



# SCHOOL NEWSLETTER

## Parish Priest

Fr Maurie Cooney

## Principal

Mrs Carmen Blatti

principal@canahillside.catholic.edu.au

Deputy Principal / Faith and Mission / ICT / Administration/

Mrs Lina Vermeulen

Lina.vermeulen@canahillside.catholic.edu.au

Deputy Principal / Curriculum Coordinator / Learning Diversity

Mrs Liz Cutajar

elizabeth.cutajar@canahillside.catholic.edu.au

Child Safety Officer / Wellbeing Leader

Mr Brett Grealy

brett.grealy@canahillside.catholic.edu.au

Accounts / Finance

Mrs Trudy Milligan

Trudy.milligan@canahillside.catholic.edu.au

Administrators

Mrs Carla Doherty,

Mrs Christina Theodosiou and

Ms Nadia Loterzo

Office.staff@canahillside.catholic.edu.au



We respectfully acknowledge the Wurundjeri People of the Kulin Nation, who are the Traditional Owners of the land on which Cana School stands in the suburb of Hillside. We pay our respect to their Elders past, present and emerging.



## TERM 3 ISSUE 6 Friday 18th August, 2023

On Tuesday the Class of 3M presented a beautiful Mass alongside Fr. Maurie, for the Assumption of the Blessed Virgin Mary. It was a special Mass celebrated with the whole school. This weekend our Grade 4's celebrate their First Holy Communion. Wishing them all the very best on this very important day. Hope all families have a wonderful day celebrating. Don't forget, our Book Week Dress-up Parade is now on Monday 21st August at 8:45am, can't wait to see all the children dressed up in their favourite costumes.

### Prayer for the Assumption of the Blessed Virgin Mary

Almighty and everlasting God,  
You have taken up body and soul  
into the heavenly glory the Immaculate Virgin Mary,  
Mother of Your Son: Grant, we beseech You,  
that, ever intent upon heavenly things,  
we may be worthy to be partakers of her glory.  
Through Jesus Christ Your Son, our Lord,  
who lives and reigns with You and the Holy Spirit,  
One God, forever and ever.

Amen.

# Dates for your Calendar

## Term 3, 2023

Monday 21st August	Book Week <b>New Date</b> - Dress up Parade at 8:45am - Details below for events happening during the week
Tuesday 22nd August	Grade 5 - Viewing CRC Caroline Springs Performance (High School Musical)
Friday 1st September	Father's Day Stall
Monday 4th September	Father's Day Morning Tea - Details below
Monday 4th - Friday 8th September	Book Fair - Will be held during this week in the hall - Details to follow
Monday 4th September	Parent / Teacher Interviews 3:30pm - 4:30pm
Tuesday 5th September	Grade 3 - Excursion Melbourne / MCG
Wednesday 6th September	Grade 5 - Excursion to Sovereign Hill
Thursday 7th September	<b>School Closed</b> - Parent / Teacher Interviews - 8:30am - 3:30pm
Friday 8th September	Grade 1 - Excursion to the Zoo
Tuesday 12th September	Grade 6J - Excursion to Parliament
Wednesday 13th September	Grade 6S - Excursion to Parliament
Thursday 14th September	Footy Day - Details to follow
Friday 15th September	<b>End of term 3</b> - Students finish at 1:00pm

## Term 4, 2023

Monday 2nd October	First Day of Term 4, 8:45am start
<b>Sacraments 2023</b>	
Saturday 19th August	Grade 4, First Communion, Emmaus Church 4S -11:30am and 4K-1:00pm
Wednesday 11th October	Grade 3 Reconciliation, Emmaus Church 5pm and 6:30pm

### Mass Times for Term 3

Mass at Cana is celebrated in year levels and occasionally on Holy Days of Obligation we will have whole school masses as we come together as a community to celebrate the Eucharist. Below is our last mass for Term 3. All families are welcome to attend.

**Thursday 14th September - 2pm**

Held by Grade 4S

### Lost Property

Families, we have a large amount of jumpers, jackets and lunch boxes in lost property. If your child has missed placed any of these items can you please look through lost property located in the hall. Any items not collected by the end of next week 25th August will be donated.

## Open Classroom

This term we will be providing parents / guardians with an opportunity to visit their child/s classroom to see their learnings.

**Open classrooms for parents/guardians to see student learning**



Date	Class	Date	Class
<b>Thursday 31st August</b> 2.30pm - 3.00pm	Grade 3	<b>Tuesday 5th September</b> 2.30pm - 3.00pm	Grade 4
<b>Friday 1st September</b> 2.45pm - 3.15pm	Grade 1	<b>Wednesday 6th September</b> 2.30pm - 3.00pm	Grade 6
<b>Monday 4th September</b> 2.30pm - 3.00pm	Grade 5	<b>Friday 8th September</b> 2.30pm - 3.00pm	Prep



# School Fees



## CANA CATHOLIC PRIMARY SCHOOL

A.B.N. 72 007 642 368

46 Banchory Avenue HILLSIDE Victoria 3037

Phone (03) 8390 9200

[www.canahillside.catholic.edu.au](http://www.canahillside.catholic.edu.au)

Cana Catholic Primary School has a commitment to the care, safety and wellbeing of children.

## NOTICE OF 2023 SCHOOL FEES

### Payment Requirement Schedule

To ensure that you maintain your payment schedule, please refer to the table below as a guide, to assist with identifying the required level of payment required for your family structure.

Students per Family	Annual Fee/Levies	Early Full Payment Discount Criteria		Payments by Instalments by Term Due Dates		
		Early Payment Discount *	Payment required by 6/04/2023 *	25% paid by End Term 1 6 <sup>th</sup> April 2023	75% paid by End Term 2 23 <sup>rd</sup> June 2023	Balance Due by 15 <sup>th</sup> September 2023
1 child family	\$2,795.00	-\$50.00	\$2,745.00	\$698.75	\$2,096.25	\$698.75
2 child family	\$3,740.00	-\$50.00	\$3,690.00	\$935.00	\$2,805.00	\$935.00
3 child family	\$4,685.00	-\$50.00	\$4,635.00	\$1,171.25	\$3,513.75	\$1,171.25
4 child family	\$5,630.00	-\$50.00	\$5,580.00	\$1,407.50	\$4,222.50	\$1,407.50

If paying by instalments, please consider the level of payment required by each due date. If a Payment Plan is required, please contact the Cana Catholic Primary School Front Office to arrange for a private meeting with our School Bursar to discuss Payment Plan Options. Payment Plans provide maximum benefit when arranged early during Term 1.

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**Reminder:-** Families this is a reminder that the **Balance** of the annual school fee and levies is due to be paid by the end of Term 3.

Our school fee payment method is by Electronic Funds Transfer (EFT) deposited directly to the school bank account. Leadership undertook a review of our cash handling procedural requirements following new cash deposit limitations introduced by the National Australia Bank (NAB) together with consideration for staff personal safety whenever conducting school matters offsite. For this reason, school fee cash payments are no longer accepted at the front office.

School fees can still be paid by cash as a direct deposited to the Cana school bank account either at your bank or by use of an Automated Teller Machine (ATM). The Cana Catholic Primary School bank account is:

**BSB:** 083 347

**Account No:** 563 101 059

**Reference:** Please quote your **Account Code** and **Surname** to identify your payment

# Bingo Night 2023

*What a fantastic time we all had at our 2023 Bingo Night. It was a great turn out with over 130 people attending on the night. There were many actions and prizes won across the night. It was great to see everyone having a great time. We successfully made a profit of \$2374, thank you to Alexandra O'Shea and Aiden Cassar for organising and running a sensational night. To our parents and friends committee that worked tirelessly to organise donations and food.*



Cana's Bingo with a blast is proudly sponsored

by....



Interschool Sports player of the week

Season 2, Round 6

Alex Cutajar



**For showing incredible pitching and leadership skills!**

# *Cana Athletics Team at the Sydenham District Sports Carnival*

*On Wednesday Cana had 25 students representing our school at the Sydenham District Athletics Carnival held at Keilor Park. Our students are to be commended for their attitude and determination throughout the day. Overall, Cana finished 7th in the Sydenham district. Congratulations to the following students for achieving a top 3 finish. All these students will progress to the District Athletics carnival held next month.*

*Laila D'amico: 1st- Hurdles*

*Isabella Giampiccolo: 1st- Triple Jump*

*Cooper Shein: 2nd- 800m, 3rd- 1500m*

*Atong Mager: 2nd- 100m, 3rd- High jump*

*Lucas Jose: 2nd- Long Jump*

*Ryan Rajski: 2nd- 1500m*

*Lana Mussel: 2nd- 1500m*

Check out our school  
website for more pics



# Managing anxiety before it becomes a problem

- by Michael Grose



The president of Australian Primary Principals Association (APPA) recently highlighted the enormity of the anxiety problem that children are facing. A survey of primary schools across Australia conducted by the APPA showed that 80% of school leaders regard anxiety as a significant issue for children.

Research shows that childhood anxiety left unmanaged will almost certainly re-emerge, highlighting the importance of early detection and management of anxiety. Parents, as first responders, play an important role by minimising the impact of stressful moments before they lead to full-blown anxiety. Here's how they can help.

## Recognise anxiety triggers

Recognising the events that trigger anxiety is the first step in helping a child to manage their stress. Rapid or unpredictable change, new social situations, unfamiliar events and difficult experiences are the most common anxiety stressors for kids.

## Know how it shows

Stress and anxiety show in many ways however most children display anxiety behaviours that are unique to them. Typically, anxiety shows through physical signs such as chest pains, nausea and headaches. Anxiety can be observed through behavioural clues such as avoidance of activities, aggression, concentration difficulties and constant fiddling and movement. Worrying, overthinking and catastrophising are also common in children who experience anxiety. Knowing how anxiety shows in your child will alert you to respond appropriately with support and understanding.

## Give kids tools to manage their states

Once anxiety is experienced it never truly disappears. It's always there in the background. Anxiety needs managing so kids can get on with their lives rather than become overwhelmed by stress and worry. Providing children with tools to manage their thinking, emotional and physical states prevents anxiety from becoming debilitating. Management tools such as deep breathing, mindfulness and exercise as well as techniques to help kids distance themselves from their anxiety-inducing thoughts help them minimise the impact of stress.

## Help them understand how anxiety works

Children who understand what happens in their brains and bodies when they are stressed are better able to manage their anxious states. Providing children with a thorough knowledge of how anxiety works and how it shows empowers them to push their worries into the background while they get on with their lives. Managing anxiety takes practice, but it's absolutely essential if children are to flourish rather than become overwhelmed by stress and worry.

## In closing

Stress and anxiety have accelerated with the impact of the pandemic. The growing rate of anxiety is no one's fault, however it does mean that parents need to become more knowledgeable about how anxiety works, how it shows and how you can help your children.

If your child requires any support in the areas of mental health and wellbeing you are warmly invited to make contact with Vanessa Coulter or Brett Grealy in person or via email:





2023

# BOOK WEEK

“READ, INSPIRE, GROW”



DRESS UP DAY  
MONDAY 21<sup>st</sup> AUGUST 2023



Come to school dressed as your favourite character or book.

We will have a Dress Up Parade at 8:45am. All families welcome.



Stay tuned for more exciting activities Cana will be doing during Book Week!

We can't wait to see your wonderful costumes!





Look at all the wonderful activities Cana has planned for **BOOK WEEK 2023!**



**MONDAY 21<sup>st</sup> AUGUST 2023**  
Book Week Dress Up Day!  
Parade after morning assembly



**TUESDAY 22<sup>nd</sup> AUGUST 2023**  
Maths Book Week Challenge Activities!

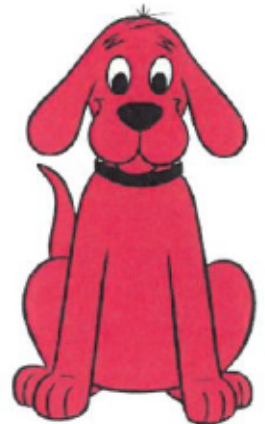
**WEDNESDAY 23<sup>rd</sup> AUGUST 2023**  
Bring your favourite book to school!



**THURSDAY 24<sup>th</sup> AUGUST 2023**  
Book Week Teacher Swap!  
Teachers will swap grades to share their favourite book with another class!



**FRIDAY 25<sup>th</sup> AUGUST 2023**  
Students will go on a Book Week adventure, visiting other grades' Book Week displays!



**BUT WAIT!!! THERE'S MORE...**

Book Week colouring competition (prizes to be won), Where's Wally challenge, and heaps of other cool Book Week activities in class!



We hope you have lots of fun and remember...  
**READ, INSPIRE, GROW!**



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# Father's Day



A morning to celebrate  
Monday 4th September  
(rostered day off for those in a trade)

8.15 to 8.45am

Coffee, tea, pastry/biscuits  
will be served

(juice for children)

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## Expression of interest for catering purposes

Will attend (Fathers only)

Number of children attending \_\_\_\_\_



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*Cana Catholic Primary School has a commitment to the care, safety and wellbeing of children.*

## The Child Safe Standards

The safety of each child at Cana is of the utmost importance. It is our duty of care to ensure each child feels safe within all environments including school, home, and the community.

To comply with the [Ministerial Order No. 1359 – Implementing the Child Safe Standards](#), Cana is required to meet the Child Safe Standards 1-11. Below is an outline of each Child Safe standard. More information on each standard can be found here: [The 11 Child Safe Standards](#)

**Standard 1:** To establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and valued.

**Standard 2:** Child safety and wellbeing are embedded in organisational leadership, governance, and culture.

**Standard 3:** Children and young people are empowered about their rights, participate in decisions affecting them and are taken seriously.

**Standard 4:** Families and communities are informed and involved in promoting child safety and wellbeing.

**Standard 5:** Equity is upheld, and diverse needs respected in policy and practice.

**Standard 6:** People working with children and young people are suitable and supported to reflect child safety and wellbeing values in practice.

**Standard 7:** Processes for complaints and concerns are child focused.

**Standard 8:** Staff and volunteers are equipped with the knowledge, skills, and awareness to keep children and young people safe through ongoing education and training.

**Standard 9:** Physical and online environments promote safety and wellbeing while minimising the opportunity for children and young people to be harmed.

**Standard 10:** Implementation of the Child Safe Standards is regularly reviewed and improved.

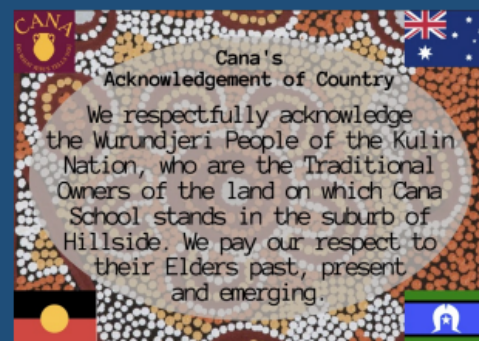
**Standard 11:** Policies and procedures document how the school is safe for children and young people.

**In future editions of the newsletter, each Child Safe Standard will be explored in further detail with examples of how it is implemented at Cana.**

## Child Safe Standard 1

Establish a culturally safe environment in which the diverse and unique identities and experiences of Aboriginal children and young people are respected and values.

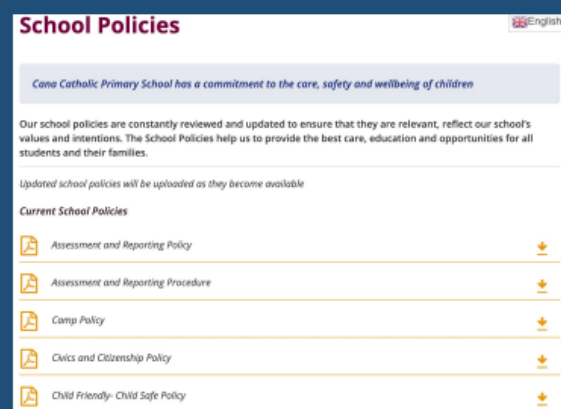
- At Cana, we have embedded our Acknowledgement of Country into our Monday morning assembly.
- The Aboriginal and Torres Strait Island flags are flown everyday in our central courtyard.
- Aboriginal and Torres Strait Islander histories and culture are embedded through our curriculum planning.



## Child Safe Standard 2

Child safety and wellbeing is embedded in organisational leadership, governance and culture.

- Child safety is important to everyone at Cana.
- We are guided by policies and procedures outlining how we find, avoid and stop risks of harm to our students.
- This information is available to all to access on our school website
- Visit the School Policies section of our website for further information.



# Newsletter



## Term-3 Newsletter.

Welcome back to all the families of the children part of OSHC. We are in term 3 and past the middle of the year. We all were excited for the holidays and upon returning we all discussed our holidays. The children shared their thoughts and their ideas in a group discussion. We had lots of fun with the children and their participation in their activities, we have launched multiple new activities with one of the said activities being a program called global kid. During the term, my superstars made Lego city towers and castles using their creative skills. Some of them made a sky tower with pipe sticks and they also made wooden pencil boxes and a wooden plane. Based on the NQF physical environment the children were adequately engaged in the various type of spontaneous activities like dodgeball, soccer, red light green light, fruit salad and other outside play activities. We also celebrated the children's birthdays with their friends.

Thank you so much everyone for your support and love



## Coming Up



International aboriginal day



Fathers day celebration



## **Message from Fr. Maurie**

Hello everyone!

After being drawn right into the energy around the football/soccer over the past month, and starting to appreciate that a match can be absorbing for 1½ plus hours without a score – I still don't understand the offside rule! That didn't stop my from throwing my hands in the air in the foyer of Emmaus church after Mass last Saturday night as we huddled around a phone watching that shoot-out!

It was a big Parish weekend – we had three extra Masses in our Emmaus church with the First Communicants from Emmaus School. This coming weekend we gather there again with young Parishioners from our Cana School for two First Communion Masses. This weekend's Baptisms are at Emmaus, too! Everything goes smoothly because of the planning and organising and commitment of all who shape and enable those great Church celebrations: thank you!

Ann and Tony spoke at Masses last weekend calling for new participants in our Ministry to those in the four Aged Care/Nursing Homes in our Parish. With fingers crossed and calling on the stirring of the Holy Spirit, they spoke about this Ministry and the need we have to recruit more Parishioners to these Teams. And 32 – yes, thirty-two – Parishioners approached Ann and Tony and other current Team members in the foyers after Masses!! Now the behind-the-scenes process is underway of matching these new volunteers with the times and the locations and the need that will enable this Ministry to be expanded. How about that!!

On a broader Church scene: Since the 1940s, the Australian Bishops have published annual Statements that urge the Catholic community to reflect and act on social, economic and ecological issues. The Statements are published as a focal point for Social Justice Sunday, which will be marked on 27 August this year. From a press release:

This year's Statement, Listen, Learn, Love: A New Engagement with Aboriginal and Torres Strait Islander Peoples, will be launched in western Sydney on Thursday morning by Bishop Vincent Long OFM Conv, chair of the Bishops Commission for Social Justice, Mission and Service. 'One of the objectives of this statement is that we want Catholics to understand that Catholic social teaching and Catholic social action are not simply theoretical and academic exercises,' he will say. 'We hear what God is saying to us about justice by being with our sisters and brothers on the peripheries of society.'

The theme for this year's statement was chosen in May 2022, well before the Voice to Parliament referendum was mooted and before the timing of a vote was proposed. While the bishops don't suggest how people should vote, Bishop Long says, 'Whatever the outcome of this year's referendum, we ask the Church in Australia to make efforts to lead the way for our fellow Australians in pursuing reconciliation. 'Our attitudes and actions towards First Nations peoples need to be grounded in justice, love and humility,' he will say. 'We need to listen with deep respect and learn from them about what needs to be done to improve their situations.'

A link to the Statement will be with next week's Parish Letter.

As they have gathered for Masses at Sacred Heart and Emmaus churches recently, several people have asked about the building projects at our Catholic Regional Colleges St Albans and Sydenham. They are taking clearer shape now that they are approaching their due completion dates.

That new building on Arthur Street St Albans will be a Design and Technology Centre: to bring the Visual Arts, Design and Technology into the one space as part of enhancing STEM (Science, Technology, Engineering, the Arts and Mathematics) - expected completion by late September 2023.

At CRC Sydenham it is a new Multipurpose Stadium & Community Hub: where up to 1,000 students can sit VCE exams, GAT, VET, Sport and Recreation, PE classes, as well as other practical classes across the Learning Areas, and be used as a community hub - expected completion by late October 2023.

Coincidentally with the Matildas raising our awareness of women and women-in-sport, the Gospel Reading for this weekend features a woman who pushes beyond what is expected and allowed of her. In response Jesus admires her faith in front of those who wanted to keep her quiet! An attachment with this email draws to our attention that women are featured across our Scriptures and the Tradition of our Church. As the attached page concludes it comments that 'It is no wonder that one of the current discussion points about our Church is around recognising and implementing an equal place for women in all elements of our Church – for we are all part of this community of faith, faith in action for the gospel of Jesus, aren't we?'

Take it easy, everyone: prayers and blessings for the weekend and the week ahead!

The weekly newsheet is attached with this email.

Maurie Cooney

(Parish Priest)

**SACRED HEART/EMMAUS PARISH, ST ALBANS/SYDENHAM**

*4 Winifred St*

*St Albans, VIC 3021*

*Ph: (03) 9366 2146*

*Website: <http://pol.org.au/stalbanssydenham/Home.aspx>*





**Sacred Heart / Emmaus Parish**  
**St Albans / Sydenham Western Plains Deanery**  
**Parish Priest: Fr. Maurie Cooney**



**Twentieth Sunday in Ordinary Time - Year A - 20th August 2023**

**Parish Details:**

**Address:** 4 Winifred Street, St Albans 3021  
**Phone:** 9366 2146

**Finance:** Lorraine Stafford: [StAlbans.Finance@cam.org.au](mailto:StAlbans.Finance@cam.org.au)

**Parish Office:** Lauren Maslaris: [StAlbans@cam.org.au](mailto:StAlbans@cam.org.au)

**Office Hours:**

**Monday & Tuesday:** 9:30am—4:00pm

**Wednesday-Friday:** 9:30am—2:30pm

**Sacrament of Reconciliation:**

Sacred Heart English Saturday 10.30am  
 Maltese every 4th Saturday 4.00pm

**Baptism:** Eight weeks notice is required

**Marriage:** Six months noticed required

**Sacred Heart Mass Times:**

**Weekdays:**

Tuesday - Friday 7.30am

Saturday 9.00am

**Weekend:**

Saturday 5:00pm

Sunday 7:30am, 10:30am

Polish 9.00am

Slovene 2nd Sunday of month at 5:00pm

**Emmaus Mass Times:**

Saturday 6:30pm

Sunday 9:00am

**Website:** <http://pol.org.au/stalbanssydenham/Home.aspx>

**SAFEGUARDING POLICY**

Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult. To report issues and concerns, contact: [stalbans.csc@cam.org.au](mailto:stalbans.csc@cam.org.au) or 0413 841 936

**ACKNOWLEDGEMENT OF COUNTRY**

Sacred Heart-Emmaus Parish acknowledges the Wurundjeri people of the Kulin nation, the traditional owners of the land where we gather. We pay our respect to their elders past, present and emerging.

**READINGS**

**This Week:** First Reading: Isaiah 56:1, 6-7      Second Reading: Romans 11:13-15, 29-32      Gospel: Matthew 15:21-28  
**Next Week:** First Reading: Isaiah 22:19-23      Second Reading: Romans 11:33-36      Gospel: Matthew 16:13-20

**REFLECTION**

*A GOSPEL FOR WHOM?*

This week's gospel provides a fascinating illustration of Jesus' response to those in need. Jesus has travelled to the area of Tyre and Sidon – part of modern day Lebanon. He moving aside from the place of his very active ministry and taking a break. When the Canaanite woman approaches Jesus and his disciples, she is an interruption; a nuisance. Jesus is at first very abrupt with her. The woman is persistent and again asks Jesus to help her. The woman persists and turns Jesus' metaphor back on him, saying that even the dogs get to eat the scraps that fall from the table.

The woman's persistence and faith pay off. Jesus is moved by her faith and heals the woman's daughter. Despite his initial abruptness and reluctance, Jesus responds with compassion to her request.

This is an important story in Matthew's gospel which was written predominantly for Jewish Christians, whereas this story reveals that the ministry of Jesus and the reign of God are open to all.

It sits in the middle of a group of three stories that make up Chapter 15 of Matthew's Gospel. The first story deals with Jesus challenging traditional views of cleanliness and uncleanness – one of the great separators between Jews and Gentiles. The story of this week's gospel follows with its account of the Canaanite woman's great faith being recognised. Finally, Matthew's gospel relates the story of the feeding of the four thousand – a dramatic sign by Jesus of the open invitation to receive his message and ministry. The three stories, taken together, form a powerful chapter that makes clear that the message of Jesus has no 'special group' in mind.

"Great is your faith!  
 Let it be done for  
 you as you wish."  
 Matthew 15:28



## WE REMEMBER IN OUR PRAYERS

**RECENT DEATHS:** Sebastiano Sensiano, Mario Busuttill, Luka Ticic, Cia Tran, Salvino "Sam" Bonnici, Galina Mifsud, Graeme Whittingslow

**ANNIVERSARIES:** Angela Xuereb, Michael & Josephine Piacentini, Joe Xuereb, Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg, Emmanuel & Frank Grech, Amelie Grech, John Borg, Tessie Farrugia, Giuseppe Del Casale, Paul & Grace Mifsud, Rosina Del Borrello, Domenico Schivello, Maria Schiavello, Paul Reubens, Collin Clance, Joeanne Martin, Clarrie James, David Sacco, Gus Westen, Peter Muscat, Fr. Joshua, Muscat Family, Charlie Camilleri, Carmenu Falzon, Lily Zammit, Joseph Zammit, Father Micheal & Mother Mickellma & Brothers & Sisters, Frank & Peter Mifsud, Miguel Deleon, Buttigieg Family, Ciantar Family, Paul & Grace Mifsud, Lucille & Geoffrey Williams, Pero Kilsanin, Paul Aquilina, Paul & Grace Mifsud, Aaron D'Souza, Guy D'Cunha, Ivica & Marija Varvopic, Josephine & Ebenezer Guest, Cecilia & Frank Cordina, Joseph & Maria Orsini, Sonja Vella, Marianne Zammit

## OUR PASTORAL, SOCIAL & SCHOOL EVENTS



Through our Parishioners support throughout the year, the Church will be making a Donation to CatholicCare of \$5000 this August!



### DO YOU REMEMBER THE DAY OF YOUR FIRST COMMUNION?

Young Parishioners at our Cana Catholic Primary School come to

the altar of Eucharist and share in our Holy Meal for the first time this weekend: remember them and their families in your prayer!



*God bless those who suffer from the common cold.*

*Nature has entered into them;  
Has led them aside and gently lain them low  
To contemplate life from the wayside;  
To consider human frailty;  
To receive the deep and dreamy messages of fever.*

*We give thanks for the insights of this humble perspective.*

*We give thanks for blessing in disguise.*

*Amen—Michael Leunig*



### Ministry Update

WOW!!! Following Ann's and Tony's call for new members of our Ministry to Aged Care/Nursing Homes, thirty-two – yes, 32 – Parishioners spoke with current Team members in the foyers after Masses last weekend. The process is underway now to negotiate their allocation into particular Teams and particular days, and to get the induction/training started. Some of these new members are re-joining after having a break from this Ministry, some are stepping into this Ministry for the first time. Thank you to current Teams members, to new members: and to Ann and Tony for 'stirring the Spirit' amongst us!

### Quatrefoils Restaurant - New August Menu

This August join us in Quatrefoils for a new menu prepared by our fantastic cookery students. Brad will be introducing new cocktails, mocktails and teaching our students about our great selection of beers and wine available in the bar. Bookings are available for 6.30pm on:

**Tuesday 22nd, Wednesday 23rd and Thursday 24th of August**

To RSVP for these evenings please email [quatrefoils@crcc.vic.edu.au](mailto:quatrefoils@crcc.vic.edu.au) with: Your name, The date you are booking for, Phone number, Number of guests who are attending & Any dietary requirements

#### Entree

Chicken and corn chowder served with housemade corn-bread  
Or  
Slow cooked pork ribs, bourbon bbq sauce, grilled rosemary polenta, celeriac and apple slaw

#### Main

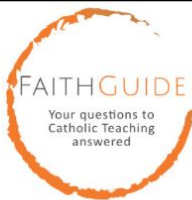
Buttermilk fried chicken sliders, brioche roll, coleslaw, sriracha mayo, battered pickle, Shoestring fries, ketchup  
Or  
Spiced sous-vide salmon fillet, wild rice, avocado and black bean salsa, fresh lime, coriander

#### Sides to share

Waldorf salad with greens from our gardens, apple and walnuts

#### Dessert

Baked lemon cheesecake, berry coulis, vanilla cream, pistachio praline, candied lemon  
Or  
Oreo Bombe Alaska with cherry compote, freeze dried berries and fresh mint  
salad with greens from our gardens, apple and walnuts



### Majellan media-Faith Guide

**The AI-powered app delivering swift, reliable answers to all your questions about Catholic teaching**

<https://majellan.media/faithguide/>

#### How to use FaithGuide

Start by entering the topic you want an answer to. For example: Type in 'Baptism' in the space under "Your Topic" and then click on submit.

A response will be received after a few seconds. You can copy the text generated or download it and save on your computer.

In most cases you can type one or two words e.g. "marriage" or "Attending Mass".

If you don't get the response you expected simply clear the answer and modify your question slightly.

### St Mary of the Cross MacKillop

Love one another, and help one another.      Mary MacKillop 9th. July 1873

## WOMEN FOR OUR LIVES OF FAITH

*The woman in this weekend's Gospel Reading has much to teach us about faith and prayer, and our openness to others who are different from us. Jesus applauds her faith!*

*So many women of faith give shape to our lives. Some of the more publicly known in the story of our Church are:*

***Esther**, who pleaded against 'the powers' for the liberation of her people*

***Judith**, who routed the plans of the men and saved the community*

***Deborah**, laywoman and judge, who led the people of God*

***Elizabeth** of Judaea, who recognised and rejoiced in the life of another woman*

***Mary Magdalen**, minister for Jesus, first evangelist of the Risen Christ*

***Scholastica**, who taught her brother Benedict to honour the spirit above the system*

***Joan of Arc**, who put no law above the law of God*

***Clare of Assisi**, who confronted the Pope with the image of woman as equal*

***Julian of Norwich**, who proclaimed the motherhood of God*

***Catherine of Siena**, to whom the Pope listened*

***Teresa of Avila**, who brought women's gifts to the reform of the Church*

***Edith Stein**, who brought fearlessness to faith*

***Elizabeth Seaton**, who broke down boundaries between lay women and religious by wedding motherhood and religious life*

***Dorothy Day**, who led the Church to a new sense of justice*

***Mary, mother of Jesus**, who heard the call of God and answered; who drew strength from the woman Elizabeth; who persisted in hardship bearing Christ; who ministered at Cana; who was in-spirited at Pentecost; who turned the Spirit of God into the body and blood of Christ.*

*The list above is from Sr Joan Chittester, A litany of women for the Church [U.S.]*

*To that we can readily add these 'Aussies':*

***Mary MacKillop**, who showed out the presence of Christ in Australian cities and towns and the bush to those in need, pioneering new forms of education and religious life to serve the poor, remote and those in need.*

***Mary Glowrey**, Melbourne woman who lived faith in action through prayer, learning, medicine, work for the poor and needy, serving woman and children in India.*

***Eileen O'Connor**, who co-founded Our Lady's Nurses for the Poor in Sydney with the aim of creating a community of nurses to help the sick in the homes of the poor who could not pay.*

***Caroline Chisholm**, who worked to provide safety and security to immigrants, especially women and families, in 1800s Sydney; and developed shelters for families travelling to the Victorian goldfields (one of which was situated at the far end of Keilor Village – see the sign in the park).*

*Given this brief list, it is no wonder that one of the current discussion points about our Church is around recognising and implementing an equal place for women in all elements of our Church – for we are all part of this community of faith, faith in action for the gospel of Jesus, aren't we?*

## **Parents/Families.**

Parents we all need to be in partnership and to always be respectful of each other during all interactions - face to face or on social media. We are role models for our children and need to be reflective of our communications and actions.

If there are any concerns please see your child's classroom teacher as the first point of contact, or you can contact the Principal on [principal@canahillside.catholic.edu.au](mailto:principal@canahillside.catholic.edu.au)



# **Child Safety Code of Conduct**

## **Safeguarding Children and Young People Code of Conduct**

### **Acceptable behaviours**

All MACS Board members, MACS Board committee members, School Advisory Council members, the Principal and all our other staff, volunteers, contractors, parent community and clergy at Cana are responsible for supporting the safety of children by:

- adhering to the school's child-safe policy and upholding the school's statement of commitment to child safety, at all times
- taking all reasonable steps to protect children from abuse
- treating everyone in the school community with respect
- taking into account the needs of all children and students
- listening and responding to the views and concerns of children – particularly if they are telling you that they or another child has been abused or that they are worried about their safety/the safety of another child
- promoting the cultural safety, participation and empowerment of Aboriginal and Torres Strait Islander children (for example, by never questioning an Aboriginal or Torres Strait Islander child's self-identification)
- promoting the cultural safety, participation and empowerment of children with culturally and linguistically diverse backgrounds (for example, by having a zero-tolerance for discrimination)
- promoting the safety, participation and empowerment of children with a disability (for example, during personal care activities)
- ensuring as far as practicable that adults are not alone with a child
- reporting any allegations of child abuse to the school's leadership (or child safety officer if the school has appointed someone to this role)
- understanding and complying with all reporting obligations as they relate to mandatory reporting and reporting under the *Crimes Act 1958* (Vic.)
- understanding and complying with all obligations as they relate to the reportable conduct scheme including reporting allegations of reportable conduct in accordance with the school's reportable conduct policy
- reporting any child safety concerns to the school's leadership (or child safety officer if the school has appointed someone to this role)
- ensuring as quickly as possible that the child is safe if an allegation of child abuse is made
- reporting to the Victorian Institute of Teaching (VIT) any charges, committals for trial or convictions in relation to a sexual **offence** by a registered teacher, or specific allegations or concerns about a registered teacher
- ensuring they comply with any and all applicable professional or occupational codes of conduct.

## Unacceptable behaviours

All MACS Board members, MACS Board committee members, School Advisory Council members, the Principal and all our other staff, volunteers, contractors and clergy at Cana must not:

- ignore or disregard any suspected or disclosed child abuse. This includes but not limited to – physical / mental abuse, neglect and any form of maltreatment by an adult which is threatening to a child.
- develop any special relationships with children that could be seen as favouritism (for example, the offering of gifts or special treatment for specific children)
- exhibit behaviours with children which may be construed as unnecessarily physical (for example, inappropriate sitting on laps)
- put children at risk of abuse (for example, by locking doors)
- initiate unnecessary physical contact with children or do things of a personal nature that a child can do for themselves (for example, toileting or changing clothes)
- engage in open discussions of a mature or adult nature in the presence of children (for example, personal social activities)
- use inappropriate language in the presence of children
- express personal views on cultures, race or sexuality in the presence of children
- discriminate against any child, including because of age, gender, race, culture, vulnerability, sexuality, ethnicity or disability
- work with children while under the influence of alcohol or illegal drugs
- have contact with a child or their family outside school without the school leadership's or child safety officer's (if the school has appointed someone to this role) knowledge and/or consent or the school governing authority's approval (for example, unauthorised after-hours tutoring, private instrumental/other lessons or sport coaching); accidental contact, such as seeing people in the street, is appropriate
- have any online contact with a child (including by social media, email, instant messaging) or their family unless necessary (for example, providing families with eNewsletters or assisting students with their schoolwork)
- use any personal communication channels/devices such as a personal email account
- exchange personal contact details such as phone numbers, social networking sites or email addresses
- photograph or video a child without the consent of the parents, guardians or carers
- consume alcohol or drugs at school or at school events in the presence of children.



# CANA CATHOLIC PRIMARY SCHOOL

A.B.N. 72 007 642 368

46 Banchory Avenue HILLSIDE Victoria 3037

Phone (03) 8390 9200

[www.canahillside.catholic.edu.au](http://www.canahillside.catholic.edu.au)

Cana Catholic Primary School has a commitment to the care, safety and wellbeing of children.

## NOTICE OF 2023 SCHOOL FEES

2<sup>nd</sup> December 2022

Dear Parents & Guardians

The Cana Catholic Primary School Fee and Levies for the 2023 School Year will be as follows:

<u>Description</u>	<u>1 Child Family</u>	<u>2 Child Family</u>	<u>3 Child Family</u>	<u>4 Child Family</u>
Family Fee	\$1,500.00	\$1,500.00	\$1,500.00	\$1,500.00
Grounds Maintenance Levy	\$200.00	\$200.00	\$200.00	\$200.00
Building Levy	150.00	150.00	150.00	150.00
<b><u>Levies per Student</u></b>				
Educational/Curriculum Levy	\$420.00	\$840.00	\$1,260.00	\$1,680.00
Excursion Levy	\$125.00	\$250.00	\$375.00	\$500.00
Technology Levy	\$400.00	\$800.00	\$1,200.00	\$1,600.00
<b><u>TOTAL 2023 School Fees</u></b>	<b><u>\$2,795.00</u></b>	<b><u>\$3,740.00</u></b>	<b><u>\$4,685.00</u></b>	<b><u>\$5,630.00</u></b>

In 2023, the School Fee *per Family* will be \$1,850.00 *plus* Levies *per Student* of \$945.00

Levies per Student: Education/Curriculum Levy of \$420.00

Excursion Levy of \$125.00

Technology Levy of \$400.00

(Yr 5 & 6 students only) Sport Levy of \$100.00

(Yr 3, 4 & 6 students only) Sacramental Levy of \$20.00

**Please Note: Grade 6 Students Only - Camp costs will be invoiced during Term 1, 2023**

New Levy School Building Levy \$150.00 per family

### **EARLY PAYMENT DISCOUNT – for School Fees paid in full before 8th April 2023 (End of Term 1, 2023)**

\$50 Early Payment Discount is available to families who choose to pay their school fee account in full **before the end of Term 1.**

If paying 2023 school fees in full by the end of Term 1, please reduce your full account payment by \$50

Alternatively, Families paying by regular payment instalments throughout the year must comply with the following payment due dates:

#### **PAYMENT DUE DATES**

Due Date: 6th April 2023

Due Date: 23<sup>rd</sup> June 2023

Due Date: 15<sup>th</sup> September 2023

#### **AMOUNT REQUIRED TO BE PAID**

25% of annual Fee & Levies paid by end of Term 1

75% of annual Fee & Levies paid by end of Term 2

Balance paid in full no later than end Term 3 2023

Families can choose to pay school fees by regular instalments either Weekly, Fortnightly, or Monthly

**School Fees must be paid in full no later than end of Term 3, 2023**

If required, School Fee Payment Plans need to be arranged with the School Bursar at the commencement of Term 1, 2023.

An appointment is required to arrange a Payment Plan Meeting. Please telephone the School Office on 8390 9200 if you require a Payment Plan appointment.

**Mrs Carmen Blatti**  
Principal

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### **Camps Sports and Excursion Fund Applications**

The Camps, Sports and Excursions Fund (CSEF) provides financial support to eligible families so students can attend school camps, outdoor education and sporting programs, as well as incursions and excursions. If you have not applied for CSEF and hold a currently valid Healthcare Card, or if you have an existing card and a new child is joining Cana, please let the office know.

# Cana is committed to the Safety and Wellbeing of our students



## School Hours

**Music starts at 8:42am**

Monday 8:45am – 3:15pm  
Tuesday 8:45am – 3:15pm  
Wednesday 8:45am – 3:15pm  
Thursday 8:45am – 3:15pm  
Friday 8:45am – 3:15pm

**Recess 10.45am – 11.15am**

**Lunch 1.00pm – 1.50pm**

## Mass Times

### Saturday

Sacred Heart 5:00pm  
Emmaus 6:30pm

### Sunday

Sacred Heart  
8:00am,  
10:30am,  
11:30am

Emmaus  
9:00am

## Parish Office / Presbytery

Secretary Margaret

T: 9366 2146

F: 9366 9876

## NO Second Hand Uniform

### Sales

Due to the need for social distancing and other COVID safety measures, we cannot currently offer second-hand uniforms. We will advise when this returns and in the meantime recommend contacting your PSW outlet for uniform enquiries.



## School Website

To watch videos from the website, the password you will need is:

PASSWORD:



CanaVids

## Mobile Phone App

We advise all families to download this App as this is our form of communication.



OshClub is our Before & After School Care Program. Children need to be registered before they attend.

We advise all families to register their child/ren (registration is free).

OSH Program Numbers:

Mobile: 0478 022 320

Head Office: 1300 395 735

## Cana Bank Account

For EFT payments, please ensure you reference your SURNAME and your

6 – digit family ID

BSB: 083 347

Account: 563 101 059