion for my weaknesse leads me to ask for mercy and await with great hope the Easter joy you share with us.



Dates fo	r vour	Cal	lend	lar
Dates it	n your	Cal		

Term 1, 2023			
Monday 13th March	SCHOOL CLOSURE - Labor Day		
Wednesday 15th - Friday	Grade 6 Camp		
17th March			
Wednesday 15th March	NAPLAN - Writing Grade 3 and Grade 5		
Friday 17th March	Saint Patrick's Day - Come to school wearing GREEN		
Week of 20th of March	All Grades During the week of March 20th Hot Food will be available Details to follow		
Tuesday 21st March	NAPLAN Reading <u>Grade 3</u> and <u>Grade 5</u>		
Wednesday 22nd March	NAPLAN Language Conventions <u>Grade 3</u> and <u>Grade 5</u>		
Thursday 23rd March	NAPLAN Numeracy <u>Grade 3</u> and <u>Grade 5</u>		
Thursday 23rd March New Date	Parent Cyber Safety Meeting 7:00 to 8:30pm Details to follow Compulsory for Grade 5 parents, however all families are welcome		
	Details to follow		
Wednesday 29th March	Parish Prayers / Reconciliation at Emmaus Church		
Thursday 30th March	Parish Prayers / Reconciliation at Sacred Heart Church		
Tuesday 4th April	Easter Raffle Drawn		
Wednesday 5th April Rescheduled	Parent Cyber Safety Meeting 7:00 to 8:30pm Details to follow <u>Compulsory for Grade 5 parents</u> , however all families are welcome		
	Details to follow Rescheduled above School Closure		
Thursday 6th April -	Parent Teacher Interviews - Rescheduled to 11th May - see letter below		
Last Day of Term 1	NORMAL SCHOOL DAY		
Easter Celebrations EASTER	Thursday 6th April - Holy Thursday Friday 7th April - Good Friday Sunday 9th April - Easter Sunday		
Term 2, 2023			
Monday 24th April	School Closure		
Tuesday 25th April	School preparing for whole school review/First Aid training School Closure - ANZAC Day		
Wednesday 26th April	Students Return - Term 2		
Wednesday 26th April	Grade 6 Confirmation - Parent Engagement - 5pm - 6:30pm		

Details to follow

Thursday 11th May	School Closure
	Parent Teacher Interviews
	Early Advice - Sacraments 2023
Sunday 21st May	Grade 6 Confirmation, Emmaus Church 1:30pm and 3:30pm
Saturday 19th August	Grade 4, First Communion, Emmaus Church 11:30am and 1:30pm
Wednesday 11th October	Grade 3 Reconciliation, Emmaus Church 5pm and 6:30pm

Lost property

Please check lost property baskets. A number of items have been sitting in the baskets since the beginning of the year. Items must be collected before Friday 17th March.

Second Hand Uniform - SALES

Tables will have used uniforms for sale next Friday 17th March.

Before school from 8:30am - 9:00am and After School 3:00 pm - 3:30 pm. Outside school hall.

There is no set price however we ask for a reasonable donation for items taken.

Easter Raffle Donations

Thank you to the families who have already donated for the Easter Raffle, we appreciate your support. Raffle tickets went home Thursday Evening - \$5 for 10 tickets, all money raised goes towards purchasing items for the school and students. Please ensure all **tickets are returned back** to the school by **Friday 31st March**. It's very important that you place your name and number on each ticket. **Raffle will be drawn on Tuesday 4 April.**

Gathering for Lenten Prayer

As a Cana School Community we are offering parents / guardians the opportunity to gather together as a faith community for 15 mins to share in a Lenten Prayer in preparation of our Lord this coming Easter.

This prayer session will be held on Fridays in our hall from 8:45am - 8:55 am on the following days:

Friday 17th March Friday 24th March Friday 31st March Wednesday 5th April

These sessions will be led by Carmen Blatti and Lina Vermeulen.

Enrolment

The Enrolment form is now available via the Cana Website for 2024. If you have a child starting prep next year, you can now enrol them by filling out the enrolment form. All forms need to be submitted by **Tuesday 28th March at 3pm**

Mass at Cana

Mass at Cana is celebrated in year levels and occasionally on Holy Days of Obligation we will have whole school masses as we come together as a community to celebrate the Eucharist.

Below are the masses for Term 1. Hopefully you can join us.

Thursday 30th March 2pm	2J are preparing mass all grade Prep, one and two parents are invited to to attend the liturgy and celebrate the eucharist together.
Tuesday 4th April 2pm	Holy Week paraliturgy. All parents are invited to attend and be prayerful in this important week as we act out the Stations of the Cross.



St Patrick

St Patrick is the Patron Saint of Ireland.

His feast day is on 17th March.



St Patrick loved God so much that he taught us how to pray, using the shamrock – it is a three-leaf clover to teach us about the Father, Son and Holy Spirit. On his feast day we wear GREEN to remember what St Patrick did for the people of Ireland and around the world.

Students on Friday 17th March can come to school wearing GREEN. This can be a t-shirt, ribbon, shorts or hairclips. Please NO colour green hairspray.

School Advisory Council

The Cana School Advisory Council was established in 2022. This committee provides a forum for discussion and discernment, where parent voice and community perspective are available to inform and support the decisions made by the principal and the custodian of mission for the good of the school and parish where students' wellbeing and outcomes are paramount.

It is important that School Advisory Council members understand that their primary role is to provide assistance and advice on school matters to support the principal in the context of the MACS governance arrangements. School Advisory Council do not have legal identity and do not become involved in the day to day management of the school.

The following are some examples of the many ways the School Advisory Council may support the school and the principal:

- articulating and enacting the school's vision and mission
- promoting the school's Catholic ethos and culture
- supporting school policies as required
- giving advice to the principal on issues such as school improvement plans and enrolment trends
- giving advice to the principal about the school master plan
- reports and discussions revolve around the
 - Parish Life
 - School Life
- School Management Financial updates.



Members Names from left to right: Clara Latina, Clare Kheir, Trudy Milligan, Carmen Blatti, Zoltan Szasz, Lina Vermeulen, Piotr Cichy, Liz Cutajar and Fr. Maurie Cooney.

One meeting is held each term.

I take this opportunity to thank each council member for their time and commitment. Each member's voice is valued and much appreciated.

Plans for four new classrooms

I'm very excited to share with you the plans and design of the proposed new building.





Interschool Sports player of the week

Season 1, Round 2

Charlize Cunsolo

For scoring 10 goals in netball against Mackaller and showing great sportsmanship.



Parents/Families,

Parents we all need to be in partnership and to always be respectful of each other during all interactions - face to face or on social media. We are role models for our children and need to be reflective of our communications and actions.

If there are any concerns please see your child's classroom teacher as the first point of contact.



CANA CATHOLIC PRIMARY SCHOOL

A.B.N. 72 007 642 368

46 Banchory Avenue, Hillside Victoria 3037 Telephone (03) 8390 9200

www.canahillside.catholic.edu.au

Cana Catholic Primary School has a commitment to the care, safety and wellbeing of children.

Rationale

This Cana Catholic Primary School Parent Code of Conduct outlines the way in which our community requires all parents/carers and family members to conduct themselves when visiting our school, and communicating with students, staff and other parents in our school.

The Cana Catholic PS Parent Code of Conduct applies to all adults including parents, guardians, carers, step-parents, grandparents, extended family while involved in activities or communication related to Cana Catholic Primary School.

The School Policy & Advisory Guide, 'Visitors in Schools' requires all visitors to the school during school hours to sign a visitors' register located at the school office, so that their presence in the school is recorded for Child Safety reasons and in the event of an emergency. (excluding Mass and Interschool Sports)

When at school and within the proximity of the school

Parents/Carers will:

- use courteous and acceptable language when communicating with their own children, other students, staff and other
 parents/carers and members of the school community. There will be zero tolerance to any verbal or physical violence
 towards others.
- value our diverse community and respect the rights and practices of individuals and their families.
- respect points of view that are different from their own.
- firstly, speak directly to the teacher with any concerns regarding incidents in the school. The teacher will then refer the parent to appropriate staff if necessary.
- be mindful of the teacher's time, when wanting to communicate with them. Make a time to meet that does not disrupt the class unless there is a genuine emergency.
- listen respectfully, in the same manner required of students and staff when attending school assembly or informal/formal meetings.
- provide appropriate parental supervision before the bell in the morning and in the afternoon (3.15pm onwards Monday, Tuesday, Wednesday, Thursday and Friday).
- remove their child from a situation that involves any form of violence and seek support from staff members.
- model positive behaviours in front of all students at all times, whether on school grounds or within the proximity of the school.
- comply with the school onsite parking expectations, with road safety rules and parking signs when dropping off or picking up their children to and from school.
- comply with the Cana Catholic PS Attendance Policy and to use the SkoolBag App. (refer to Cana's website).
- ensure that your child complies with the Cana's School Uniform Policy (refer to Cana website).
- respect all Cana's policies and procedures (refer to Cana's website).
- Respect the privacy of teachers.

Unacceptable Behaviour

Parents/Carers will not:

- discipline a child who is not theirs or speak to a child who is not theirs about that child's behaviour. This is the role of the teaching staff. Being approached by an adult they do not know, can be distressing for children. Common sense would prevail if safety was an issue.
- use offensive language towards their own children, students, staff and other parents/carers and members of the school community when on school grounds or within the proximity of the school.
- interrupt or distract a teacher while classroom instruction or learning activities are underway.
- engage with staff, students or parents/carers in an aggressive manner regarding issues of a personal or school nature.
- engage in inappropriate physical contact with students, staff or other parents/carers.
- discriminate between or disrespect any member of our school community.
- disrupt the good order of the school by any means including: in person, via persons representing them or social media.
- Engage with a teacher about school matters outside the school environment.

When making a complaint

Parents have the right to raise issues and concerns related to the education/welfare of their child or other school matters.

There are a number of ways you can raise any concerns you have about your child. You can:

- · write a note or email your child's teacher outlining your concerns
- make an appointment to speak on the phone or in person with the class teacher or Wellbeing Coordinator; ensuring that you inform the school about the issue you wish to discuss
- consider speaking with the school's student wellbeing Coordinator/Leader if you feel that is appropriate
- arrange any meeting times or phone calls through the school office (this is more convenient for both you and your child's teacher and does not interrupt teachers during the time they need to be with their students)

Remember that the class teacher together with others who may be involved, should be given a reasonable amount of time to take the steps required to resolve or address your concerns.

Consequences of a Breach of Cana's Parent Code of Conduct

Any parent, member of school staff or student may notify the Principal of a possible breach of the Cana Parent Code of Conduct. The Principal will investigate the complaint and if satisfied that a breach has occurred will:

- A meeting may be terminated at any time if there is a breach of conduct
- provide a first and final warning that a breach of the Cana Code of Conduct has occurred and that a further breach will not be tolerated [5]
- issue a trespass warning to the parent if the behaviour was one of an aggressive manner. If the behaviour continues, may accelerate to a trespass notice prohibiting the parent from coming on school grounds for a designated period of time, determined by the Principal or their representative in line with MACS and DET guidelines

Regular review

This document will be reviewed every year in consultations with parent representatives, and following significant incidents if they occur. We will ensure that families have the opportunity to contribute. Where possible we do our best to work with local Aboriginal communities, culturally and/or linguistically diverse communities and people with a disability.

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NOTICE OF 2023 SCHOOL FEES

2nd December 2022

Dear Parents & Guardians

The Cana Catholic Primary School Fee and Levies for the 2023 School Year will be as follows:

Description	1 Child Family	2 Child Family	3 Child Family	4 Child Family
Family Fee	\$1,500.00	\$1,500.00	\$1,500.00	\$1,500.00
Grounds Maintenance Levy	\$200.00	\$200.00	\$200.00	\$200.00
Building Levy	150.00	150.00	150.00	150.00
Levies per Student				
Educational/Curriculum Levy	\$420.00	\$840.00	\$1,260.00	\$1,680.00
Excursion Levy	\$125.00	\$250.00	\$375.00	\$500.00
Technology Levy	\$400.00	\$800.00	\$1,200.00	\$1,600.00
TOTAL 2023 School Fees	\$2,795.00	\$3,740.00	\$4,685.00	\$5,630.00

In 2023, the School Fee per Family will be \$1,850.00 plus Levies per Student of \$945.00

Levies per Student: Education/Curriculum Levy of \$420.00

Excursion Levy of \$125.00

Technology Levy of \$400.00

(Yr 5 & 6 students only) Sport Levy of \$100.00 (Yr 3, 4 & 6 students only) Sacramental Levy of \$20.00

Please Note: Grade 6 Students Only - Camp costs will be invoiced during Term 1, 2023

New Levy School Building Levy \$150.00 per family

EARLY PAYMENT DISCOUNT - for School Fees paid in full before 8th April 2023 (End of Term 1, 2023)

\$50 Early Payment Discount is available to families who choose to pay their school fee account in full **before the end of Term 1**.

If paying 2023 school fees in full by the end of Term 1, please reduce your full account payment by \$50

Alternatively, Families paying by regular payment instalments throughout the year must comply with the following payment due dates:

PAYMENT DUE DATES AMOUNT REQUIRED TO BE PAID

Due Date: 6th April 2023 25% of annual Fee & Levies paid by end of Term 1

Due Date: 23^{rdh} June 2023 75% of annual Fee & Levies paid by end of Term 2

Due Date: 15th September 2023 **Balance paid in full no later than end Term 3 2023**

Families can choose to pay school fees by regular instalments either Weekly, Fortnightly, or Monthly

School Fees must be paid in full no later than end of Term 3, 2023

If required, School Fee Payment Plans need to be arranged with the School Bursar at the commencement of Term 1, 2023.

An appointment is required to arrange a Payment Plan Meeting. Please telephone the School Office on 8390 9200 if you require a Payment Plan appointment.

Mrs Carmen Blatti Principal

CANA

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NOTICE OF 2023 SCHOOL FEES

Payment Requirement Schedule

To ensure that you maintain your payment schedule, please refer to the table below as a guide, to assist with identifying the required level of payment required for your family structure.

		Early Full Payment Discount Criteria		Payments by Instalments by Term Due Dates		
Students per Family	Annual Fee/Levies	Early Payment Discount *	Payment required by 6/04/2023 *	25% paid by End Term 1 6 th April 2023	75% paid by End Term 2 23 rd June 2023	Balance Due by 15 th September 2023
1 child family	\$2,795.00	-\$50.00	\$2,745.00	\$698.75	\$2,096.25	\$698.75
2 child family	\$3,740.00	-\$50.00	\$3,690.00	\$935.00	\$2,805.00	\$935.00
3 child family	\$4,685.00	-\$50.00	\$4,635.00	\$1,171.25	\$3,513.75	\$1,171.25
4 child family	\$5,630.00	-\$50.00	\$5,580.00	\$1,407.50	\$4,222.50	\$1,407.50

If paying by instalments, please consider the level of payment required by each due date. If a Payment Plan is required, please contact the Cana Catholic Primary School Front Office to arrange for a private meeting with our School Bursar to discuss Payment Plan Options. Payment Plans provide maximum benefit when arranged early during Term 1.

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Cana Bank Account

For EFT payments, please ensure you reference your **SURNAME** and your **6 – digit family ID**

BSB: 083 347

Account: 563 101 059

Camps Sports and Excursion Fund Applications

The Camps, Sports and Excursions Fund (CSEF) provides financial support to eligible families so students can attend school camps, outdoor education and sporting programs, as well as incursions and excursions. If you have not applied for CSEF and hold a currently valid Healthcare Card, or if you have an existing card and a new child is joining Cana, please let the office know.

WEBINAR

RAISING KIDS IN A DIGITAL WORLD 2023

FOR PARENTS & CARERS

Cyberbullying

Online Gaming

Managing Devices in the Home

Social Media

Child & Tween
Online Trends

Strengthening Family Communication

Impacts of Screen Time Explicit/Adult Content

Cana Catholic Primary School | Thursday 23 March | 7.30pm



Martin McGauran
Primary School Lead Teacher
& Digital Safety Educator

- 90 minute live webinar
- · Opportunity for Q&A

Follow the link to register:

bit.ly/23march2023
(replay will be made available if you register)





Carley McGauran
Psychologist & Mum to 3 primary
and secondary aged kids

" It was wonderful to have both the technical and psychological side of cyber safety."

Parent of 6yo

"Marty and Carley were simply sensational. Their presentation was relevant, honest and informative. A MUST for each school, every year."

Principal

"An evening that provided some reality checks! A few new changes in our home this week!"

Parent of 9yo & 11yo





Will be on sale every Friday in Term 1 and 4

Varieties will vary from time to time

	Paddle Pop Icy Twist	\$1.50
*	Chocolate and Vanilla Frozen Yoghurt	
Taxifat pr Yunda	Chocolate and Vanilla 120ml- Milk (Water +Milk solids), Fresh Probiotics Yoghurt (25%), (Skim Milk Solids, Water, Cultures), Sugar, Dietary Fibre (Inulin), Pure Cocoa (4%) Vanilla (natural flavour), Maltodextrin, Xylitol, Vegetable Gums (Guar, Soy, Xanthan), Natural Flavours, Cultures (L. Acidophilus, Bifidobacteria & L. Casei).	\$1.50
	Strawberry and Vanilla Frozen Yoghurt	
Taixed Minis	Strawberry and Vanilla 120ml- Milk (Water +Milk solids), Fresh Probiotics Yoghurt (25%), (Skim Milk Solids, Water, Cultures), Sugar, Dietary Fibre (Inulin), Strawberries (4%) Vanilla (natural flavour), Pectin, Maltodextrin, Xylitol, Vegetable Gums (Guar, Soy, Xanthan), Citric Acid, Natural Flavours, Red Beet (Colour), Cultures (L. Acidophilus, Bifidobacteria & L. Casei).	\$1.50
	Chocolate Paddle Pop	\$2.00
	Rainbow Paddle Pop	\$2.00
	Paddle Pop Cylone	\$2. <i>50</i>
CALIPPO G	Calippo- Lemon, Pineapple and Raspberry	\$2.50

Please note strictly 1 ice cream per child only, available in Term 1 and 4. We are kindly asking for students to bring coins only for payment as large change will not be given.

Message from Fr. Maurie

Greetings to everyone!

It's been a busy week in the Parish Office again: the new round of Thanksgiving Envelopes has been prepared, however we've had delays with AustraliaPost – we have been assured that they will be delivered early next week. No such problems for the Direct Debit and Credit card contributors – except when the bank's computer system is occasionally 'down'! Renewed appreciation to all our Parishioners who enable the Parish's financial commitments to be fulfilled.

It has been an extended process to complete the compliance requirements for everyone participating in Ministries. It was a great response – 201 Parishioners have indicated that they will be participating in Ministry, many of them in several ministry areas. When all have been completed we will be in the position of gathering groups together and setting rosters in place. Thank you to all involved for your patience – and for your recognising that line from Pope Francis that "the lay people are not guests in the Church: you are as much part of the Church as everyone." The process has become more complex because of the requirements of the Archdiocese's and Government regulations.

Pope Francis acknowledged International Women's Day during the week: "On International Women's Day, I think of all women: I thank them for their commitment to building a more humane society through their ability to grasp reality with a creative eye and a tender heart." Pope Francis said this during his Wednesday General Audience in the Vatican on March 8. The day comes as Vatican News reports that in the 10 years of Pope Francis' pontificate, there has been a significant increase in the number of women working at the Vatican and women employed in senior positions.

See an attachment with this email (Women for our lives of faith) that presents timely reminder of some significant women who stand tall in our tradition of faith.

Lent continues. Each year the Season's first two Sunday Gospel Readings are always 'the temptations of Jesus in the wilderness' and 'the Transfiguration of Jesus'. Then, in a three-year cycle, the Gospel Readings change each year. With this weekend coming we have the story of Jesus and the Samaritan woman encountering each other at the well (John 4:5-42). There are so many dimensions to the story! One of them is that Jesus presumes the goodness in the woman's heart and spirt even though outward signs may not indicate that at first glance. Jesus is right, and discovering this with Jesus' guidance the woman spreads the word about the goodness of Jesus.

Another attachment with this email (*The autumn of our own existence*) reflects on this 'inner goodness/grace/blessing' in our own lives, that can be covered over just as the green of summer leaves cover up the rich colours of autumn that are always there.

Our twisted willow symbol on the sanctuaries of our churches makes a similar point, as what previously looked like dead branches are now showing out new growth, the potential for which was always there.

These images are about us, of course. As great twentieth century theologian, Karl Rahner, wrote – "Christ has come into our lives; the Holy Spirit has been given to us; the redemption has happened: the art is to discover that anew and become who we already are!"

One way of progressing in that is through the age-old discipline of fasting. This is Pope Francis take on that:

FASTING IN LENT

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your heart with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.

(Pope Francis based on an anonymous Latin prayer)

Blessings to all for the 3rd Week of Lent!

Maurie Cooney

(Parish Priest)



Sacred Heart / Emmaus Parish St Albans/Sydenham Western Plains Deanery Parish Priest: Fr. Maurie Cooney



Sacred Heart Mass Times:

7.30am

9.00am

5:00pm

6:30pm

9:00am

Slovene 2nd Sunday of month at 5:00pm

7:30am, 10:30am

Polish 9.00am

Weekdays

Saturday

Weekend

Saturday

Sunday

Saturday

Sunday

Tuesday - Friday

Emmaus Mass Times:

Third Sunday of Lent - Year A - 11th-12th March 2023

Parish Details:

Address:

4 Winifred Street, St Albans 3021

Phone: 9366 2146

Finance: Lorraine Stafford: <u>StAlbans.Finance@cam.org.au</u>
Parish Office: Lauren Maslaris: <u>StAlbans@cam.org.au</u>

Office Hours:
Monday— Wednesday: 9:30am—4:00pm
Thursday & Friday: 9:30am—2:30pm

Sacrament of Reconciliation:

Sacred Heart English Saturday 10.30am

Maltese every 4th Saturday 4.00pm

Baptism: Eight weeks notice is required Marriage: Six months noticed required

SAFEGUARDING POLICY

Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult. To report issues and concerns, contact: stalbans.csc@cam.org.au or 0413 841 936

ACKNOWLEDGEMENT OF COUNTRY

Sacred Heart-Emmaus Parish acknowledges the Wurundjeri people of the Kulin nation, the traditional owners of the land where we gather. We pay our respect to their elders past, present and emerging.

READINGS

 This Week:
 First Reading: Ex 17:3-7
 Second Reading: Rom 5:1-2. 5-8
 Gospel: Jn 4:5-42

 Next Week:
 First Reading: 1 Sm 16:1. 6-7. 10-13
 Second Reading: Eph 5:8-14
 Gospel: Jn 9:1-41

REFLECTION

REFLECTION: WE'RE ON THE WAY!

We are heading into the heart of our Lenten journey now. The Word of God now tells of Jesus' presence with those who embark on such a journey. This week he helps the woman-at- the-well explore the story of her life and faith, and then raises her to new life. Such can be the journey of Lent for us, too! To enable that,_ 'Harden not your hearts' we say in today's Responsorial Psalm.

Yes, a 'heart of stone' is not an uncommon experience, and can get embedded as part of our lives, becoming a habit in the way we regard some others and some parts of our world. During these next three weeks of Lent, there is the promise that God can bring about a kind of 'heart transplant', by replacing what is dead and stony in us with a new vitality. The three stories of Jesus-and-the-woman-at-the-well, Jesus-and-the-man-born-blind, and Jesus-and-the-man-who-had-died - which we hear over this and the next two Sundays of Lent - are all about the power of God in Christ to 'create a new heart' in us.

A stony heart can grow in times of frustration, disappointment, failure and rejection, and under the constant pressure of everyday life. We can become cold and hardened to those around us, to God, and to ourselves. In that condition, we can sin.

Our God-of-creation can warm those cold places of our hearts, and give new life to us. This is what the process of Lent calls us to: to recognise that we might need this life-giving presence of God in our lives more, to be open to that, to commit to ridding ourselves of some of our coldness, and to let God's promise of forgiveness and life embrace us.

Jesus invites the woman in today's story to 'go down into herself', just as a bucket is lowered into a well. She finds not only much about her life to share with him; she also finds the healing presence of the Lord.

LENT PRAYER AND RECONCILIATION SERVICES will be on

Wednesday 29th March at 7.30pm at Emmaus, and on Thursday 30th March at 7.30 at Sacred Heart with the opportunity for one-on-one Sacrament.

WE REMEMBER IN OUR PRAYERS

RECENT DEATHS: Tony Froster, Rena Apap

ANNIVERSARIES: Angela Xuereb, Michael & Josephine Piacentini, Pero Kilsanin, Michael & Jane Saliba, Mary Barbuto, Gemma & Vincent Castelino, Leo Castelino, Frank Jefelnik, Tessie Farrugia, Joseph Grech, Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg, Tome & Manda Viduka, Joeanne Martin, Nicky Daddy, Clarrie James, George Borg, Colin, Claceen, Jenny, Claire, Fo Heng Ly, George Bellard, Pjeter, Lize, Kolliy Dajcaj, Paul Aquilina, Charlie Camilleri, Carmenu Falzon, Leli Bugeja, Paul Aquilina, Fr. Joshua, Peter Muscat, Maria & Anthony Merceica, Tome & Manda Viduka, Aaron D'Souza, Fo Heang Lee, Stanko Duvnjak & Family, Nora Flores Perez, Gerry, Moira & Trevor Smith, Thomas & Mabel Meyn, Nicola Pacivllo, Domenico Greto.

OUR PASTORAL, SOCIAL & SCHOOL EVENTS

Pope Francis (Ash Wednesday 2017) suggests the following possible fasts... per-

haps more challenging than giving up chocolate!

Fast from hurtful words and speak kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your heart with joy.

Fast from selfishness and be compassionate.

Fast from grudges and be reconciled.

Fast from words; be silent so you can listen.

Risen Lord Community Prayer Group Lenten/Easter program

Our Prayer Group for many years have conducted Stations of the Cross during lent on Fridays from 7:15pm till 7:55pm prior to our prayer meeting. (Except for Friday 3rd of March)
Our parishioners of Sacred Heart/
Emmaus are most welcome to participate in the stations of cross. God Bless! Rukmal Mendis



During the Season of Lent we are urged to prepare for renewal in our faith at Easter [see reflection on the front page]. To assist with this, Lent calls us to particular focus on key elements in our living our faith: prayer, self-denial in order to consider others more, and deliberate actions of charity and support. **PROJECT COMPASSION** material is available in the foyers today – boxes, envelopes, leaflets, providing an opportunity for reaching out to others during this Season.

HOLY WEEK EASTER - MINISTRY

This weekend at Mass there will be sign up sheets to put your name down to participate in Mass during Holy Week.

As well as Readers and Communion Ministers, there will be roles for palm carriers, oil presenters, foot washers, cross carriers, water carriers and more!!! Sign on now!!

You can also call or email the Presbytery office to register 03 9366 2146 or stalbans@cam.org.au



PALM SUNDAY (1st-2nd April)
Usual weekend Mass times. Procession of Palms commences at the front of the churches

HOLY THURSDAY (6th April) EMMAUS: 7pm SACRED HEART: 7pm

GOOD FRIDAY (7th April) STATIONS OF THE CROSS 11am on 'the oval' at SACRED HEART

SERVICE OF THE LORD'S PASSION EMMAUS: 3pm SACRED HEART: 3pm

HOLY SATURDAY (8th April) BLESSING OF FOOD - SACRED HEART: 10am

> EASTER VIGIL (8th April) EMMAUS: 7pm SACRED HEART: 7pm

EASTER SUNDAY (9th April) EMMAUS: 9am SACRED HEART: 7.30am, 9am (Polish) 10.30am

St Mary of the Cross MacKillop

The work of God goes on and for this we have much to thank him. Mary MacKillop 24th. Apr. 1876.

WOMEN FOR OUR LIVES OF FAITH

Jesus applauds faith of several women in the gospels. It is women who proclaim the Resurrection of Jesus! Women are in his company throughout his ministry.

So many women of faith give shape to our lives and to our Tradition of faith.

Some of the more publicly known in the story of our Church are:

Esther, who pleaded against 'the powers' for the liberation of her people

Judith, who routed the plans of men and saved the community

Deborah, laywoman and judge, who led the people of God

Elizabeth of Judaea, who recognised and rejoiced in the life of another woman

Mary Magdalen, minister for Jesus, first evangelist of the Risen Christ

Scholastica, who taught her brother Benedict to honour the spirit above the system

Joan of Arc, who put no law above the law of God

Clare of Assisi, who confronted the Pope with the image of woman as equal

Julian of Norwich, who proclaimed the motherhood of God

Catherine of Siena, to whom the Pope listened

Teresa of Avila, who brought women's gifts to the reform of the Church

Edith Stein, who brought fearlessness to faith

Elizabeth Seaton, who broke down boundaries between lay women and religious by wedding motherhood and religious life

Dorothy Day, who led the Church to a new sense of justice

Mary, mother of Jesus, who heard the call of God and answered; who drew strength from the woman Elizabeth; who persisted in hardship bearing Christ; who ministered at Cana; who was inspirited at Pentecost; who turned the Spirit of God into the body and blood of Christ.

The list above is from Sr Joan Chittester, A litany of women for the Church [U.S.]

To that we can readily add these 'Aussies':

Mary MacKillop, who showed out the presence of Christ in Australian cities and towns and the bush to those in need.

Mary Glowrey, Melbourne woman who lived faith in action through prayer, learning, medicine, work for the poor and needy, serving woman and children in India.

Eileen O'Connor, who co-founded Our Lady's Nurses for the Poor in Sydney with the aim of creating a community of nurses to help the sick in the homes of the poor who could not pay.

Caroline Chisholm, who worked to provide safety and security to immigrants, especially women and families, in 1800s Sydney; and developed shelters for families travelling to the Victorian goldfields (one was situated at the far end of Keilor Village – see the sign in the park).

Given this brief list, it is no wonder that presentations to the Plenary Council urged our Church to recognise and implement an equal place for women in all elements of our Church—for we are a community of faith, faith in action for the gospel of Jesus, together, aren't we?



The Autumn of Our Own Existence

The hidden secret of Autumn: the leaves don't actually "turn" colours. With the winter season coming, and the process of photosynthesis being without the key ingredients of warmth and sunshine, trees begin to break down chlorophyll. With the "green" gone, the other colours that have been there all along — the magical reds, golds, and oranges — begin to express themselves.

That's the secret: it's the uncovering of the beauty has been there all along. And we as human beings are like this. Each one of us contains hidden jewels inside.

Each of us contains 'colours' inside, which can remain hidden by everything else that gets in the way. In terms of our life of faith, the 'colours' can be seen as being different divine qualities that are present inside each of one of us at all times: compassion, justice, kindness, forgiveness. These divine qualities can be masked, covered over, hidden in situations when other attitudes and behaviours show forth more strongly: selfishness, greed, anger, lack of consideration of others.

The hidden mystery of the Autumn season is that when the 'green life' goes, the colours inside are on display. And there is something similar that happens inside us when we let go of those other actions and attitudes.

This is a continuing challenge for us all as we try to live more and more the life of Jesus Christ in our own lives, responding to the gift of the Holy Spirit with which we have all been blessed.

Uncover the life of the Holy Spirit that is in you - and may be called to show up in new ways!

MASS TIMES:

Sacred Heart

Tuesday-Friday 7.30am

Saturday 9.00am, 5.00pm Sunday 7.30am,10.30am

Sunday Polish 9.00am

Slovene 2nd Sunday of month at 5.00pm

Emmaus Church

Saturday 6.30pm Sunday 9.00am

Sacrament of Reconciliation:

Sacred Heart English Saturday

10.30am

Maltese every 4th Saturday 4.00pm



Catholic Regional College NORTH KEILOR



We invite families to join us for an

INFORMATION SESSION

with Mr Tullio Zavattiero, Principal, members of the College Leadership Team and the Transition Team to learn about:

- Enrolling your child at CRCNK
- The Enrolment Process
- CRCNK's Criteria for Enrolment
- Year 7 2025 Enrolment Timeline

Register online via the Enrolments page on our College website



Catholic Regional College NORTH KEILOR



Engage with Student AmbassadorsShare Morning Tea

Term 1 2023 Tour Dates

- Friday 17 February
- Wednesday 22 February
- · Friday 3 March
- Wednesday 8 March
- Friday 31 March

Tours commence at 9.15am sharp and run for approximately 75 minutes.

Online bookings essential, to reserve your place: Visit our website: www.crcnk.com.au



YEAR 7 2025 KEY DATES

Thursday 16 March 2023 Enrolment Information Evening

> Friday 18 August 2023 Applications close

Friday 20 October 2023 Offers sent to families

Friday 10 November 2023 Final date for acceptance

For more information contact: Josie Zanic, Enrolment Registrar Email: enrol@crcnk.vic.edu.au

Phone: 9361 5904

2023 The Year of Kerilierce

Cana is committed to the Safety and Wellbeing of our students

School Hours

Music starts at 8:42am

Monday 8:45am - 3:15pm
Tuesday 8:45am - 3:15pm
Wednesday 8:45am - 3:15pm
Thursday 8:45am - 3:15pm
Friday 8:45am - 3:15pm

Recess 10.45am – 11.15am Lunch 1.00pm – 1.50pm

Mass Times

Saturday

Sacred Heart 5:00pm Emmaus 6:30pm

Sunday

Sacred Heart 8:00am, 10:15am, 11:30am

Emmaus 9:00am

Parish Office / Presbytery

Secretary Margaret

T: 9366 2146 F: 9366 9876

NO Second Hand Uniform

Sales

Due to the need for social distancing and other COVID safety measures, currently offer we cannot second-hand uniforms. We will advise when this returns and in the meantime recommend contacting **PSW** uniform your outlet for enquiries.



To watch videos from the website, the password you will need is:

PASSWORD: CanaVids



Mobile Phone App

We advise all families to download this App as this is our form of communication.





OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

Cana Bank Account

For EFT payments, please ensure you reference your **SURNAME** and your

6 – digit family ID

BSB: 083 347

Account: 563 101 059