



SCHOOL NEWSLETTER

Parish Priest

Fr Maurie Cooney

Principal

Mrs Carmen Blatti

principal@canahillside.catholic.edu.au

Deputy Principal /
Religious Education / ICT
/ Administration/

Mrs Lina Vermeulen

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Curriculum Coordinator /
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Administrators

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Mrs Christina Theodosiou and

Ms Nadia Loterzo

Office.staff@canahillside.catholic.edu.au

46 Banchory Avenue

Hillside, Victoria 3037

www.canahillside.catholic.edu.au



We respectfully acknowledge the Wurundjeri People of the Kulin Nation, who are the Traditional Owners of the land on which Cana School stands in the suburb of Hillside.

We pay our respect to their Elders past, present and emerging.



TERM 1 ISSUE 9 Friday 31st March, 2023

The end of the term is fast approaching, we only have one more week of Term 1 before we enjoy the Easter Break.

It has been great to see the students wear their blue "Stand Up" wristbands to school each day. The wristbands display a visual representation to look out for each other. The students have been exploring the meaning of bullying, how it makes people feel and the importance to "STAND UP" to prevent it from happening.

Lenten Prayer


God of infinite love,
I thank you for your love
and your call that we be more loving,
gentle and compassionate with others.

Here in the middle of Lent,
I turn to you for your help.
Please soften my heart and thought
Help me to be more compassionate
I ask you this, in Jesus' name.



Dates for your Calendar

Term 1, 2023

Thursday 4th April	Easter Paraliturgy at Cana - Stations of the Cross at 2pm
Tuesday 4th April	Easter Raffle Drawn at 2:45pm
Thursday 6th April - Last Day of Term 1	NORMAL SCHOOL DAY
Easter Celebrations 	Thursday 6th April - Holy Thursday Friday 7th April - Good Friday Sunday 9th April - Easter Sunday

Term 2, 2023

Monday 24th April	School Closure School preparing for whole school review/First Aid training
Tuesday 25th April	School Closure - ANZAC Day
Wednesday 26th April	Students Return - Term 2
Wednesday 26th April	Grade 6 Confirmation - Parent Engagement - 5pm or 6:30pm Information already provided to families
Thursday 11th May	School Closure Parent Teacher Interviews

Early Advice - Sacraments 2023

Sunday 21st May	Grade 6 Confirmation, Emmaus Church 1:30pm and 3:30pm
Saturday 19th August	Grade 4, First Communion, Emmaus Church 11:30am and 1:30pm
Wednesday 11th October	Grade 3 Reconciliation, Emmaus Church 5pm and 6:30pm

School Uniform

It has been noted that some children have not been wearing the correct school uniform. Children enrolled at the school will be expected to wear appropriate school uniform at all times. If you have long hair this needs to be tied back with the correct school colors eg. navy blue or maroon.

Gathering for Lenten Prayer

As a Cana School Community we are offering parents / guardians the opportunity to gather together as a faith community for 15 mins to share in a Lenten Prayer in preparation of our Lord this coming Easter.

This prayer session will be held on Fridays in our hall from **8:45am - 8:55 am** on the following days:

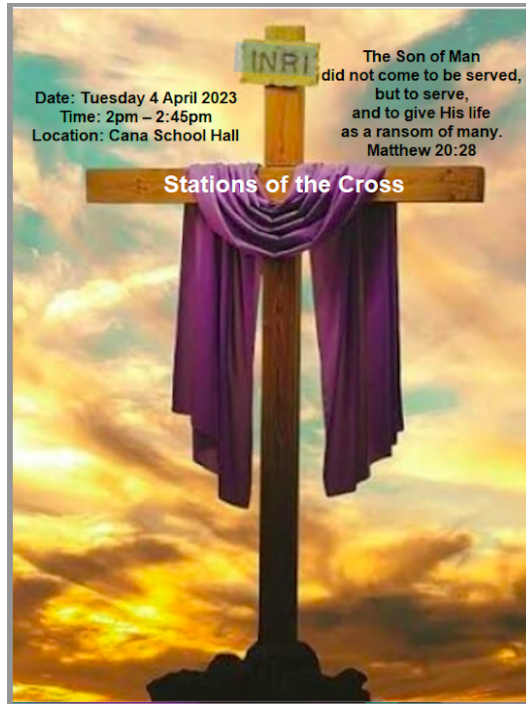
Wednesday 5th April

These sessions will be led by Carmen Blatti and Lina Vermeulen.

Easter Paraliturgy at Cana - Stations of the Cross

Tuesday 4th April
2pm

Holy Week paraliturgy. **All families are invited** to attend and be prayerful in this important week as we act out the Stations of the Cross.



Families please note on this day the school car park will not be open due to paraliturgy finishing close to end of school day. We need to ensure the school area is clear of cars when we dismiss the students. Please allow yourselves plenty of time to find a car park in the surrounding areas. Thank you for your understanding.

Mass Times for Term 2

Thursday 27th April	Held by Grade 6S	Thursday 8th June	Held by Grade 5C
Thursday 18th May	Held by Grade 4K & 4S	Thursday 22nd June	Held Grade 3L
Thursday 25th May	Held by Grade 1C		

Open Classrooms

This week families from Prep and Grade 6 have had the opportunity to come into their child's classroom to view the wonderful work they have been completing in Term 1. This is a great way for our school, in partnership with your family, to work together on your child's learning journey.

Can you please R.S.V.P your child' teacher if you would like to attend.

Grade 1 - Monday 3rd April, 2:30 - 3:00

Grade 2 - Wednesday 5th April, 2:30 - 3:00

Interschool Sports player of the week

Season 1, Round 4

Natasha Wolosz

For displaying exceptional tennis skills and being a great team player



Parents/Families,

Parents we all need to be in partnership and to always be respectful of each other during all interactions - face to face or on social media. We are role models for our children and need to be reflective of our communications and actions.

If there are any concerns please see your child's classroom teacher as the first point of contact.



CANA CATHOLIC PRIMARY SCHOOL

A.B.N. 72 007 642 368

46 Banchory Avenue, Hillside Victoria 3037

Telephone (03) 8390 9200

www.canahillside.catholic.edu.au

Cana Catholic Primary School has a commitment to the care, safety and wellbeing of children.

Rationale

This Cana Catholic Primary School Parent Code of Conduct outlines the way in which our community requires all parents/carers and family members to conduct themselves when visiting our school, and communicating with students, staff and other parents in our school.

The Cana Catholic PS Parent Code of Conduct applies to all adults including parents, guardians, carers, step-parents, grandparents, extended family while involved in activities or communication related to Cana Catholic Primary School.

The School Policy & Advisory Guide, '**Visitors in Schools**' requires all visitors to the school during school hours to sign a visitors' register located at the school office, so that their presence in the school is recorded for Child Safety reasons and in the event of an emergency. (excluding Mass and Interschool Sports)

When at school and within the proximity of the school

Parents/Carers will:

- use courteous and acceptable language when communicating with their own children, other students, staff and other parents/carers and members of the school community. There will be zero tolerance to any verbal or physical violence towards others.
- value our diverse community and respect the rights and practices of individuals and their families.
- respect points of view that are different from their own.
- firstly, speak directly to the teacher with any concerns regarding incidents in the school. The teacher will then refer the parent to appropriate staff if necessary.
- be mindful of the teacher's time, when wanting to communicate with them. Make a time to meet that does not disrupt the class unless there is a genuine emergency.
- listen respectfully, in the same manner required of students and staff when attending school assembly or informal/formal meetings.
- provide appropriate parental supervision before the bell in the morning and in the afternoon (3.15pm onwards Monday, Tuesday, Wednesday, Thursday and Friday).
- remove their child from a situation that involves any form of violence and seek support from staff members.
- model positive behaviours in front of all students at all times, whether on school grounds or within the proximity of the school.

- comply with the school onsite parking expectations, with road safety rules and parking signs when dropping off or picking up their children to and from school.
- comply with the Cana Catholic PS Attendance Policy and to use the SkoolBag App. (refer to Cana's website).
- ensure that your child complies with the Cana's School Uniform Policy (refer to Cana website).
- respect all Cana's policies and procedures (refer to Cana's website).
- Respect the privacy of teachers.

Unacceptable Behaviour

Parents/Carers will not:

- discipline a child who is not theirs or speak to a child who is not theirs about that child's behaviour. This is the role of the teaching staff. Being approached by an adult they do not know, can be distressing for children. Common sense would prevail if safety was an issue.
- use offensive language towards their own children, students, staff and other parents/carers and members of the school community when on school grounds or within the proximity of the school.
- interrupt or distract a teacher while classroom instruction or learning activities are underway.
- engage with staff, students or parents/carers in an aggressive manner regarding issues of a personal or school nature.
- engage in inappropriate physical contact with students, staff or other parents/carers.
- discriminate between or disrespect any member of our school community.
- disrupt the good order of the school by any means including: in person, via persons representing them or social media.
- Engage with a teacher about school matters outside the school environment.

When making a complaint

Parents have the right to raise issues and concerns related to the education/welfare of their child or other school matters.

There are a number of ways you can raise any concerns you have about your child. You can:

- write a note or email your child's teacher outlining your concerns
- make an appointment to speak on the phone or in person with the class teacher or Wellbeing Coordinator; ensuring that you inform the school about the issue you wish to discuss
- consider speaking with the school's student wellbeing Coordinator/Leader if you feel that is appropriate
- arrange any meeting times or phone calls through the school office (this is more convenient for both you and your child's teacher and does not interrupt teachers during the time they need to be with their students)

Remember that the class teacher together with others who may be involved, should be given a reasonable amount of time to take the steps required to resolve or address your concerns.

Consequences of a Breach of Cana's Parent Code of Conduct

Any parent, member of school staff or student may notify the Principal of a possible breach of the Cana Parent Code of Conduct. The Principal will investigate the complaint and if satisfied that a breach has occurred will:

- A meeting may be terminated at any time if there is a breach of conduct
- provide a first and final warning that a breach of the Cana Code of Conduct has occurred and that a further breach will not be tolerated
- issue a trespass warning to the parent if the behaviour was one of an aggressive manner. If the behaviour continues, may accelerate to a trespass notice prohibiting the parent from coming on school grounds for a designated period of time, determined by the Principal or their representative in line with MACS and DET guidelines

Regular review

This document will be reviewed every year in consultations with parent representatives, and following significant incidents if they occur. We will ensure that families have the opportunity to contribute. Where possible we do our best to work with local Aboriginal communities, culturally and/or linguistically diverse communities and people with a disability.



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NOTICE OF 2023 SCHOOL FEES

2nd December 2022

Dear Parents & Guardians

The Cana Catholic Primary School Fee and Levies for the 2023 School Year will be as follows:

<u>Description</u>	<u>1 Child Family</u>	<u>2 Child Family</u>	<u>3 Child Family</u>	<u>4 Child Family</u>
Family Fee	\$1,500.00	\$1,500.00	\$1,500.00	\$1,500.00
Grounds Maintenance Levy	\$200.00	\$200.00	\$200.00	\$200.00
Building Levy	150.00	150.00	150.00	150.00
<u>Levies per Student</u>				
Educational/Curriculum Levy	\$420.00	\$840.00	\$1,260.00	\$1,680.00
Excursion Levy	\$125.00	\$250.00	\$375.00	\$500.00
Technology Levy	\$400.00	\$800.00	\$1,200.00	\$1,600.00
<u>TOTAL 2023 School Fees</u>	<u>\$2,795.00</u>	<u>\$3,740.00</u>	<u>\$4,685.00</u>	<u>\$5,630.00</u>

In 2023, the School Fee **per Family** will be \$1,850.00 **plus** Levies **per Student** of \$945.00

Levies per Student: Education/Curriculum Levy of \$420.00

Excursion Levy of \$125.00

Technology Levy of \$400.00

(Yr 5 & 6 students only) Sport Levy of \$100.00

(Yr 3, 4 & 6 students only) Sacramental Levy of \$20.00

Please Note: Grade 6 Students Only - Camp costs will be invoiced during Term 1, 2023

New Levy School Building Levy \$150.00 per family

EARLY PAYMENT DISCOUNT – for School Fees paid in full before 8th April 2023 (End of Term 1, 2023)

\$50 Early Payment Discount is available to families who choose to pay their school fee account in full **before the end of Term 1**.

If paying 2023 school fees in full by the end of Term 1, please reduce your full account payment by \$50

Alternatively, Families paying by regular payment instalments throughout the year must comply with the following payment due dates:

PAYMENT DUE DATES

Due Date: 6th April 2023

Due Date: 23rd June 2023

Due Date: 15th September 2023

AMOUNT REQUIRED TO BE PAID

25% of annual Fee & Levies paid by end of Term 1

75% of annual Fee & Levies paid by end of Term 2

Balance paid in full no later than end Term 3 2023

Families can choose to pay school fees by regular instalments either Weekly, Fortnightly, or Monthly

School Fees must be paid in full no later than end of Term 3, 2023

If required, School Fee Payment Plans need to be arranged with the School Bursar at the commencement of Term 1, 2023.

An appointment is required to arrange a Payment Plan Meeting. Please telephone the School Office on 8390 9200 if you require a Payment Plan appointment.

Mrs Carmen Blatti
Principal



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NOTICE OF 2023 SCHOOL FEES

Payment Requirement Schedule

To ensure that you maintain your payment schedule, please refer to the table below as a guide, to assist with identifying the required level of payment required for your family structure.

<u>Students per Family</u>	<u>Annual Fee/Levies</u>	<u>Early Full Payment Discount Criteria</u>		<u>Payments by Instalments by Term Due Dates</u>		
		<i>Early Payment Discount *</i>	Payment required by 6/04/2023 *	25% paid by End Term 1 6 th April 2023	75% paid by End Term 2 23 rd June 2023	Balance Due by 15 th September 2023
1 child family	\$2,795.00	-\$50.00	\$2,745.00	\$698.75	\$2,096.25	\$698.75
2 child family	\$3,740.00	-\$50.00	\$3,690.00	\$935.00	\$2,805.00	\$935.00
3 child family	\$4,685.00	-\$50.00	\$4,635.00	\$1,171.25	\$3,513.75	\$1,171.25
4 child family	\$5,630.00	-\$50.00	\$5,580.00	\$1,407.50	\$4,222.50	\$1,407.50

If paying by instalments, please consider the level of payment required by each due date. If a Payment Plan is required, please contact the Cana Catholic Primary School Front Office to arrange for a private meeting with our School Bursar to discuss Payment Plan Options. Payment Plans provide maximum benefit when arranged early during Term 1.

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Cana Bank Account

For EFT payments, please ensure you reference your **SURNAME** and your **6 – digit family ID**

BSB: 083 347

Account: 563 101 059

Camps Sports and Excursion Fund Applications

The Camps, Sports and Excursions Fund (CSEF) provides financial support to eligible families so students can attend school camps, outdoor education and sporting programs, as well as incursions and excursions. If you have not applied for CSEF and hold a currently valid Healthcare Card, or if you have an existing card and a new child is joining Cana, please let the office know.

Message from Fr. Maurie

Greetings to everyone!

And so the Season of Lent comes to its end, and we pass into Holy Week this weekend which holds its great feasts of Palm Sunday, Holy Thursday, Good Friday, and Easter.

How has Lent been for you? The symbol of the twisted willow on the sanctuaries of our churches continues 'talk' to us. One of them is flourishing with new green leaves; for one of them it has been a struggle to push out new growth, with many bare branches still showing. Life works like this, doesn't it? At times it goes smoothly, even better than we hoped for; at times life is a struggle, with pain and doubt. This is also the broad story of God's people through our Scriptures. This includes the story of Jesus: it shows experiences of joy and thanksgiving, at times disappointment and frustration, suffering and death. And always the call is 'onward, onward!' At the heart of this is God's love for us, God's commitment to us, Jesus' faithfulness, and the Holy Spirit's stirring new life in us come what may.

We concluded our Lent journey during the week with our services of Prayer and Reconciliation. The shape of our prayer took us into the five Gospel readings of the Sundays of Lent, and led us to be honest and humble in confessing our sin and calling for God's forgiveness. An attachment with this email has some of the prayers we used: they may be helpful in your own prayer as we move from Lent into Holy Week.

Another attachment with this email reflects on the call of the Gospel [for us](#) to forgive others as God forgives us. It is from Lindy Chamberlin reflecting on the significance of forgiveness!

We had our Western Region Bishop with us for Confirmation last Sunday – Martin Ashe. Another reminder that we are part of the wider Archdiocese happens at the start of Holy Week as the Archbishop blesses the Holy Oils we will use in our Sacraments during the next twelve months. And a very practical indication that we are part of the 'wider Church' than only our own Parish came in the reminder that it is time to pay our 'quota' to the Archdiocese (\$50,000) to support its services including Office for Mission Renewal, Aboriginal Catholic Ministry, Tertiary Education Ministry, Catholic Vocations Office, Migrant Chaplains, Pastoral Associate support, Archdiocesan Communications, St Patrick's Cathedral, Clergy Life and Ministry, the Safeguarding Unit.

It is a very 'Catholic' perspective, isn't it, that we are always part of something bigger than ourselves, and to support that in our actions: our Schools/Colleges are parts of our Parish, our Parish is part of the Archdiocese, our Archdiocese is part of the Universal Church under the leadership of Pope Francis.

At their Mass yesterday, some of our Cana School young Parishioners did some 'catch up', acknowledging and peering into the feast of St Patrick of a couple of weeks ago. I read a piece the other day about another Saint in the March calendar, David – patron saint of Wales. It is said that St Patrick left Wales for Ireland to 'make room' for a holy man who would be born 30 years later. His name was David. Part of the legend is that he may have been the uncle of King Arthur, or his nephew. His preaching career is mostly lost, but his brief instruction has remained to "do the small things". At the end of Lent that is sound advice, do you think? Don't miss the opportunities to do something major; in the meantime, "do the small things".

The times of all our Holy Week liturgies are included in the Parish newsheet that is attached with this email.

Blessings for the week!

Maurie Cooney
(Parish Priest)

PRAYERS AT THE END OF LENT :

As the Season of Lent draws again to a close,
we thank you, Great God,
for drawing us together and for opening our
hearts.

We gather in humility, in reverence,
and in hope of your healing love.

You help us discover anew truths that can
shape our lives:
that You have always loved us, and always
will,
and that we can be renewed in Your life again
and again.

Inspire us tonight with your closeness and
presence among us.
Encourage us to try to grow in the ways of
your Kingdom.
Help us to rejoice in your life constant
amongst us. AMEN

EXAMINATION OF CONSCIENCE:

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and trust in God.
Fast from complaints and contemplate
simplicity.
Fast from pressures and be prayerful.
Fast from bitterness and fill your heart with
joy.
Fast from selfishness and be compassionate
to others.
Fast from grudges and be reconciled.
Fast from words and be silent so you can
listen.

*(Pope Francis based on an anonymous Latin
prayer)*

PRAYER OF CONFESSION

We confess to you, Lord, the sin in our lives
that brings unrest to ourselves, to our
families, our friends, our world, our Church.

Forgive us for living like this.
Forgive us our indifference to the needs of
others.

Forgive our distancing ourselves from people
who are different from us,
preoccupied as we often are with our own
wellbeing and security.

Raise us out of the sin we admit during Lent.
Help us to put aside those aspects of our lives
that do not reflect Your life,
for we know that we are made in your own
image and likeness, that Christ has come
amongst us and has shared his Life with us.
Raise us into the freedom and energy of
forgiven people
who experience the New Life set before us
this Lent and at Easter

We confess, and seek forgiveness and
renewal, O God of life and love for all!

PRAYER OF THANKS AND PRAISE:

Holy Creator God,
in this sacred time of searching for Your New
Life,
You have opened us to a greater awareness of
Your love for us
whom You have made in your own image and
likeness,
and renewed us in the life of Christ.
You show this in Your forgiveness for our sins
and Your calling us to new life.
We thank You!

We pray that, through Your life-giving
presence,
We may be healed in the depths of our spirit,
always ready to allow Your wisdom to spring
forth,
keeping us in the way of Christ, our Way, our
Truth, our Life.

Keep us new in bearing the life of Christ in our
world.



**Sacred Heart / Emmaus Parish
St Albans/Sydenham Western Plains Deanery
Parish Priest: Fr. Maurie Cooney**



Palm Sunday of the Passion of the Lord - Year A - 2nd April 2023

Parish Details:

Address: 4 Winifred Street, St Albans 3021
Phone: 9366 2146

Finance: Lorraine Stafford: StAlbans.Finance@cam.org.au

Parish Office: Lauren Maslaris: StAlbans@cam.org.au

Office Hours:

Monday— Wednesday: 9:30am—4:00pm
Thursday & Friday: 9:30am—2:30pm

Sacrament of Reconciliation:

Sacred Heart English Saturday 10.30am
Maltese every 4th Saturday 4.00pm

Baptism: Eight weeks notice is required

Marriage: Six months noticed required

Sacred Heart Mass Times:

Weekdays

Tuesday - Friday 7.30am
Saturday 9.00am

Weekend

Saturday 5:00pm
Sunday 7:30am, 10:30am
Polish 9.00am
Slovene 2nd Sunday of month at 5:00pm

Emmaus Mass Times:

Saturday 6:30pm
Sunday 9:00am

SAFEGUARDING POLICY

Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult. To report issues and concerns, contact: stalbans.csc@cam.org.au or 0413 841 936

ACKNOWLEDGEMENT OF COUNTRY

Sacred Heart-Emmaus Parish acknowledges the Wurundjeri people of the Kulin nation, the traditional owners of the land where we gather. We pay our respect to their elders past, present and emerging.

READINGS

This Week:	First reading: Is 50:4-7	Second Reading: Phil 2:6-11	Gospel: Mt 26:14 – 27:66
Holy Thursday:	First Reading: Ex 12:1-8, 11-14	Second Reading: 1 Cor 11:23-26	Gospel: Jn 13:1-15
Good Friday:	First Reading: Is 52:13 – 53:12	Second Reading: Heb 4:14-16; 5:7-9	Gospel: Jn 18:1 – 19:42
Easter:	First Reading: Acts 10:34, 37-43	Second Reading: Col 3:1-4	Gospel: Mt 28:1-10

REFLECTION

REFLECTION: Holy Week to Easter: what a week!!

As we take up the palms today, we mark the beginning of HOLY WEEK. Just that title suggests that we are invited to enter this time with reverence and to celebrate its rites with wonder, care and devotion.

The 'events' include the Blessing of the Oils by the Archbishop for our use in the Sacraments of Baptism, Confirmation, and Anointing of the Sick during the year until next Easter. These Oils will be presented to our community on Holy Thursday.

The 'Triduum' is the single ceremony that spreads over the three days of Holy Thursday-Good Friday-Easter Vigil, and Easter Eucharist.

We do not merely remember these days in the life of Jesus - his Last Supper, his arrest, torture and death on the cross, and his being raised to new life: we also reflect on, claim anew and celebrate the new life that He has brought to us for our own lives.

Jesus, Son of God, was born into the human experience of which we all are part, and in him we are raised into a new way of being: *"In him a new age has dawned, the long reign of sin is ended, a broken world has been renewed, and we are once again made whole!"* (4th Preface of Easter).

We have two adults preparing for Baptism-Confirmation-Eucharist at Easter time in our Parish this year. As they begin their full participation in the life of faith and the Church in which we all share, may Holy Week-Easter celebrations renew us all in our journey of shared faith!

See later in this newsheet for times of all our Holy Week>Easter liturgies.

LENT PRAYER AND RECONCILIATION SERVICES

Maltese confessions with Fr. Edwin Agius will be at Sacred Heart Church Saturday 1st April from 11am – 12pm.

WE REMEMBER IN OUR PRAYERS

RECENT DEATHS: Jozef Kazimierz Grzelak, Miryana Trajkovski, Pala Kovacevic. Moria Frances Farrugia, Deng Chol Ajak, Fr John Tollan

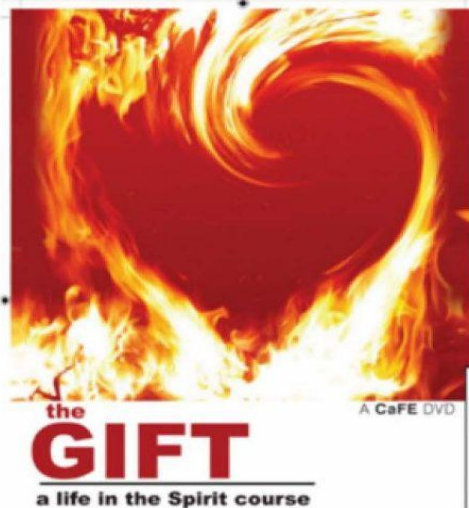
ANNIVERSARIES: Angela Xuereb, Michael & Josephine Piacentini, Pero Kilsanin, Aaron D'Souza, Paul Aquilina, Joe Xuereb, Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg, Ernest, Florence, Jeff & Stanley Felsing, Joseph Cefai, Mary-Jane Cefai, Tessie Farugia, Joelle Meyepa, Judith Antoine Osee, Emmanuel & Frank Grech, Carmeline & Martin Pinheird, Bridget Mitchell, Kaidan Nash, Mirtue Mijokralj, Anna Matoknevenka, Zvoko, Bilobrk, Klara Svaric, Ivocitmacic, Dragica Lucic, Leli Bugeja, Carmelo Falzon, Charlie Camilleri, Fr Joshua, Peter Muscat, Charlie, Joe & Mario Muscat, Fo Heang, Pino Grego

OUR PASTORAL, SOCIAL & SCHOOL EVENTS



During the Season of Lent we are urged to prepare for renewal in our faith at Easter [see reflection on the front page]. To assist with this, Lent calls us to particular focus on key elements in our living our faith: prayer, self-denial in order to consider others more, and deliberate actions of charity and support. **PROJECT COMPASSION** material is available in the foyers today – boxes, envelopes, leaflets, providing an opportunity for reaching out to others during this Season.

Please note—
For those Parishioners who contribute to Thanks giving via Credit card or Direct debit
Easter offering envelopes are available in the Church Foyer.



A response to Pope Francis' call to "share with everyone in the Church the grace of Baptism in the Holy Spirit"

An inspiring and practical video series aimed for all ages to help encounter the Holy Spirit and empower lives.

The teachings are rooted in the Bible, Catechism, Evangelii Gaudium and reflections on the Holy Spirit from Pope Francis. Presented by International Catholic speakers: David Payne, Michelle Moran, Charles Whitehead and Jenny Baker.

Come and join us with family and friends in a relaxed and informative Café style setting at:

Resurrection Catholic Parish, 51 Gum Road, Kings Park, Vic 3021

Dates: Fridays 28th April to 2nd June, 2023.

Time: 7pm – 8.30pm

Refreshments will be provided.

Register for free by 23rd April

<https://www.trybooking.com/CFTAY>



For further details contact: 0466051238 or 0403616412



PALM SUNDAY (1st-2nd April)

Usual weekend Mass times. Procession of Palms commences at the front of the churches

HOLY THURSDAY (6th April)

EMMAUS: 7pm

SACRED HEART: 7pm

GOOD FRIDAY (7th April)

STATIONS OF THE CROSS 11am on 'the oval' at SACRED HEART

SERVICE OF THE LORD'S PASSION

EMMAUS: 3pm

SACRED HEART: 3pm

HOLY SATURDAY (8th April)

BLESSING OF FOOD -SACRED HEART: 10am

EASTER VIGIL (8th April)

EMMAUS: 7pm

SACRED HEART: 7pm

EASTER SUNDAY (9th April)

EMMAUS: 9am

SACRED HEART: 7.30am, 9am (Polish) 10.30am

GOOD FRIDAY - HOLY LAND COLLECTION

Please note that there will be a basket in the foyer of the Church if anyone wishes to support this cause or contact the Commisary direct:
47 Victoria Street, Waverley NSW 2024, Aust
Tel: (02) 9369 9300
Email: holyland@franciscans.org.au

St Mary of the Cross MacKillop

Pray for the poor people speaking against us.

Mary MacKillop 3rd. May 1874

If we want to be happy, we need to forgive (Lindy Chamberlin)

Published: June 15, 2012



I am often asked why I am not angry and bitter about what has happened in my life. This is the way I look at it, writes Lindy Chamberlain-Creighton in *Aurora*.

We will be betrayed in life and it is not always intentional or personal. Sometimes it is because our expectations are unreasonable. It isn't easy to remain calm when everything goes wrong. We need to know when we are knocked down that it is important not to stay down.

When someone does something nasty to us or makes a mistake, we need to rub it out, put it behind us and carry on, not rub it in until it is a permanent stain on everything we do, think and are.

Mother Teresa is reported to have had these words on her wall: "People are often unreasonable, illogical, and self-centred: forgive them anyway." If we have faith in God and in ourselves, nothing can permanently affect us.

Resentment, hatred, anger and emotional hurt can all be justified at times. However, the cost of *not* forgiving is far too high. Bemoaning what we don't have, or what we want to change, means we can't enjoy fully what we do have.

No matter how much we read or are told that we need to forgive, it is simply academic, and is of little use unless we know how to go about it, and are ready to do so. We hold on to the past unless we can see something better in the future.

When we are still hurt and angry over what has happened to us, we tend to use anger as a suit of armour to shield ourselves from the possibility of any further real or imagined hurt. Eleanor Roosevelt wrote, "Anger is only one letter short of Danger."

We want rectification, which is often impossible, so we channel our frustration into anger. Until we see another way to move ahead, we at least feel like we have some control while we make angry plans for revenge or restitution. We are not really in control. It is the anger that controls us. We cannot move forward in this state, but can make everything worse.

Will be on sale every Friday in Term 1 and 4

Varieties will vary from time to time



Paddle Pop Icy Twist

\$1.50

Chocolate and Vanilla Frozen Yoghurt



Chocolate and Vanilla 120ml- Milk (Water +Milk solids), Fresh Probiotics Yoghurt (25%), (Skim Milk Solids, Water, Cultures), Sugar, Dietary Fibre (Inulin), Pure Cocoa (4%) Vanilla (natural flavour), Maltodextrin, Xylitol, Vegetable Gums (Guar, Soy, Xanthan), Natural Flavours, Cultures (L. Acidophilus, Bifidobacteria & L. Casei).

\$1.50

Strawberry and Vanilla Frozen Yoghurt



Strawberry and Vanilla 120ml- Milk (Water +Milk solids), Fresh Probiotics Yoghurt (25%), (Skim Milk Solids, Water, Cultures), Sugar, Dietary Fibre (Inulin), Strawberries (4%) Vanilla (natural flavour), Pectin, Maltodextrin, Xylitol, Vegetable Gums (Guar, Soy, Xanthan), Citric Acid, Natural Flavours, Red Beet (Colour), Cultures (L. Acidophilus, Bifidobacteria & L. Casei).

\$1.50



Chocolate Paddle Pop

\$2.00



Rainbow Paddle Pop

\$2.00



Paddle Pop Cylone

\$2.50



Calippo- Lemon, Pineapple and Raspberry

\$2.50

Please note strictly 1 ice cream per child only, available in Term 1 and 4.

We are kindly asking for students to bring coins only for payment as large change will not be given.

Catholic Regional College NORTH KEILOR



COLLEGE TOURS

Bring your child to a College Tour and:

- Meet the College Principal
- Visit classes in action
- Chat to the Transition Team
- Engage with Student Ambassadors
- Share Morning Tea

Term 1 2023 Tour Dates

- Friday 17 February
- Wednesday 22 February
- Friday 3 March
- Wednesday 8 March
- Friday 31 March

Tours commence at 9.15am sharp and run for approximately 75 minutes.

Online bookings essential, to reserve your place: Visit our website: www.crcnk.com.au



YEAR 7 2025 KEY DATES

Thursday 16 March 2023
Enrolment Information Evening

Friday 18 August 2023
Applications close

Friday 20 October 2023
Offers sent to families

Friday 10 November 2023
Final date for acceptance

For more information contact:
Josie Zanic, Enrolment Registrar
Email: enrol@crcnk.vic.edu.au
Phone: 9361 5904

2023 *The Year of Resilience*

'All the darkness in the world cannot extinguish the light of a single candle' (Attributed to St Francis of Assisi)



Cana is committed to the Safety and Wellbeing of our students

School Hours

Music starts at 8:42am

Monday 8:45am – 3:15pm
Tuesday 8:45am – 3:15pm
Wednesday 8:45am – 3:15pm
Thursday 8:45am – 3:15pm
Friday 8:45am – 3:15pm

Recess 10.45am – 11.15am

Lunch 1.00pm – 1.50pm

Mass Times

Saturday

Sacred Heart 5:00pm
Emmaus 6:30pm

Sunday

Sacred Heart
8:00am,
10:15am,
11:30am

Emmaus
9:00am

Parish Office / Presbytery

Secretary Margaret

T: 9366 2146

NO Second Hand Uniform

Sales

Due to the need for social distancing and other COVID safety measures, we cannot currently offer second-hand uniforms. We will advise when this returns and in the meantime recommend contacting your PSW outlet for uniform enquiries.



School Website

To watch videos from the website, the password you will need is:

PASSWORD:

CanaVids



Mobile Phone App

We advise all families to download this App as this is our form of communication.



OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

Cana Bank Account

For EFT payments, please ensure you reference your SURNAME and your

6 – digit family ID